

WALKING SPORTS

broxtowe.gov.uk/olderadults



Broxtowe
Borough
COUNCIL

FOOTBALL

Bramcote Leisure Centre

Wednesdays 2-3pm

£2.00 Outdoors

Free Tea & Coffee 3-3.30pm



Walking sports are minimal contact games with one main difference to the standard - no running. Play the game you love but reduce the chances of injury, ideal for the over 50's but open to all ages. Walking sports are a great way to keep fit, learn new skills, have fun and socialise all at the same time.



CRICKET



**Eastwood Community
Sports Centre**

Thursdays 10-11am

£2.00 Indoors

Free Tea & Coffee 11-11.30pm



Contact Broxtowe Sport on 01159173572 for more information
sport@broxtowe.gov.uk



Broxtowe Sport
Broxtowe Borough Council



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Greasley Sports Centre

Mondays 11-12noon

£2.00 Indoors

Free Tea & Coffee 12-12.30pm



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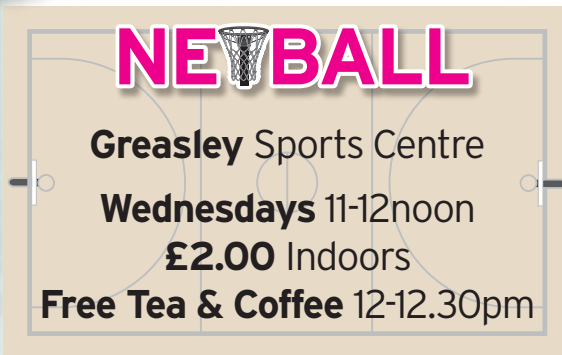
NETBALL

Greasley Sports Centre

Wednesdays 11-12noon

£2.00 Indoors

Free Tea & Coffee 12-12.30pm



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