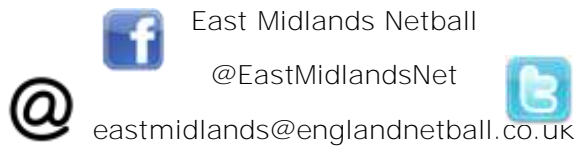


East Midlands Netball Newsletter



November
2013



Meet our University Netball Officers

University Netball Officers (UNOs) have been recruited into some Universities around the country by England Netball to increase participation through the development, implementation and delivery in Universities and we went to find out more about the East Midlands UNOs.

University of Derby – Sorcha



I'm 21 and originally from London. I'm currently in my third year studying Criminology and I plan to work in the Youth Offending area after university, as well as doing a bit of travelling!

I'm an UNO as I enjoy promoting and encouraging people to get involved in netball at any level, ranging from voluntary positions; encouraging coaching courses to arranging charity netball tournaments. I love netball and want to pass this passion onto other people!

In this edition
Volunteer Stories
Congratulations
League Information
Courses
Loughborough Lightning

Nottingham Trent University – Jess

I'm a third [and final ☺] year student from Oxford studying English and Media Studies and I am the UNO for both Nottingham universities.

When I finish I would like to study for my TEFL qualification to allow me to travel more of the world and teach at the same time. During a gap year I worked in South Africa as a volunteer coach to children living in underprivileged areas. We provided mass participation sessions in schools and after school clubs to allow children the opportunity to gain free sport sessions– they had no other sporting opportunities without us. Working with these children allowed me to see how important sport is to not only the physical learning of a person but for their social and mental development too.

When the role of UNO came up, I saw it as a chance to put my experiences and passion into the University setting. When I first started at University there was little available for players outside of the competitive leagues. I have used my role to put on sessions and create teams and leagues where players can develop their skills and play socially without the pressure of being in a performance squad. I can proudly say that we are now one of the only Universities in the East Midlands region that literally have a netball programme for everyone! I am excited to see what this year brings, especially now there are more UNOs across the country to work with!



Volunteer stories

We already know we have lots of fantastic netballers and volunteers in the East Midlands, but what makes us happier about this is when we hear what you've been up to and when you've won awards. Here we share some of the latest stories we've heard!



400 hours volunteering in netball

Tyler Bexton (pictured left with Regional Manager Olivia Murphy) recently won an award at the England Netball Golden Globes for completing 400 hours volunteering in netball. Hours were gained at Ripley Netball Club; the Derbyshire Satellite and County Academies; school and at the Young Leaders Camp. Tyler said "The Passion on Your Passion programme is a really great way to get yourself out there and be involved in the sport you enjoy in more ways than one!"

Stuart McErlain-Naylor from Lincolnshire (pictured right) was another worthy recipient of this award. Stuart gained his hours through umpiring at regional trials; tri regional events; NPL and club fixtures as well as coaching at a local inclusive netball session. Paige Dillon from Northamptonshire (right) also won this award at the event which took place in Birmingham in September. Paige volunteers at club and school through umpiring and coaching. Well done to you all!



Celebrating 30 years in netball

Andy Scigliano, Chairperson of Grasshopper Netball Club in Leicester is celebrating **30 years at the club. She became Chair in the late 80's after joining the club in 1983.** Despite a short break in the 90s this is a role Andy fulfils today.

Since being at the club, starting out as a player, Andy has represented at County and become an umpire; coach; coach assessor and mentor. She regularly puts her skills to good use, playing and umpiring in the Leicester Netball League and coaching the 2 youth and 4 senior Grasshopper teams.

Andy has won numerous awards at club level including Club Member of the Year on a number of occasions, as well as first team Player of the Year. Her dedication to the sport was acknowledged when she won the England Netball Long Service Award for 25 years volunteering in netball.

Members of the club say about Andy, "She is the backbone of the club and without her there would be no Grasshoppers. She is a highly respected member of the team and is a real asset to the club and its future."

"Her commitment and dedication to the club is second to none, where she's passionate about netball and running such an accessible and successful club. She ensures all club members have access to courses, scope for self development/improvement and finds time to attend courses herself. She has also been pivotal in striving to attain our silver CAPS Award."

Grasshopper NC would like to pay tribute to an outstanding person who has given many selfless hours to running a thriving club and thank Andy for her services to netball and the club.

Volunteer stories

Taking netball to India

Rushey Mead School in Leicester and the surrounding community has a large population who originate from the Gujarat Region of India. In 2001 there was a devastating earthquake in that Region and understandably the school and community wanted to do something to help. Ex Rushey Mead student and BBC Cameraman, Bhasker Solanki, was in the Region filming and on his return linked in with the school and the Rushey Mead Foundation was formed. Money was pouring in from all over to help rebuild the Region and so the foundation decided to provide something more long lasting to improve the lives of some of the poorest. In the villages, it was discovered that families were reluctant to send girls to the towns to continue their education once they left Primary School. To this end, Rushey Mead School, Nagor, Bhuj was opened in 2004.

In August 2013 the fourth party of students from the Leicester school went out to visit the school in Bhuj. Four adults and nine students set out laden down with books, computers, pens, pencils, clothes and of course, 4 netballs, a ball pump, whistle and a Loughborough Lightning dress! Whilst their main aim was to teach them to read and understand English (essential for the exams they need to get a job) and to get their **computers and internet working, Jo Stephenson, teacher and Regional Umpiring Secretary couldn't help** feeling that no girls education is complete without netball!



The students all worked hard with their books and dictionaries but the joy on their faces when out came the netballs. The boys went off the play cricket and whilst Tim marked out a makeshift court with a stick, the girls from **Leicester set about teaching the fundamentals of 'footwork' and how to execute the perfect chest and shoulder pass.** There may have been some language difficulties, but with hand signals you can overcome anything! They also learnt that **everything stops on the umpires whistle and the umpire's decision is final.** The villagers are quite innovative so hopefully they will soon have some posts of a fashion.

Without the generous donations which keep coming in, the school would not survive. The team in Leicester will keep fundraising and hopefully Jo will be able to go back and encourage some more netball. One day she hopes to maybe even train their own umpire! For further information or to support the foundation, visit www.rusheyameadfoundation.com



Jo pictured on the right in this photo



Congratulations!

Regional Performance Pathway

The following athletes were all successfully screened and have now been enrolled into the East Midlands Performance Pathway (Regional Academy or Regional Performance Academy):

Derbyshire: Brittany Coleman; Tamikah Campbell; Isobel Beighton; Cherese Naylor; Amber Hancock; Cara Adams; Georgina Beighton; Megan Wildman; Zoe Mathews

Leicestershire: Oriana Simmonds; Eleanor Salter; Beth Marron; Adelaide Muskwe

Lincolnshire: Pollyanna Seamer; Rosie Tate; Carla Baker; Anne Sharpe; Hannah Tiller; Harriett Haswell; Jade Potter

Northamptonshire: Jaydene Robinson; Sasha Atlas; Beth Ridout; Maddie Munro-Hall; Hannah Francois

Nottinghamshire: Iman Thomas; Gabrielle Titley-Wilson



New Umpire Tutors

Earlier this year seven candidates from the East Midlands passed their ADL Tutoring Award. This however was only the first step to becoming England Netball Umpire tutors. Since then they have had to work hard, delivering 10 modules of the C Award umpiring course to the required standard. Congratulations go to Pam Weatherby and Jane Morrell from Nottinghamshire and Kate Stephenson from Leicestershire who are now fully qualified England Netball Umpire Tutors. Donna Beckett should have hers completed by the end of October. The others continue to work towards achieving their qualification so good luck to them all. Thanks go to Heather Gleadall and Sue Collin for their hard work in supporting these tutors.



Club reaches 50 years

Nottingham City Netball Club are celebrating their 50th anniversary. To mark the occasion, they held a fun night in the summer for members past and present to recognise the club's unique achievement and contribution to female sport in Nottingham.

They expanded their annual pre-season tournament in September by popular demand to include an additional 12 teams. This meant, in its 22nd year, 72 teams from all over the country came together for a fun packed weekend of competitive netball in age groups including u11; u12; u13; u14 and u15.

Nottingham City NC provide opportunities for girls and ladies to play netball and access high quality coaching across all age groups. In 2008 they achieved the gold CAPS award and as part of their plans to build sustainable links with schools in Nottingham, they are in the process of setting up satellite clubs in the city and developing an exciting new partnership with Nottingham Forest FC.

Teams from NCNC play in local and regional leagues and have teams for all abilities including multi skill development from 4 years. For further information about the club's history and what they do visit www.nottinghamcitync.co.uk



League information

Derbyshire

DANA Played across 4 venues Monday www.derbyareanetball.co.uk

Yardley Played across 3 venues Tuesday www.yardleynetballleague.co.uk Senior and Junior League

Chesterfield Days and venues vary www.chesterfieldnetballassociation.co.uk

Leicestershire

Leicester Adult Soar Valley College LE4 7GY www.leicester-netball.co.uk Seniors: Tuesday (4 divisions) Juniors (u16) Thursday (2 divisions) Winter league Sept-Mar, Summer league Apr-July
Loughborough Town Charnwood Leisure Centre LE11 3HE www.ltnl.co.uk Senior League: Saturday (4 divisions) Sept-June

Market Harborough Market Harborough Leisure Centre LE16 9HF

www.marketharboroughnetballleague.com Senior League: Saturday (1 division) Sept-Mar

North West Leicester Newbridge High School LE67 3SJ nwl.nl.pitchero.com

Senior league: Sunday (1 division) Sept-Mar

Rutland Netball Catmose Sports Centre LE15 6RP www.rcnl.co.uk Senior League: Thursday (2 divisions) Sept-Apr

Leicestershire County Premier Soar Valley College by invitation only www.lcna.co.uk/cpl

Lincolnshire

Lincoln Yarborough Leisure Centre Tuesday joycesmith@hotmail.com

Boston Kirton Middlecott Leisure Centre Thursday kevinjayne34@hotmail.com

Skegness Skegness Academy Wednesday paula.hill@fsmail.com

Grimsby Monday and Tuesday julie@smith3919.fslife.co.uk

County Juniors Saturday Priory Witham Academy; Seniors Sunday Lincoln College paula.hill@fsmail.com

B2N Grand Prix Sunday Lincoln College louise.key@englandnetball.co.uk

Northamptonshire

The Junior Development Group are coordinating dates for a 'Junior Grand Prix League' which incorporates teams from schools and clubs on set dates throughout the year. The league caters for u14s and will be soon extending into other age groups.

Tuesday: Kettering Netball League Southfields School / Kettering Buccleugh Academy

Wednesday: Rushden Netball League Pemberton Centre, Rushden

Thursday: Wellingborough Netball League Weavers Leisure Centre

Sunday: Northampton Senior Netball League and Northampton Junior Netball League Benhan; Corby Netball League Lodge Park Sports Centre; Daventry Netball League Daventry Leisure Centre

Nottinghamshire

City Of Nottingham League 8 teams with several new affiliated players joining existing clubs. A 'ringer' system allows teams to use 'ringers' when they are short of players for a game. If you would like to become a 'ringer' or enter a team into the league contact

CNB2NL.chair@gmail.com CNB2NL.fixturessecretary@gmail.com

Rushcliffe League Rushcliffe Leisure Centre www.ncna.co.uk Winter league Saturdays and Sunday's, Summer league Tuesday and Wednesday's

Ashfield League Contact c.hallam@ashfield-dc.gov.uk

Two Counties League NUSA www.twocountiesnetball.co.uk Wednesday and Sunday



County Websites:

www.derbyshirenetball.co.uk

www.lcna.co.uk

www.ncna.co.uk

www.lincolnshirenetball.co.uk

www.northantsnetball.com

Courses

We have a range of courses available in the region. Up to date details can be found on our website

UKCC

Level 1 Northampton: Pitsford Centre, Moulton College, NN3 7RR
15th and 16th February and 15th March 2014

Further courses to be released on Friday 29th November. Email eastmidlands@englandnetball.co.uk on this date for more details

Coaching (CPD and High 5 workshops)

On the Ball Northamptonshire: Kettering Science Academy, Kettering, NN15 7EA
27th November 2013 6-9pm (closing date 20/11/13)

Find booking forms for all

courses online at

www.eastmidlandsnetball.co.uk

Sharp Shooting Carlton le Willows School, Gedling, Nottingham, NG4 4AA
28th November 2013 6:15-9:15pm (closing date 21/11/13)

High 5 Lincolnshire: Spalding High School, Spalding, PE11 2PJ
29th November 2013 2-5pm (closing date 15/11/13)

Officiating

C Award- Weavers Sports Centre, Weaver Road, Wellingborough, Northampton, NN8 3JQ
9th and 16th January 2014 6:30-9:30pm
(contact kelly@washingtonmail.co.uk)

Communication

Northamptonshire Sport are running a workshop 'Effective Communication- Coaching deaf people in sport' as part of their commitment to support the development of Deaf Friendly Sports clubs and are encouraging clubs to become Me2 accredited. Details of this course are:

Northamptonshire Sport NN4 7DD
26th February 2014 6-9pm

For further details contact Felicity Howlett 01604 366215 fdrake@northamptonshire.gov.uk



For further information on news and dates visit

www.eastmidlandsnetball.co.uk

www.englandnetball.co.uk

email: eastmidlands@englandnetball.co.uk

Loughborough Lightning

The new season is almost upon us and behind the scenes lots of work had been going on to prepare the team for the year ahead.

New coach

Margaret Foster, better known as 'Marg', is a household figure back home in New Zealand, as a successful businesswoman, media personality and author, alongside being an inspirational coach and mentor and now she has been named Head Coach for Loughborough Lightning.



She has won a number of accolades including in 2009 being awarded the New Zealand 'Order of Merit' for her contribution to sport and netball in the Queen's Birthday Honours list.



After a playing career in which she represented the New Zealand 'Silver Ferns' netball squad at under 21, junior and senior levels, Marg has been involved in coaching for over 20 years in settings that include schools, clubs, franchises, national and international teams. After retiring from playing, Marg remained part of the national set up as a selector for the Silver Ferns in 2002, and as the head coach of the New Zealand 'A' and Netball Academy squads from 2002-2003. Marg also took on the role of sports analyst for New Zealand during their 2003 Netball World Cup victory and silver medal success at the Manchester 2002 Commonwealth Games.

More recently Marg has been employed as head coach at Christchurch Netball Centre, who finished third in the New Zealand national netball championships. Marg has also been the assistant coach for Waikato Bay of Plenty Magic and Southern Steel, franchises that play in the ANZ Netball Championships. Internationally she was the coach and mentor for the Cook Islands squad who finished second in the South Pacific Series in 2011, and has also worked with players in St Lucia.

Shelley Norris will join Marg from New Zealand to support the coaching of the new Lightning squad. For further team announcements, keep an eye on the Lightning website loughboroughsport.com/loughborough-lightning

Fixtures released!

We are delighted to announce the 2014 Lightning fixtures:

- 1st Feb home v Yorkshire Jets
- 8th Feb home v Hertfordshire Mavericks
- 10th Feb away v Celtic Dragons
- 15th Feb home v Team Northumbria
- 22nd Feb away v Surrey Storm
- 1st Mar home v Manchester Thunder
- 8th Mar home v Team Bath
- 14th Mar away v Yorkshire Jets
- 20th Mar home v Celtic Dragons
- 22nd Mar away v Hertfordshire Mavericks
- 28th Mar away v Team Northumbria
- 5th Apr home v Surrey Storm
- 7th Apr away v Team Bath
- 12th Apr away v Manchester Thunder

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The Times/The Sunday Times Good
University Guide 2014



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