

Regional Back to Netball Tournament

27th November 2010

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For all the latest news including courses within the region see www.eastmidlandsnetball.co.uk

Dates for the diary

November 7th- Ball Skills Workshop, Lincolnshire 13th- Ball Skills Workshop, Derbyshire 17th- Movement Workshop, Nottinghamshire 24th- Time to Listen training for club safeguarding officers

> January 29th- Regional Planning Day

June 19th- AGM and Regional Celebration Event

Further details of all dates of events and courses can be found on our website: www.eastmidlandsnetball.co.uk

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News from the Regional Team

New Regional Manager in post

Anne Henderson took up post as Regional Manager for the East Midlands on September 2nd. Many of you will know Anne already as she has been involved in netball in the region for over twenty years, most recently as a member of the Regional Management Board. Anne's employment background includes management and financial roles and also the development of government policies for both education and sport, having worked in both the Department for Culture, Media and Sport and the Department for Education. Anne's mobile number is 07970 059904





Confirmation of Regional Coordinator

Katie Broderick joined the team in June, taking over the role of East Midlands Coordinator. Katie's background is predominently childcare related, but more recently she has worked in administration for a children's charity, supporting the Legal Team. Katie plays Goal Shooter/Goal Attack for her local netball team and is also secretary of an adult male Sunday League football team.

Katie works full time in the Regional Office and can be contacted between 8:30am and 4:30pm (details below).

Hayley Bladon ties the knot

On Saturday 28th August 2010, Hayley Bladon, Netball Development Officer for Derbyshire, married her partner Wes Bramley. The Regional team presented Hayley with a bottle of champagne and we all wished Hayley and Wes the best of luck for the big day. Hayley will now be known as Hayley Bramley.

Nicola Thorpe off to pastures new

Nicola Thorpe, Netball Development Officer for Nottinghamshire, has decided to leave England Netball. Her last working day was October 13th.

We all wish Nicola well in her new career and thank her for her hard work and dedication. Nicola will be deeply missed!!

Regional Office details

Netball Office Netball and Badminton Centre Loughborough University Loughborough LE11 3TU 01509 226753 eastmidlands@englandnetball.co.uk www.eastmidlandsnetball.co.uk

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Contact details for all East Midlands Netball staff can be found on our website







News from the Region

Regional Back to Netball



Do you have a Back to Netball Team? Would you like to take part in a regional tournament? Would you like to receive some free coaching tips and umpiring information? Would you like to meet the regional team?

The East Midlands Region would like to invite you to a regional B2N tournament on the 27th of November 2010 (Soar Valley Community College, Leicester).

This will be a fun filled festival with a combination of short competitive matches and some skills workshops.

The winning squad and coach will receive free tickets for the England Test Series in Nottingham on 17th January 2011 at Trent FM Arena. There will also be a special prize for the 'player of the tournament'.

The festival is due to start at 10am with registration from 9.30 am. There will be no charge for team entry.

If you would like to register your Back to Netball team to play in the regional tournament, please contact either Katie Broderick, Regional Coordinator (eastmidlands@englandnetball.co.uk, 01509 226753) or Hayley Bramley, Derbyshire NDO (hayley.bramley@englandnetball.co.uk, 07545 924993).

We will let you know in the next newsletter how the event went and who took part. Good luck teams!!

Umpires and Coaches Conference

The Region's first Umpires and Coaches Conference tool place on 24th October 2010. See the regional website, or the December newsletter for information and pictures from the day!

Regional Celebration Event Raffle

The raffle which took place at the Regional Celebration Event in June raised £171.10. This will be donated to England Netball's charity- Cancer Research UK. Sue Collin, Chair of the Regional Management Board will present this money to the charity at the regional Back to Netball tournament on 27th November 2010.

Do you have a story to share?

Please send any stories about your club and members to Katie Broderick, Regional Coordinator at eastmidlands@englandnetball.co.uk

The next deadline is Friday 17th December 2010

We are currently reviewing the content of the newsletter- tell us what you want us to include and how you want it to look by contacting us at eastmidlands@englandnetball.co.uk

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News from the Region

Goalden Globes Success

Mary Yardley, Chair of Derbyshire NA writes: Counting the Hall of Fame and Long Service there were twelve awards to be won at the Athena, Leicester on 18th September. Didn't we do well! The East Midlands Region bagged five of them. The people from our Region that attended had a very enjoyable evening in a magnificent venue and did, in true East Midland's style, make their presence felt by the vocal support they gave to our nominees.

The successful recipients were:

The Rose Award – Sue Danson (Derbyshire) for her work as a physiotherapist at county, regional and national levels. This, alongside the work she undertakes in the Excel programme and time she gives to the County Management Board. As Sue was in South Africa, the Award was accepted on her behalf by Tracey Mellor.

Young Netball Volunteer – Oliver Hooper (Derbyshire). A truly inspirational young man who is a Level 2 Coach, an England Netball Young Leader and a member of the England Netball's Youth Advisory Group. About to take up his studies in medicine at Manchester University, Oliver has expressed his wish to continue with netball volunteering.

Official's Award – Heather Gleadall (Derbyshire). Heather's dedication to umpiring is renowned in our region. An international umpire, mentor at all levels and recently an accredited tutor, Heather has set many people on the umpiring pathway and has, in the last two years, used her expertise to work with umpires in developing netball nations. As Heather had a planned holiday with her family, Donna Beckett received the Award on her behalf.

Long Service Award – Liz Alsop (Derbyshire). Liz has been volunteering in netball since 1978 at club, county and region. She has had numerous roles at county and region and as a coach tutor shares her vast knowledge and expertise with so many people. Well deserved recognition at last.

Hall of Fame – Liz Broomhead (Derbyshire, seen right with her award). Liz's reaction, about two thirds of the way through the commendation was a joy to behold. We need a copy of the citation to fully appreciate why Liz should be added to England Netball's Hall of Fame, but for those in the Region who have ever had contact with Liz will appreciate that this recognition is long overdue. The list of superlatives to describe Liz and her involvement in netball could be endless. Here are a few: inspirational, forward thinking, passionate, grounded, caring, sense of fun, dogged, approachable and above all – although a phrase not a superlative; the ability to communicate her vision of what netball is to all.

Claire Appleby (Nottinghamshire), Cheryl Naylor (Derbyshire), Lynn Moore (Leicestershire) and Caroline Richards (Derbyshire) who were nominated respectively for Coach, Grassroots Coach, Muriel McNally and the Mary



respectively for Coach, Grassroots Coach, Muriel McNally and the Mary Bulloch Awards were not awarded England Netball's Goalden Globes but as East Midlands Goalden Globe winners, they, for us, are winners.



Thanks must go to the people who took the time and considerable effort to nominate candidates. The message is: there are people in our Region who deserve recognition, so for 2011 – recognise them and fill in the forms. If 2010 is anything to go by, it is a job well worth doing. Yes, it takes time, but those people give of that and deserve the appreciation.

Look out for details on the East Midlands website in January for information about nominating for 2011



Heather Gleadall

Oliver Hooper



News from the Region- Competition

Make the best of the opportunities available to offer your players the chance to play against other clubs in the region. The region organises competitions for all ages from High 5's to the Over 35s. Not all competitions require further commitment to national finals or regional leagues. Whilst players need to be affiliated to England Netball, most regional and national competitions do not require 'first affiliation' which allows clubs to merge or 'borrow' players for specific events. Competitions this year include:

Open Regional League

Competition has already started for this season. Matches are played indoors at The Netball Centre, Loughborough University. Four rounds of games played on the following Sundays starting at 10.15am, 12.00 pm, 1.45 pm and 3.30pm. Spectators are welcome.

Sept 11th	Sept 19 th	Sept 26 th	Oct 3 rd	
Oct 10 th	Oct 31st	Nov 7 th	Dec 5 th	
Jan 23 rd	Feb 20 th	Mar 6 th	Mar 13 th	
Mar 20 th	April 3 rd	May 22 nd	(Regional Playoffs)	

U16s Regional League

Date:	Jan 19 th , Jan 16 th , Jan 30 th , Feb 6 th ,
7	Feb 13 th ,
Venue:	home and away games
Qualification:	Through county competition - top two
\$	teams from each county
Contact:	County Secretary
Commitment:	Section Winners & Runners up go to
	Regional Playoffs Feb 27 th Playoff Winner and Runner up go to National
	Finals May 7 th /8 th

Regional schools tournament (U14s, U16s, U19s)

Date:	January 22 nd 2011
Venue:	Northants
Qualification:	Through county competition - top two
	teams from each county
Contact:	County Secretary or County Schools
	Secretary
Commitment:	Winners & Runners up go to National
	Finals
	March 19th

For further information on leagues, see the competition section of the East Midlands website, the regional calendar, or email Carol Spencer at carolspencer2@btinternet.com

U19s Regional Tournament

Date:	April 10 th 2011
Venue:	Leics
Qualification:	Open Entry
Contact:	Carol Spencer
Commitment:	None

U14s regional round of the national U14 competition

Date:	April 10 th 2011
Venue:	Leics
Qualification:	Through county competition -
	top two teams from each county
Contact:	County Secretary
Commitment:	Winner & Runner up go to
	National Finals May 14 th /15 th

High 5's - clubs regional tournament

Date:	May 8th 2011
Venue:	Lincs
Qualification:	Open Entry
Contact:	Carol Spencer
Commitment:	None

U12s regional tournament

Date:	May 8 th 2011
Venue:	Lincs
Qualification:	Open Entry - clubs
Contact:	Carol Spencer
Commitment:	None

Over 35s Tournament

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Date:	May 15 th 2011
Venue:	Derbys
Qualification:	Open Entry
Contact:	Carol Spencer
Commitment:	None

High 5's - schools regional finals

Date:	June 4 th 2011
Venue:	Northants
Qualification:	Through county competition - top
	two schools from each county
Contact:	Regional Office
Commitment:	None





News from the Region- CAPS Information

The Club Action Planning Scheme (CAPS) is available to all England Netball affiliated clubs. Clubmark and CAPS run alongside one another; CAPS is run by England Netball and is aligned to Sport England's Clubmark scheme.

Clubmark is the national cross sport quality accreditation scheme for clubs with junior members. It is built around a core criteria which ensure that accredited clubs operate to a set of consistent, accepted and adopted minimum operating standards.

CAPS uses all the Clubmark criteria as well as a few netball specific criteria. CAPS is split into 3 levels; Bronze, Silver and Gold; the guidelines included in each level look to support clubs to develop their provision along the way. Netball clubs that are accredited with CAPS automatically receive Clubmark.

If you would like to register for CAPS, please do so at www.englandnetball.co.uk/clubs/CAPS. If you would like more information, please contact Katie Broderick on 01509 226753; eastmidlands@englandnetball.co.uk;

CAPS assessment results

THEY!

Congratulations to the following clubs in the Region who have passed the last 2 assessments:

June assessment Bronze award: Silver award:	Pennine Southfields Northants JMs Foilit	CAPS AWARD	CLUB England netball BRONZE CAPS AWARD	
September asses Silver award:	Ripley			
and construction to a second	Allestree Pennine	England netball	CLUB MARK England netball	
All CAPS club	s in the region	SILVER CAPS AWARD	GOLD CAPS AWARD	
Bronze		Silver		
Derbyshire Northamptonshire Nottinghamshire	Stilletto Kettering Cougars Cliftonettes Stapleford	Northamptonshire	Foilit JM Futureprint Brackley Falcons	
Leicestershire	Melton Mowbray Southfields	Leicestershire	Grasshoppers Knighton	
Lincolnshire	Fenland Louth Horncastle Belles	Lincolnshire	Charnwood Sapphires Lincoln City Sleaford Barge	
		Derbyshire	Pennine	
G	old		Allestree Ripley	

Mal Jan Marker



Regional Talent and Academy information

Trials for academies and the Regional Talent Development Programme have been taking place throughout September and October. A list of trial dates is given below for information:

Satellite Academies

Leicestershire and Northants took place earlier in the year Derbyshire- 18th September; Nottinghamshire- 6th and 12th October; Lincolnshire- 16th October

County Academies

Leicestershire- 11th September; Northants- 12th September; Derbyshire- 25th September; Lincolnshire- 26th September; Nottinghamshire- 3rd October

Regional Talent Development Programme

Selected girls from each county trialled alongside players from last year's programme on 9th October (first screening) with the final screening taking place on 17th October.

Some previous regional talent development programme girls trialled for a place with the NTL squad on 28th September with the final screening taking place on 5th October.

Girls currently in the NTL squad trialled for Loughborough Lightning on 30th September with the final screening taking place on 7th October.

See the December issue of the newsletter for details on who was succesful in reaching the Regional Talent Development Programme; NTL and Lightning squads!!

Wel Transport

Inter-Regional match

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Girls who are selected to take part in this years Regional Talent Development Programme will take part in an interregional match alongside the East and South regions. This will be held at Cambridge Regional College on 27th October 2010 between 10am and 4pm.

Should you be interested in going to watch this match, or you would like more details, you can discuss enquiries with Dannii Titmuss, Regional Excel Coach for the East Region on 07921 699148 or

danielle.titmuss@englandnetball.co.uk

Further details can be found on the East Regional website: www.teambedsandluton.co.uk



Picture of Lauren Steadman playing in the 2009/2010 NTL squad



NDO's- working in the counties

In each newsletter, the Netball Development Officers will keep you up to date with work they are doing in the counties by setting out of 3 of their key achievements from the past quarter, and their 3 key focus areas of work during the next quarter. Check out the first installment of this new item below.

Derbyshire- Hayley Bramley

3 priorities:

- Working with Chesterfield District Council to set up and run a new Back 2 Netball in October 2010
- Run two YUA courses in Derbyshire before Xmas as one hasnt been run since Jan 2009
- Support Ashbourne NC, Long Eaton Juniors NC and High Peak NC with becoming CAPS accredited before Xmas 2010

Nottinghamshire

3 priorities:

- arrangements for the regional B2N tournament
- successful satellite screening days and a smooth start to the training
- Mansfield B2N starting

Leicestershire- Val Kindred

3 priorities:

- Working with Notts Health Trust with coaching aspects
- Meet with CAPS clubs and prgress where possible
- Develop Regional Talent Group

Northants- Sam Meade

3 priorities:

- Brackley Back to Netball to get ladies to participate in the programme
- Junior competition and opportunities
- Meet with Duston and Corby NC to start the CAPS process

Lincolnshire- Louise Key

3 priorities:

- 12 new coaches on course from our junior clubs. All invited to our academy sessions for mentoring
- Academy Trials held for u16; u14 on 16th Oct. Lincs added extra County Academy this year
- 20 Young people attend YNO course at Alford Grammar School. Looking to set up a High Five after school club.

Achievements:

- ✓ Affiliated 17 Back 2 Netballers into local leagues from Etwall Ladies Back 2 Netball group
- Sealed funding and support from Derbyshire County Council to run to YUA courses across the County
- ✓ Started up the High 5 Grand Prix idea across Derbyshire with interested netball clubs from Derbyshire

Achievements:

- ✓ Bingham Junior Club started (14 at first session)
- ✓ Gedling Junior Club started (17 at first session)
- ✓ New junior league (U14 and U16 home and away fixtures started) with plenty of teams entering

Achievements:

- ✓ Good response to satellite and coundy academy screenings
- ✓ 12 girls selected to trial for Region
- ✓ Getting back on my feet after injury!!

Achievements:

- ✓ Northampton Back to Netball a success
- ✓ County academy and satellite screening days held
- ✓ Additional hours sercured to develop junior competition and opportunies

Achievements:

- ✓ 2 New clubs registered for CAPs and files delivered: Washingborough Imps and Pink Ladies
- ✓ Successful UKCC Level 1 at Cherry Willingham Lincs
- ✓ One co tutor nearer qualification and one signed off





News from around the Counties

Nottinghamshire

Netball bounces back in Mansfield

There has been no community based netball club for adults or juniors in Mansfield for a few years, however, with the start of Mansfield Netball Club that has now changed!

Training sessions (all delivered by a Level 2 qualified coach and costing just £2) take place at Queen Elizabeth School on a Monday evening and include the following:

Junior session: 6.00-7.00pm (9 years to 13 years) Back 2 Netball session: 7.00-8.00pm. This is for ladies who haven't played netball for many years (maybe since school) or not at all. It is a fun, sociable and easy way back into the sport! Adult session: 7.30-9.00pm

We hope to see you there soon!

Stapleford Netball Club

Stapleford NC have a new website. To view, please visit www.staplefordnetball.co.uk

New Junior League in Nottinghamshire

There is great news for junior teams in Nottinghamshire as a new Junior league begins.

Previous years have seen the number of teams entering the County League dwindle, mainly due to the central venue league structure.

After forming a new junior league committee, Nottinghamshire Netball Association is proud to begin the new U14 and U16 Junior League. The fixtures are run on a home and away basis and started in September 2010. Currently there are seven U16 teams and ten U14 teams which we hope will grow in seasons to come!

Leicestershire

Netball Success

Over 30 ladies attended the Back to Netball sessions held on the outside courts at Guthlaxton College in Wigston. The sessions proved a major success and extremely popular with a wide range of ages and abilities attending.

An indoor venue is now to be found to continue the sessions through the winter. Should you be interested in attending, contact Leanne Plummer at Oadby and Wigston Council on 0116 257 2672.



Sessions held in North West Leicestershire have also proved popular with 10-16 players attedning weekly and are now scheduled to run indefinitely following the initial 13 week pilot.

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News from around the Counties

Derbyshire

Chinley NC gets new flood lights

Chinley Netball Club started as a group of mums from the local pre school in 2007. Initially, around 10 people came together, to try and remember the rules, and just have a run around, a laugh and get fit.

The coach eventually persuaded us to enter a team in our local league- and it took a lot of persuading too as we really didn't think we'd be good enough. We went on to win the C Division and the Plate competition that year. In 2009-10 we had a really successful year, with two teams coming second in their divisions and being promoted. Over the summer even more new players have come- we have about 18 people at training most weeks, and we're now up to three teams in the league. We are fundraising hard to resurface the tarmac court.

The floodlights still aren't brilliant, and sometimes the High Peak weather puts paid to our efforts to train, but we LOVE IT! Our coach Jackie is amazing- so dedicated.

We are starting a junior session this term, with a local coach and some parent helpers. We are hoping that there will be a chance for the local kids to play some fun games and tournaments, and develop a love of the game, so that when they get to their teenage years, they will be the next wave of players for our teams.

What has netball done for us? We're fitter, many people have lost weight and feel better about their bodies- we have a great social time, it brings together a wide range of different groups of people in the village, and offers us the chance to feel successful too. Our local league is well organised and has given us the chance to compete – something that we were scared to do a few years ago.



Lincolnshire

Netball team in Sleaford

Sleaford's two netball teams 'Sleaford' and 'Barge and Bottle' have joined forces and to celebrate, they took part in a county wide netball tournament. After much discussion over the last year, the two clubs decided to join forces for the future of the town's netball sides and junior sections, and the club will now be known as Sleaford Barge Netball Club.

The newly conjoined team held their first netball tournament on Sunday 5th September fielding five teams, with 25 other teams from around the East Midlands taking part.

A closely fought match between the teams saw Hurricanes pip Tornadoes at the post, winning by one goal. Hurricanes were the tournament runners up, finishing behind Hull Chevrons. The under 19's team, Harriers, were placed in group two, followed by Lightning placed in group three, and the under 16's, Jets who were placed in group five and were the group winners.

Chairperson Debbie Ward said: "We have a very busy time ahead and are looking forward to selecting the new teams for the 2010-2011 season. "Team captains will be appointed shortly as well as new team names, and we are looking to purchase a new kit for our players." Training will take place on Tuesday and Thursday evenings at Sleaford Rugby Club and RAF Cranwell. Anyone wanting further information or to join the club, please contact Debbie Ward on 01406 426311 or vice chair Gemma Cope on 01529 304873.





News from around the Counties

Lincolnshire

Back to Netball Skegness

A grand total of 14 ladies have attended the Back to Netball sessions in Skegness. They range from 20 to 50 years and have totally mixed abilities. Some ladies have never played netball before and some have just not played for a while. We have covered basic ball skills along with footwork, basic attack and defence skills and shooting. Everyone has thoroughly enjoyed the sessions and some of the ladies want to continue and join a team in the Wednesday night league. A couple are of a high enough standard to be joining the Seasiders Netball Club and training with the others in order to play in the County League.

We are due to work on "positions" next and are hoping that we will play on a full court for the first time. I think some will find this hard but everyone gives 110% - they are a great bunch of ladies and I feel priviledged to have met them. Still to come in the Back to Netball sessions is fitness work, a recap week with bits of all of the weeks pulled together and in week 10 we are hoping to get some of the Seasiders to come along for a match or two. The sessions are just TOO short and, if this runs again next year, we will have one and a half hour sessions. This will allow for one hour training plus greeting and gossiping!!! (Helen Coleman)

Young Leaders Camp 2010

Natalie Simpson and Lizzie Saywell from Lincoln City Netball Club were two of 50 volunteers to participate in the national "Young Leaders Camp".

Young Leaders Camp began in 2008, and this year the camp brought together 50 athletes and volunteers 16-19 from each of Netball, Athletics and Gymnastics. The entire week had no cost, with all leaders receiving t-shirts and hoodies as well as three massive meals a day and lots of freebies! Over the course of the camp events such as treasure hunts and quizzes as well as a fancy dress talent show and disco took place.

The netball highlight was receiving coaching tips and performing a session under the direction of England National Coach, Sue Hawkins. The session was a once-in-a-lifetime experience which everybody present seemed to take so much inspiration from. Other netball sessions included a High Five coaching and playing session, umpiring Q & As with two 'A' Award Umpires and 'planning a coaching session' workshop. After a "warm ups" session delivered by an FA Board Member we finished the netball specific skills with a fun round-robin tournament.

Natalie and Lizzie said of the event: "Overall, our time on the camp was an experience never to forget- and we are even hoping to return next year to be team leaders! The future looks bright for netball with events such as this taking place on a national scale, giving young volunteers a good foundation for giving back to the sport both now and as they progress through courses and awards. We'd recommend the camp to anyone as committed and dedicated to netball as us, but make sure you follow the camp's motto and "Don't Hold Back!"

Back to Netball Louth

Louth's Back 2 Netball Scheme run in conjunction with East Lindsey District Council has proved a huge success, having signed up 39 ladies over a 10 week period aging from 18 - 54 years. Each week approximately 14 ladies are in attendance.

The 10 week taster sessions have continued to a full time training session for ladies to attend. The ladies in attendance have enjoyed the sessions and are happy that the Back 2 Netball scheme is taking place in their area; most ladies haven't played since school. The Meridian Leisure Centre in Louth is happy to support this project so long as ladies still keep attending!

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Loughborough Lightning

Summer Camps 2010

70 girls attended the Loughborough Lightning summer camps at Loughborough University over 3 days in August. Expert coaching was provided by two of last years Lightning players; Layla Guscoth and Masego Motaung.

A great time was had by all; the Lightning girls gave lots of coaching tips to the young players to take away.



Layla Guscoth



netball

Masego Motaung

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Fixtures 2010/2011

Fixtures

December 4th- possible friendly

<u>January</u>

22nd 3pm A v Glasgow Wildcats 29th 6pm LL v Celtic Dragons

<u>February</u> 5th 4pm LL v Mavericks 7th 7:30pm A v Team Bath

12th 6pm v Surrey Storm 19th 6pm A v Mavericks

<u>March</u>

5th 7pm A v Surrey Storm 21st 7:30pm v Glasgow Wildcats 26th 6pm A v Northern Thunder 27th 4pm v Team Bath

April

4th 7:30pm A v Leeds Carnegie 7th 7:30pm A v Celtic Dragons 14th 7:30pm Team Northumbria 30th 3pm v Northern Thunder

<u>May</u> 14th 6pm v Leeds Carnegie 16th 7:30pm A v Team Northumbria

Lightning Talent

Dec 4th 3pm v West Mids Warriors Dec 11th 2pm V Team Northumbria Feb 6th (time TBC) A v Team Bath Talent Feb 12th 4pm v Storm Talent Feb 19th 4pm A v Mavericks Talent Mar 27th 2pm v Thunder Talent Apr 2nd (time TBC) A v Team South Talent Apr 16th (time TBC) A v Celtic Talent Apr 17th A v Leeds Talent

For information regarding venues, team selections, and all news and events, see the Loughborough Lightning website (details below).

Lightning Season Launch

Loughborough Lightning will launch their season in mid December. Look out in the following places for all the details and information for the 2010/2011 season:

www.loughboroughlightning.co.uk www.eastmidlandsnetball.co.uk East Midlands December newsletter

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News from England Netball

Bronze for England Team at 2010 Commonwealth Games

On August 10th 2010, Commonwealth Games England together with England Netball announced the 12 strong squad that travelled to Delhi in October to challenge Australia for the Gold Medal.

The England Netball team left for Delhi on September 28th and arrived in time to acclimatise and enjoy the opening ceremoney on October 3rd before competing against New Zealand, Papua New Guinea, The Cook Islands, South Africa and Barbados in the Pool Play which began on October 4th.



Loughborough Lightning's Jo Harten in action at the Commonwealth Games for England



The team, which included Loughborough Lightning's Jo Harten playing Goal Shooter, came back with the bronze medal. See the England Netball website for details on how the team progressed, and who they beat to win the Bronze medal! Congratulations to the squad on their success!

World Netball Series

Liverpool, 19th - 21st November 2010

This year the Echo Arena Liverpool will host the World Netball Series. The three day competition will commence on Friday 19th November and will conclude on Sunday 21st November with a celebratory Gala Dinner on the Sunday evening. Spectators will once again be given the opportunity to witness this thrilling Fast Net competition between the top six netball teams in the world.

The six countries competing in the competition, in IFNA World Ranking order are - Australia, last years champions New Zealand, England, Jamaica, Malawi and South Africa.

To purchase your tickets and for further details visit either www.worldnetballseries.com or www.echoarena.com

BBC Sports Personality of the Year Unsung Hero

Do you know someone who helps others take part in sport within your community? Someone who goes that extra mile to make a difference to sport? If so, why not nominate them for the BBC's "Sports Unsung Hero 2010" award? Now in its eighth year, the award recognises someone who is dedicating their life to promoting sport in their community, taking no reward from it other than the pleasure of helping others to take part and enjoy their sport.

For more details on how to nominate, see <u>http://news.bbc.co.uk/sport1/hi/tv_and_radio/sports_personality_of_the_year/8913207.stm</u>

News from England Netball- Safeguarding

netball

Time to Listen training

October 2010

England Netball is launching 'Time to Listen training' for all club Safeguarding Officers. The East Midlands Region will be hosting their first course on 24th November 2010 at Loughborough University, with a view to hosting more in the New Year.

Anyone attending this course must have already attended a Sportscoach UK 'Safeguarding and Protecting Children' workshop, available through your County Sport Partnership. Should you wish to book onto the Time to Listen training, or register your interests for future courses, and for more details on the course, see www.eastmidlandsnetball.co.uk (safeguarding, time to listen) or email eastmidlands@englandnetball.co.uk

The course will be free of charge for affiliated clubs (a refundable deposit of £30 will be required) and will be delivered in a 3 hour session.

England Netball website

Information available from England Netball

England Netball's website has a whole section devoted to Safeguarding. Within it you can find:

- ✓ Online Child Protection Training
- ✓ CRB checking information
- ✓ Be safe cards and posters
- ✓ Best Practice information and advice
- \checkmark Information relating to the vetting and barring scheme

To view this, see: www.englandnetball.co.uk/safeguarding

Regional website

Information available from East Midlands Netball

The Regional website also has a section devoted to Safeguarding. Within it you can find:

- ✓ Safeguarding policies and guidelines
- ✓ Details of document verifiers for CRB checking
- Information relating to the vetting and barring scheme
- ✓ Useful contacts

To view this, see: www.eastmidlandsnetball.co.uk/safeguarding

Safeguarding and protecting children courses

Also available on the Regional Website is course information from within the counties. To view 'these, go to: http://www.eastmidlandsnetball.co.uk/#/caps-courses/4538954423

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News from England Netball- Your Game, Your Way

Announcement from England Netball on the participant Centered Approach

It is a huge honour and responsibility to play our part in the promotion, development and management of Netball in England. We do it because, like each of you, this is the game we love - and we want to do all we can to make it better for you. Every element of our organisation is committed to the games development and improvement: from the coaching and officials, to the facilities, clubs, competitions and the support staff.

We have set ourselves some pretty ambitious targets: by 2019 we want Netball to be a top 10 participation sport in England. We want it to be the first choice team sport for women and girls of all ages, and we want to have the worlds best team.

To ensure that we hit these targets we will be looking to build our Engagement Framework around you; our players, coaches, officials and volunteers. So here is what we have committed to:

Phase 1

Getting a much deeper understanding of the variety and scale of the players playing netball in England. We know as players you all have different needs, expectations and aspirations. We know you will all be involved for different reasons, from the social to the serious and by understanding these differences we will be better equipped to know where we need to step up, where we need to get better at communicating what we already do and where our current strengths lie. We have set off on phase one of our challenge - see: www.englandnetball.co.uk/The_Game/Your-Game-your-Way for more details.

Phase 2

Providing much more focused support to the workforce (coach, official and volunteer):

Once we have understood the varying needs, expectations and aspirations of the players we will then be better equipped to know how we can best support you as the coach, the official, the volunteer. We will align our resources to best support you and your development needs.

Phase 3

Creating a new Engagement Framework that ensures we offer you (the player, coach, official and volunteer) the best:

- Education and training (right courses, workshops and resources)
- Competition structure (right format, skill level, management and officiating)
- Programmes and resources (reflective of the variety of players mental, physical, technical, tactical & psychological needs)
- Supporting structures (right people and organisations in place to support you)
- Facilities and playing environments (we will work with you and campaign for you to access affordable, quality local facilities on a regular basis)
- Membership benefits (appropriate to your needs)

We are taking this seriously and to get it right will take time but you won't have to wait too long to start seeing things take shape - our aim is to launch some key programmes at the 2010 World Netball Series - <u>www.worldnetballseries.com</u> (19th-21st November). The full implementation of our new framework will take place in stages over the next couple of years with an important milestone being the launch of the new Children and Young People programme in September 2011.

However it goes without saying that we can not take on this challenge without you. We will be using England Netball's website to keep you up to date with what we are discovering and encouraging you to feedback as well. As we progress there may well be surveys and requests for help, so if you are keen to get involved please register your interest at participant@englandnetball.co.uk

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This is our game and this is our community. So let's use it to make our game better.