



Moulton College Sports Academies

Netball Academy Training Day Wednesday 9th April 2014

This exciting opportunity is open to any enthusiastic athletes aged 14-16 who are thinking of enrolling at Moulton College on the Level 3 Diploma in Sport.

The day will consist of a taste of the course, including a Sports Academy training session with our specialist Academy coaches, a strength and conditioning session and a talk on athlete recovery.

This amazing opportunity is **free!**

Places are limited so please book early by e-mailing: mark.burrows@moulton.ac.uk

Moulton College, West Street, Moulton, Northampton NN3 7RR

telephone: 01604 491131

email: enquiries@moulton.ac.uk

www.moulton.ac.uk



M6889F Designed by Learning Materials



Moulton College Sports Academies

Netball Academy Training Day Wednesday 9th April 2014

This exciting opportunity is open to any enthusiastic athletes aged 14-16 who are thinking of enrolling at Moulton College on the Level 3 Diploma in Sport.

The day will consist of a taste of the course, including a Sports Academy training session with our specialist Academy coaches, a strength and conditioning session and a talk on athlete recovery.

This amazing opportunity is **free!**

Places are limited so please book early by e-mailing: mark.burrows@moulton.ac.uk

Moulton College, West Street, Moulton, Northampton NN3 7RR

telephone: 01604 491131

email: enquiries@moulton.ac.uk

www.moulton.ac.uk



M6889F Designed by Learning Materials