

# East Midlands Regional Newsletter

Welcome to this edition of East Midlands newsletter. Please feel free to distribute this newsletter to all those within our Netball Community. This newsletter has been produced to improve communication in the Region and to keep the community informed of new developments, protocols and procedures.



## Double Celebrations in Leicestershire



July and August saw two exciting events which raised the profile of netball in Leicestershire. The 'Special Olympics GB National Summer Games and the launch of the Soar Valley Netball Centre saw hundreds of players, volunteers and spectators take to the courts.

The Special Olympics GB National Summer Games was held between the 25th and 31st July 2009. Over 2,700 athletes representing 19 Special Olympics regions across the UK visited the city of Leicester over the seven day period along with 1200 coaches and 1500 volunteers.

In netball, four senior teams (Scotland West, North West, Fife, East Midlands) and three junior teams (Northern, Southern, Scotland West) took part in netball activity and competed in the Special Olympic Netball Competition. Results - Gold Medal - Scotland West, Silver Medal - North West and Bronze medal - East Midlands, 4th place - Fife.



East Midlands Team receiving their bronze medal

The official opening of Soar Valley Netball Centre took place in September amid a fantastic demonstration of netball. Local England Netball Player, Tamsin Greenway, and Olivia Murphy, ex England Netball Captain, opened the new facility on behalf of Jean Perkins OBE.

The new two court covered Centre is the first of its kind in the region and is based on the site of Soar Valley College. It will provide opportunities for playing at all levels along

The opening saw matches taking place between High 5 netball teams, Youth Teams and Southfields Netball who came away with the bronze medal at this years Special Olympics. Players from across the County had been selected to make up the Best of Leicestershire sides which Tamsin and Olivia coached.



Olivia Murphy & Tamsin Greenway  
Opening  
Soar Valley Netball Centre

Hayley Peel, Regional Manager for England Netball said *"It was great to see so many enthusiastic netballers showcasing the game at the grand opening of the Soar Valley Netball Centre. The Centre provides a fantastic facility for people to take part in netball in any weather condition! The netball courts are open for community use and will allow netball participation to grow within the area."*

Val Kindred, Netball Co-ordinator for Leicester-Shire and Rutland Sport added "Leicestershire netball is now entering an exciting phase to encourage more women back to netball".

## Coaching News.....

### National Coach returns to share more top tips



Sue Hawkins returns to East Midlands for yet another action packed specialised training day. The day will include coaching tips and opportunities to learn different coaching strategies to pass on to your players and teams.

The training will take place:

**Sunday 15th November 2009**  
**9.30-4.30pm**  
**The Netball Centre**  
**Loughborough University**  
**Leicester, LE11 3TU**

To book your place email our Regional Talent Coach Rosie Port:

**[Rosiep@englandnetball.co.uk](mailto:Rosiep@englandnetball.co.uk)**

## UKCC Level 1 course confirmed

Netball East Midlands can now confirm the dates for the next UKCC Level 1 course, taking place in Leicestershire:

**Date:** 13th & 14th March, 10th April 2010

**Time:** 9-6pm all 3 days

**Venue:** Soar Valley College (Sports Hall), Gleneagles Avenue, Leicester, LE4 7GY

**Cost:** £170 per person

To book your place download an application form :

**[http://www.englandnetball.co.uk/Coaching/ukcc-level\\_1\\_courses.php](http://www.englandnetball.co.uk/Coaching/ukcc-level_1_courses.php)**

## East Midlands recruits 5 Netball Development Officers

England Netball has invested in the appointment of Netball Development Officers to build a high performing team in order to achieve its vision for the future:

'to be a top 10 participation sport;  
the first choice team sport for women & girls and: No1 in the world'

Netball East Midlands has successfully recruited 5 part time Netball Development Officers, to further develop netball in each of the 5 Counties.

Their roles include: \* Schools / Clubs development (including CAPs & school club links)  
\* Back 2 Netball Programmes  
\* Coaching Development  
\* Officiating Development

Please see below the contact details for your local netball development officer:-



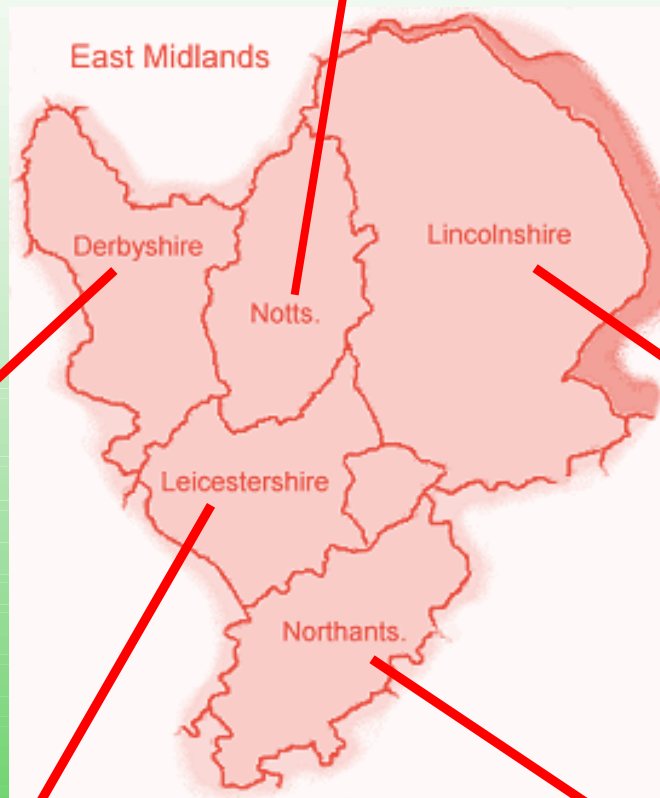
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## Events....

### East Midlands have a National Winner at the Golden Globes



East Midlands's very own Carol Spencer won the National Mary Bulloch Administrator award at the Golden Globes National Awards on Saturday 20th September 2009.

The Mary Bulloch Administrator award is a new award which is presented to a volunteer who has made an outstanding contribution to the development of netball at any level by way of administration.

Carol was also awarded the 'Long Service Award' which recognises the contribution of volunteers who have used their invaluable experience to give outstanding service for over 25 years at a county and/or regional and/or national and/or international level.

Carol was England Squad Team Manager from 1993 to 1998 and managed the full program: training, bookings, finance and kit etc. She was Tour Manager for the World Games in 1993, Tour Manager for the New Zealand April 1995 tour, England Netball Squad Manager for the World National Championships in Birmingham in 1995, Manager for all FENA matches and home test matches 1992 to 1998 and Manager for the EN Senior Tour Squad for the South Africa and Namibia Tours of 1997. Currently she is Vice- Chairman of East Midlands and President of Derbyshire. Derbyshire squads have a reputation for being reliable, prompt, fully paid and arriving with the correct paper work. Anyone who has been managed or worked with Carol, now undertakes an administrative role, instinctively following the Spencer way.

#### East Midlands also had nominees who went forward to the national awards:

- Grassroots Coach of the Year - Andrea Scigliano (Leicestershire)
- The Rose Award - Julie Hunt (Leicestershire)
- The Coach Award - Donna Swann (Leicestershire)
- Netball Teacher Award - Jenny Smith (Leicestershire)
- The Official Award - Jo Stephenson (Leicestershire)
- Runner up – Kathy Stripp (Leicestershire)
- The Young Volunteer Award- Oliver Hooper (Derbyshire)
- Runner up– Sam Griffin (Leicestershire)
- The Mary Bullock Administrator Award - Carol Spencer



East Midlands nominees with their Hollywood stars



## England Netball "One Team One Vision"

Conference supported by California Prunes

On Saturday 19th September, at the Hinckley Island Hotel, Leicestershire many people joined England Netball at the 'One Team One Vision Conference. The conference included key not speakers:

- Paul Clark** - England Netball Chief Executive
- Tim Woodhouse** - Head of Policy & External Affairs, WSFF
- John Eady** - Knight, Kavanagh & Page - Affiliation Review
- Cheryl Danson** - England Netball Chair

Paul Clark, CEO said

*" We are at the start of a very important period of netball-, we have received an unprecedented level of funding from Sport England, and now we, as a sport, have to deliver our targets.*

*"We can only do this if we work together, fully engaged in doing all we can to grow, improve and develop our sport. The Conference is a symbolic start to the next four years and to, I hope, a bright and successful future for the sport "*

## Focus on Funding:

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**Sports coaches are set to benefit from the new Typhoo Sports for All project which was launched by footballing legend Sir Geoff Hurst.**

Typhoo Tea Limited is partnering with the Federations of Disability Sport: English Federation of Disability Sport, Disability Sport Northern Ireland, Disability Sport Wales and Scottish Disability Sport: to make sport more accessible for disabled men, women and children right across the UK. And 1966 World Cup legend Sir Geoff Hurst is lending his support.

This brand new initiative, funded entirely by Typhoo, will train a minimum of 500 community-based sports coaches all over the UK and provide them with the skills to encourage disabled people to participate in the sporting activity of which they are a coach. Coaches who are delivering regular sessions and are committed to providing equal opportunities in sports are invited to register their interest in attending a course.

For further information: <http://www.efds.co.uk/page.asp?section=1038&sectionTitle=Typhoo+Sports+for+All>

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**UnLtd Sport Relief Awards are funded by Comic Relief and provide opportunities for young people to bring communities together, to help promote understanding and solve problems through sport, arts and recreational activities.**

The UK wide funding programme is for 11-21 year olds, who are prepared to go the extra mile and use their passion for sport and arts to bring respect and understanding to their communities by setting up their own projects.

**For further information:**  
<http://www.unltd.org.uk/template.php?ID=110&PageName=sportrelief>

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## East Midlands Grant Scheme

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Netball East Midlands wishes to support their affiliated members by providing course subsidies and mentoring opportunities to help develop coaches and umpires across the region.

Eligibility:

- Up to 50% subsidy is available towards UKCC Level Two
- Up to 50% subsidy is available towards UKCC Level Three
- Up to 50% of A and B Umpire courses and test.
- Up to 50% for accreditation and reaccreditations for umpire tutor and tester courses



Please note if you would like funding for a UKCC Level 1 / C Award courses contact your County Association for information on funding that can be gained through the Association or other organisations within the county.

If you are unable to gain funding through your county please email: [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)

## Want to be an Assessor or Tutor

England Netball is inviting qualified Level 2 coaches to join their tutor and assessor work-force to deliver the UKCC Level 1 & 2 qualifications.

If you can demonstrate any of the following

- Good presentation skills
- Confidence in and some experience of working with adult learners
- An interest in developing interactive tutoring/assessing skills
- Strong inter-personal skills
- Relevant netball coaching experience and knowledge, or specialist technical knowledge
- Commitment to England Netball to develop a quality coach education programme
- Willingness to help, support and develop others
- Enjoyment of the sport of Netball



England Netball are now in a position to offer courses that will support and provide you with a nationally recognised tutor and/or assessor transferable qualification:

- 1st4sport – Level 3 Certificate in Tutoring Sport
- 1st4sport – 3 Introduction to Assessment Practice in Sport

### Tutor Training Dates

**Holiday Inn, Taunton 23<sup>rd</sup> & 24<sup>th</sup> January & 6<sup>th</sup> February 2010**

**The cost for the courses are £300 per person  
( England Netball do provide a pay back scheme. Please contact the Regional Office for more information)**

## Want to be a tutor for the 'Youth Umpire Award'?

**AIM:** To promote the development of Youth Officiating

**TARGET GROUP:** 13-18 Year olds delivered through Specialist Sports Colleges / School Sport Partnerships

### WHY?

- To improve an understanding of the Game
- To introduce the generic skills of umpiring (foundations laid with progression to 'C' Umpire Award)
- To offer opportunities for Talent Identification (linked to PESSCL Gifted and Talented Programme)
- It will fulfil the National Curriculum requirements at Key Stage 3 & 4
- When accepted with Sports Leaders Awards Scheme and Duke of Edinburgh Award Scheme will provide opportunities for progression.

### HOW?

- To provide a quality assured programme delivery will be a two/three hour pre course workshop for teachers
- Students course: Minimum six-hour delivery, tutored by teachers within the curriculum
- Completion of Workbook with competencies.
- Practical umpire assessment – pass/defer (Undertaken by England Netball appointed Assessors)

### WHERE TO NEXT?

Contact Regional Office to attend an Orientation workshop and for further information on costs for Tutors and resources

#### **Responses from the schools piloting the award course**

*'Excellent idea – pupils love it – it really increases self confidence'*

*'The competencies that needed signing were excellent as girls new exactly what they had to do'*

*'Girls thoroughly enjoyed it, they appreciated what an umpire had to do'*

*'Course resource was easy to use and a good point of reference'*

## **CAPS**

CAPS (Club Action Planning Scheme) helps Netball clubs function in the most efficient way, with least long-term hassle. It is directly linked to Sport England's Clubmark scheme and it's all about good practice in the development of players, coaches and umpires at all levels. If your Club is interested in joining the CAPS scheme or is already registered and requires assistance, please contact: Kelly Walker, Tel: 01509 226753, Email: [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)

If you would like to join any of the CAPS clubs in the Region please contact Kelly Walker for further details

**Submission Dates:** Friday 16th November 2009

Friday 12th February 2010

**The dates for submission of CAPS files means the files have to be in your Regional Office by 12 noon on or before that date.**



## **Courses for CAPS**

### **Safeguarding & Protecting Children**

8th Nov 09	Caroline Chisholm School, Northants	10-1pm or 1.30-3.30pm	£25	01604 236 976
10th Nov 09	Kelham Hall, Nottinghamshire	time & cost tbc		01159 772 976
25th Nov 09	North West Leicestershire District Council	6.30-9.30pm	£20	01509 226 745

### **Equity in Your Coaching**

8th Nov 09	Caroline Chisholme School, Northants	10-1pm or 1.30-3.30pm	£25	01604 236 976
13th Jan 10	The Grimsby Institute, Grimsby	time & cost tbc		01472 267 404
18th Nov 09	Charnwood Borough Council	6.30-9.30pm	£20	01509 226 745

### **Club for All (optional for clubs to attend but not essential)**

5th Nov 09	Hicnckley & Bosworth Borough Council	6.30-9.30pm	£20	01509 226 745
8th Nov 09	Caroline Chisholme School, Northants	10-1pm or 1.30-3.30pm	£15	01604 236 976
25th Jan 10	Queen's Park Cricket Pavillion, Derbyshire	6.30-9.30pm		01246 345 569

For more information on future workshop dates visit:

<http://www.sportscoachuk.org/workshops.php>

<http://www.runningsports.org>

(Click on Workshop calendar)

## Loughborough Lightning

For more information on the community programme please visit Loughborough Lightning website:  
[www.loughboroughlightning.co.uk](http://www.loughboroughlightning.co.uk)



**Newsflash**

### Lightning 'Launches' into the new season

Saturday 21st November, doors open at 5.30pm  
Netball Centre, Loughborough University

The Loughborough Lightning 'Launch' will be showcasing their new 'Samurai' kit down the catwalk, along with a show of this seasons fashions supplied by England Netball Sponsor Matalan.

The evening will see dancers from the LSU Dance Club', the latest fashions and an action packed match between new and former Loughborough Lightning Players. There will also be a question and answer session with England Players and an auction full of memorabilia such as signed shirts, dresses and balls. There will also be an opportunity to purchase tickets for the first home game against Team Bath on the 21st December 2009.

MATALAN

### Entrance is free

For more information visit: [www.loughboroughlightning.co.uk](http://www.loughboroughlightning.co.uk)



### Loughborough Lightning take on Australia

The Australian Diamonds gave a taste of the skill and pace that helped them achieve world number one status with an inspiring performance against Loughborough Lightning in their only UK warm-up before this weekend's World Netball Series.

Lightning faced Australia in three back-to-back matches played under new fast net rules. The new format has been designed to inject more excitement into the game with matches reduced to four six-minute periods and teams electing a Power Play quarter where their points scored are doubled. Shooters can now score from both inside and outside the goal circle with



Lightning led 5-4 at the end of the first quarter, but their advantage was short-lived against the Australian giants who picked up the pace to dominate the 11 remaining periods of play, winning all three of the evening's matches.

Head coach Olivia Murphy, who played Australia countless times during her England netball career, was encouraged by the performance of her young squad. "Defensively Layla and Jade stood up well against their shooters and turned over a fair amount of ball, but it was difficult for us in attack," she said. "We've still got plenty to work on but in patches we showed real skill. If we can do that against the very best in the world it stands us in good stead for the Superleague.

### Loughborough Lightning - Home Fixtures

Date	Doors Open	Opposition	Venue
Mon 21st December	5pm	Team Bath	Sir David Wallace, Loughborough University
Thurs 7th January	7pm	Glasgow Wildcats	Walsall Campus, University of Wolverhampton
Sat 30th January	5pm	Mavericks	Netball Centre, Loughborough University
Sat 6th February	2pm	Celtic Dragons	Walsall Campus, University of Wolverhampton
Mon 15th February	6.30pm	Leeds Carnegie	Sir David Wallace, Loughborough University
Sat 20th March	5pm	Northern Thunder	Netball Centre, Loughborough University
Sat 27th March	3.30pm	Team Northumbria	Netball Centre, Loughborough University
Mon 19th April	6.30pm	Surrey Storm	Netball Centre, Loughborough University

**Tickets are priced at £6 adults £4 for children, call 01509 226250**



## Anything to add.....

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Many thanks for taking the time to read this newsletter. We hope that it has filled you with some useful information. **WE WOULD LIKE TO HEAR MORE.....**

If you would like to RECEIVE or CONTRIBUTE to this newsletter or would like to add a photo please contact the editor Kelly Walker on [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk) or post your information to our address.(please see below)

### Newsletter Deadlines:

30th December for January Issue  
30th March for April Issue  
30th May for June Issue

Many Thanks  
East Midlands Team

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## Regional Unit Contact Details

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