

## Regional Mentoring Programme

### How to progress your umpiring

The East Midlands Region offers a comprehensive and structured programme of mentoring opportunities to help you progress your umpiring to B award and beyond.

#### Attend B Award course

The Region hold one or two course per year depending on demand and are usually in September. All county Umpiring Secretaries (CUS) will advertise the courses, as will the Region.

Courses are also advertised on the England Netball website.



#### Where to get match practice

County Leagues—**contact** your County Umpiring Secretary for help and guidance. They may be able to help find you a Mentor.

Loughborough Lightning Trials—

U13 / U15 / U17

Regional League Div. 3—Recommended Umpire List

Regional Tournaments—Regional Schools / Regional U14s and U16s



Once you have some good match practice, start practising for your written paper. Speak to your County Umpiring Secretary or the Regional Umpiring Secretary. Try the practice papers on the England netball website: [www.englandnetball.co.uk/make-the-game/officiating/resources-downloads/](http://www.englandnetball.co.uk/make-the-game/officiating/resources-downloads/)



### **Written assessment**

Once you are confident with your practice papers, apply for your written paper and speak to either the Regional or County umpiring Secretary.

Written assessments are taken three times a year; February, May and November. The dates are set by Netball Europe and are usually the second weekend of the month. These dates are non-negotiable. Plan ahead to make sure you will be available on the Saturday or Sunday. There will be many other events going on in the Region and a specific day or time cannot be guaranteed. Allow plenty of time as the paper takes 2 hours.



### **Further match practice**

As your umpiring progresses and you attain your written paper, further umpire opportunities will present themselves:

Loughborough Lightning Trials—U17 / U19

Regional Div 2—allocated matches


Regional Schools / Regional U16 tournament

NPL U17 matches



### **Applying for B Award Practical assessment**

Once your Mentor or an Assessor has said you are ready for a pre-assessment, contact the Regional Umpiring Secretary to arrange this. Once you have passed this the RUS will set up the practical assessment for you. There will be an application form to complete, a test fee and just prior to the assessment, you will need to complete the bleep test to a level of 6.1



**Congratulations you are a B award umpire!**

Once you have passed your B Award, take the time to enjoy your achievement. Do not rush in to making decisions on what you will or will not do next.



**Where to next?**

**(Maintenance and progression)**

Once you have passed your B award, you will not be abandoned. You will still have opportunities to access Regional mentoring. You will be invited to:

Regional League Div. 1 / 2—allocated matches (fitness test of level 6.1 required)

NPL U17 matches

Regional Schools / Regional U16 tournaments

Loughborough lightning trials—U17 / U19 / U21



**Important contact details**

Regional umpiring Secretary—Jo Stephenson [officiatingeastmids@gmail.com](mailto:officiatingeastmids@gmail.com)

**County Umpiring Secretaries:**

Derbyshire - Donna Beckett - [donnabeckett@btinternet.com](mailto:donnabeckett@btinternet.com)

Leicestershire - TBA

Lincolnshire - Robyn Rogers - [rrogers@chesapeake.co.uk](mailto:rrogers@chesapeake.co.uk)

Northamptonshire - Debbie Edwards - [debles24@hotmail.com](mailto:debles24@hotmail.com)

Nottinghamshire - Pam Weatherby - [pamweatherby@virginmedia.com](mailto:pamweatherby@virginmedia.com)

**We will provide the opportunities but only you can take them!**

**GOOD LUCK!**