East Midlands Netball Newsletter



East Midlands Netball







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July 2014



Goalden Globe Awards 2014

The 2014 Goalden Globe awards were a great success and the day saw us present many worthy volunteers with their trophies, certificates and badges. See pages 3-4 for all the details from the event.

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Other News



Regional Performance Screening

Several athletes attended screening for the Regional Academy and Regional Performance Academy earlier this month. Whilst a number of athletes including some of those from the 2013/14 programmes are yet to be screened, we're delighted to congratulate the following on being successful and will be enrolled into the 2014/15 programmes:

Regional Academy

Chloe Essam; Hannah Myers; Lauren Coull; Bethany Moore; Louise Hone; Harriet Cooper; Georgia Rowley; Kiera McHattie; Hannah Tiller and Oriana Simmonds

Regional Performance Academy

Freya Wood; Anne Sharpe and Carla Baker

We reported in the last newsletter that Sam Brightman would be commencing the role of Performance Pathway Coach in July. We're delighted to welcome Sam to the team and wish her the best of luck in the role.

Sam's contact details are samantha.brightman@englandnetball.co.uk 07525 702639



Vacancies in the East Midlands

Regional Manager

Olivia Murphy will be leaving the role of East Midlands Regional Manager in August to take up the position of Performance Pathway Manager with England Netball. Whilst this is fantastic news for England Netball and a great move for Olivia, we in the region will be really sad to see her go but wish her the best of luck in her new role.

The closing date for applications for the role of EM Regional Manager is Monday 4th August and you can download the application pack from the <u>England Netball website</u>.





Regional Coordinator

Katie Griffin has recently announced that she is pregnant with her first child and is due to give birth in November 2014. Katie will be beginning maternity leave in October and we are in the process of arranging to advertise maternity cover for the period Katie will be away. Good luck Katie- let us have a picture when your little one arrives!

Keep an eye on the England Netball website and our social media for details of the vacancy.

Performance TSG Chair

Due to a relocation to Durham, Gareth Weaver-Tyler has had to step down as Performance TSG Chair. This post is crucial to our performance player and coaching pathways and it is imperative that we fill this post as soon as possible prior to the start of the new season in September.

For details or the role, please see our <u>regional website</u>. The closing date for applications is Monday 4th August. Please ring 01509 226753 for an information discussion about the role.

Recognition and Profile TSG Members

We are looking for members to represent their counties on the Regional Recognition and Profile TSG. The role of the group is to recognise and publicise achievements and successes of netball within the region in conjunction with regional office staff.

If you are interested in becoming a member on this group, please speak to a member of your County Netball Association Committee, or email eastmidlands@englandnetball.co.uk

Assistant Academy Coach

Leicestershire Netball are looking for an Assistant Academy Coach to assist in planning and delivering a well – balanced and co-ordinated programme, using the England Netball Coaching Syllabus as outlined in the coach resource 'The Game Plan'

For further details about the role see their website or contact Head Coach donna.swann@live.co.uk

University Coach

The University of Leicester are looking for a coach to cover 7-8 hours coaching each week. Pay levels will depend on qualifications and experience.

For full details about the role see the vacancy on <u>our website</u> or contact Ian Thursfield (University of Leicester Students Union Administrator) by email at it68@le.ac.uk

Goalden Globe Awards

The sun shone brightly for the many volunteers who came together to celebrate another successful year in netball in the East Midlands. Our annual Celebration Event was held at the Radisson Blu Hotel, East Midlands Airport on Sunday 22nd June where we were delighted to announce winners of the 2014 awards.

The event started with a tribute to the late Jean Bourne who sadly passed away earlier this year. Jean's career included officiating; coaching and chairing county and regional boards as well as being President of England Netball and a local club. She was passionate about netball and even after stopping being active in the game, she loved to attend netball events and kept up with netball news both locally and nationally. In memory of Jean, the regional Back to Netball Award was renamed the 'Jean Bourne Back to Netball Award'.



Winners of regional competitions were presented with a match ball and main course was served before getting on to the awards. The Panel had difficulty in selecting winners due to the high standard of this years



nominations, and so for the Jean Bourne Back to Netball Award, two winners were chosen. Andrea Liburd from Nottingham (pictured on the right) and Wendy Broad (left) from Lincoln both received their trophies from Robin Bourne (Jean's son) and Sue Collin, Regional Chair.

Since joining the Back to Netball session Andrea has grown in confidence and has become the face of Riverside Back to Netball. She has lost over 4 stone in weight and has shown dedication in becoming a committee member. Wendy has recently gained her UKCC level 1 and will shortly be undertaking her beginner umpire award. She has become a hugely popular and integral member of Fenland Netball Club and is always willing to help in any way she can.

Rosie Port from Derbyshire (pictured right) was presented with her regional Long Service Award for more than 10 years voluntary service to the region and was quoted as a "regional icon". She has coached some of the best home grown athletes as well as supporting the set up of Loughborough Lightning and their NPL squad.



On to the Goalden Globe Awards. Winners of each of these awards will go forward as nominees to the National Awards which are to be held in September in Sheffield.





Louise's dedication to her clubs junior section is without question. It is obvious from all that meet her (left) that she 'eats, lives and breathes' netball. Her attitude, ability, knowledge and devotion to the players and the game will maintain success in netball for years to come.

Unsung Hero Award- Julie Long from Northamptonshire

Julie (right) is the drive behind and the face in front Futureprint Netball Club greeting all juniors and making them feel welcome. She is the coordinator between high 5, juniors and seniors and is an exceptional and extraordinary club member.



Goalden Globe Awards

Teacher Award- Erica Ford from Northamptonshire

Erica goes above and beyond what is expected in her role and will do all she can to the best of her ability in order to help students and push them to fulfil the potential that she can see from an early stage. Unusually Erica was nominated by her students in recognition of how grateful they are for their teacher going the 'extra mile'. Unfortunately Erica was unable to attend the event, but Regional Performance Academy athletes Jaydene Robinson and Tamikah Campbell spoke about why Erica was so important to them and so deserving of the award.





Grassroots Official Award- Donna Beckett from Derbyshire

Donna is an A Award umpire and had the potential to go as far as she wished but decided to put her knowledge and experience into helping develop umpires within the region. She is more than willing to help at any county or regional event in whatever capacity she is required. She is totally passionate about officiating and this shows in her commitment to everything she does.

Young Volunteer Award- Hannah Long from Northamptonshire

Hannah has increased members to her club through the delivery of a variety of lively coaching sessions. She gives an immense amount of time and effort to Futureprint Netball Club and her enthusiasm is infectious to all.



Outstanding Club Award- Sleaford Barge NC from Lincolnshire

Sleaford Barge NC sits within a small town, having 4 senior and 13 junior schools under its catchment. It regularly hosts high 5 netball tournaments to encourage girls and boys into the club in conjunction with the local sport partnership. The club is active in the community and has annual stands at the rugby club bonfire night and Christmas market, selling coffee/tea/cakes to raise money for charity, as well as promoting the sport of netball. Their biggest positive impact has been bringing together girls and boys attending different schools in the area leading to firm friendships being formed. Without the club those paths may not have crossed. Life skills are taught and confidence is encouraged by all no matter what capacity they participate i.e. play-

ers, young leaders, umpires and volunteers.

The Regional Management Board and team would like to wish you all good luck at the National Awards.

The event concluded with a quiz and a raffle in which over £200 was raised for partner charity Cancer Research UK.

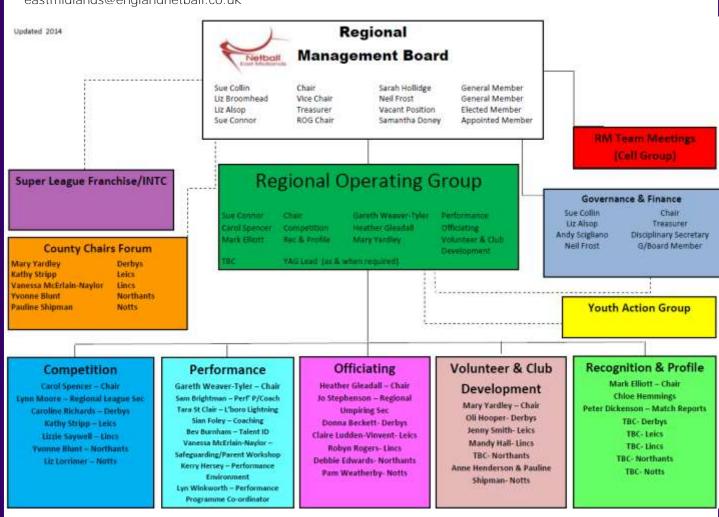
Pictured right- competition winners



New Board Structure

Now that the Governance re-structure has taken place, we thought this was a good opportunity to share the new Regional Management structure with you and let you know who is covering what roles.

For any queries about the structure or vacant positions (see page 2) contact us at eastmidlands@englandnetball.co.uk

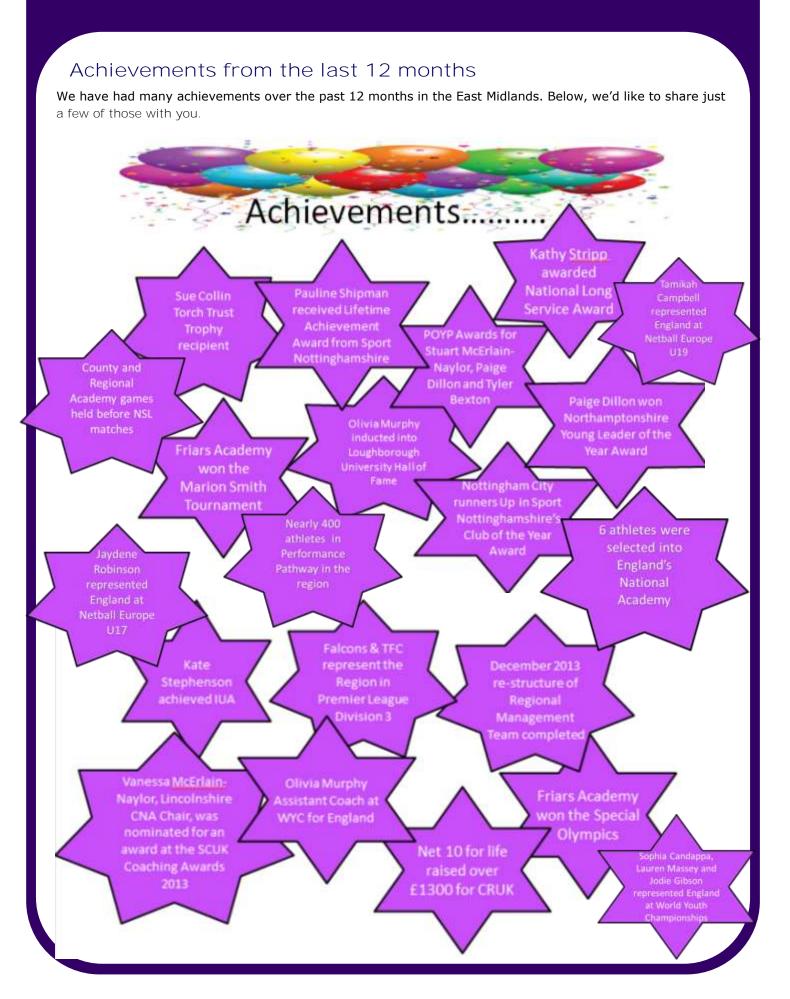


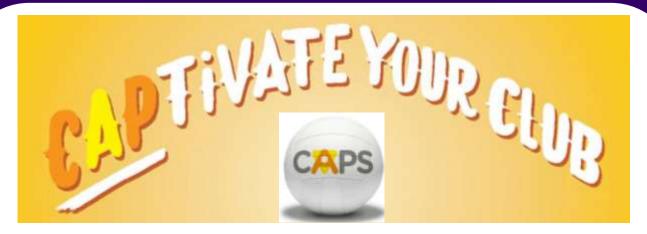
Pictured right— the East Midlands Regional Management Board (I-r) Sarah Hollidge; Sam Doney; Liz Alsop; Sue Collin; Neil Frost; Sue Connor

Below- Liz Broomhead









Congratulations to the following clubs who have achieved or retained CAPS accreditation over the past year:

Bronze

Bingham Bullettes (Nottinghamshire)
Stiletto (Derbyshire)
Bramcote (Nottinghamshire)
Kimberley (Nottinghamshire)
Hinckley Ladies (Leicestershire)
Boston (Lincolnshire)

Silver

Futureprint (Northamptonshire)
Allestree (Derbyshire)
Grasshoppers (Leicestershire)
Knighton (Leicestershire)
Northants JMs (Northamptonshire)
Brackley (Northamptonshire)

Gold

Nottingham City

Recently accredited CAPS club, Bramcote NC were treated to a visit from International netballer Stacey Francis. They tell us about the excitement at training here:

Just over a year ago Bramcote Netball Club choose to expand its established senior netball club by setting up a junior section which now has over 45 juniors affiliated to England Netball. As a treat for all the hard work the girls have put in at training and games over the last year, the club arranged for the England International Stacey Francis to take a training session for them! From the moment Stacey entered Bilborough Sports Hall she took control and led an inspiring and engaging session for the girls aged between 9 and 15 years. She gave a brief history of her netball career from having only starting playing netball at the age of 14 to now being a successful part of



the England squad and going to the Commonwealth Games this month. She set the girls various drills focusing on her speciality of defence and she had them all working really hard; there were lots of red faces at the end!

To add to the day, Julian Taylor (Netball Development Officer for Derbyshire and Nottinghamshire) came along to present the club with its newly obtained bronze CAPS award for which we are very proud of achieving in such a short time.



They all came out of their session with an England netballer feeling energised as well as inspired and the club said they can't wait to watch Stacey on the television at the Commonwealth Games this summer. "We know they are determined for gold this time round, and from what we saw of Stacey and her commitment along with love of netball, we know they will not stop until they get it! Good luck to the England Netball Team in the Commonwealth Games: we are all behind you!"

Competition

Results below from all regional competitions throughout the 2013/14 season

U14 Schools Tournament 2014

1 84	Loughborough His	
2 rd	Uppingham	
311	West Bridgford	
416	Quinton House	

5th Nottingham Girls High School

6th Stamford High Oundle 8th Boston High gth Ecclesbourne 10th Littleover

National Schools U14 Finals

(Top two qualifiers from each Region)

Loughborough finished 5th=/18, Uppingham finished 15th=/18 Regional League 2013-14

U16 Schools Tournament 2014

Tar	Repton	
2 rd	Qundle	
311	Trent	
418	Loughbo	

rough High School 510 Nottingham Girls High School

6th Lincoln School of S & T

714 Uppingham. gth Campion

9th Queen Elizabeth Grammar School 10th West Bridgford Grammar School

National Schools U16 Finals

(Top two qualifiers from each Region)

Repton finished 15th=/18, Qundle finished 15th=/18

Nottingham Girls High School

U19 Schools Tournament 2014

2 rd	Northampton High School
3rd	Bilborough
41h	Qundle
518	Stamford Priory Academy
6th	Loughborough High School
7th	Trent College
8 th	Repton
gth .	The Deepings
10th	Wyggeston & Queen Elizabeti

National Schools U19 Finals

(Top two qualifiers from each Region)

NGHS, finished 15th=/18, NHS finished 17th=/18

U14 Clubs Tournament 2104

111	Futureprint
2***	Northants JMs
314	Cliftonettes
4 th	Brigg
5th	Allestree Swifts
6th	Charnwood
7th	Fenland
818	Alletree Ospreys
gth	Kimberley
10th	Rutland Rockets

National Finals

(Top 2 qualifiers from each region)

Futureprint finished 15th/18. Northants JMs finished 16th/18

U16 Competition 2104

1**	Charnwood Sapphires
2 nd	Brigg
311	Sleaford Barge
4 th	Ripley
5 th	Cliftonettes Jade
6th	Rutland Rockets
7th	Northants JMs
Bes	Eutureprint
gth	Pennine
1 Oth	Cliftonettes Gold

(Top 2 teams from each region) Brigg finished 12th/18, Charnwood finished 18th/18

	Division 1	Division 2
1st	Nottingham City	Southgate
2nd	Hinckley Hurricanes	Steaford Barge
3rd	Leapoole	Lincoln City
4th	Nottingham Knights	Grasshoppers
5th	Bluetits	TFC Too
6th	Falcons	Brigg
7th	Charnwood	Lceni.
8th	Pennine	Northants JMs

Southgate - automatic promotion to Div 1, Pennine - automatic relegation to Div 2 Iceni and Northants JMs - automatic relegation to the Qualifying Tournament

Regional League Play offs 2014

6th & 7th from Div 1 and 2th & 3th from Div 2 contested the Regional Playoffs

111	Charnwood	placed in Div 1
2 rd	Lincoln City	placed in Div 1
314	Sleaford Barge	placed in Div 2
4th	Enleons	placed in Div 2

Cliftonettes

Market Harborough

Charnwood Sapphires

Rutland Rockets 1

Rutland Rockets 2

Ripley Lightning

Ripley Thunder

Duston

Corby

Long Eaton

Futureprint

200

34

410

50

610

750

8th

gth

10th

1118

124

to find 3 teams to join Premier League Div 3 (Winner from each region and bottom 3 from Div 3) Nottingham City finished 4th in their section

Qualifying Tournament 2014

Open entry for 2014 only - to maintain 8 teams in Div 2 and also form division 3

Division 2	Division 3
Ripley	Northants JMs
Loughborough University	Boots Linear
	Lincoln City
	Nottingham City 2

Bridgford Brigg 2





Chibe High 5% 2014

CAUDS HIGH 3 5 ZOZ4	
250	Allestree Kestrels
2 nd	Charnwood Sapphires
344	Allestree Hawks
412	Futureprint
510	Rutland Rockets
610	Cliftonettes
754	Corby

Horncastle Belles

Derbyshire

I use to play netball..... this is true for so many women and, up until two years ago, this was me. I was a county first team player at U16, U18 and as a senior. I played in the BUSA final at university, was in the winning team at the senior inter counties tournament and played top division national clubs. I have two daughters and when I became pregnant with my eldest daughter I stopped playing. I played a bit in between my two daughters births and then stopped playing altogether.

Two years ago I was out with friends and the idea of hiring a court for netball came about. Friends told friends who told friends and with the fantastic support of Julian Taylor, Netball Development Officer for Derbyshire and Nottinghamshire, we set up a regular session at the sports centre in Dronfield. We played in a back to netball tournament and the guest of honour was a lady I used to play with. I was so embarrassed at how unfit I was, I hid and didn't even say hello!

Fast forward two years and I am now a qualified level 2 coach and the Head Coach at Dronfield Netball Club

which grew from our Back to Netball sessions. The club affiliated last September and we play in the South Yorkshire League, gaining promotion in our first season. We still train and have Back to Netball session on Saturdays and due to the interest from our children in playing, we now have thriving children's sessions too.

We have four assistant coaches training for their level 1, two beginner umpires and, from September, two adult league



teams and a children's club with U12 and High 5 teams. We have the most amazing group of ladies who run the club between them including a Treasurer and a Welfare Officer. Julian's advice early on was to share out roles and this has proved invaluable!

I no longer say 'I used' to play netball. I play for and coach Dronfield Netball Club and they are the most amazing, fun and inspiring group of women and children. We are growing fast with our children's teams entering the North Derbyshire League from September. One of our players, Melissa, is working with Julian to help us gain our CAPS accreditation.

To anyone who says to me 'I used to play netball' I say 'get involved again'. There are many roles you can fill; a player, an umpire, a coach or a volunteer. To any Back to Netball sessions thinking of forming a club, it's not as daunting as you think! Just get a team of enthusiastic and committed netball loving friends around you, and then follow the advice of someone like Julian from England Netball!

Alex Styan, Dronfield Netball Club.

Leicestershire

Beth Richards Tournament

On Sunday 22nd June, Hinckley Ladies Netball Club held their annual mixed tournament in honour of a former member and friend Beth Richards. 12 teams of various abilities and ages convened on HLNC's home ground at the Leicester Road Sports Ground and were split into 3 groups with the winner of each group being taken into the semi-finals and then the finals.

There were some great netball skills on display with the men jumping and leaping into the air, making many a female netballer envious! The shots were on top form resulting in some very close scoring games with just a goal or two in difference.



Before the final game was played the winners of the Wooden Spoon had to be decided. This was between 'The



Travis Perkins Crew' captained by Gemma Braga and 'The Mighty Boosh' captained by Claire Aspinall. This proved to be a very entertaining game, drawing in a crowd who cheered their favourite team on. In the end the victorious team was 'The Travis Perkins Crew!' The final was between 'Can We Kick it?' captained by Andrew Chamberlain, and 'Yes Mate!' captained by Hannah Roberts. This turned out to be a very tense game with some nail biting moments. The last goal was scored within 30 seconds of the end of the game, which determined 'Can We Kick It?' as the winners with a score of 6 goals to 5.

To finish the day off, the winners and runners up were presented with their trophies, medals and wooden spoon and of course time was taken to remember HLNC former friend and player Beth Richards.

For more details about the club visit www.hinckleyladiesnetball.co.uk or follow the club @HLNetballClub

School Games

Despite the erratic weather that ensued (rain and thunder storms!) nothing could dampen the passion and spirit of the 1100+ talented young athletes and disabled athletes from across Leicestershire, Leicester and Rutland. Netball's contribution to this event saw 10 schools take part in the High 5 event from across the 10 school partnerships.



After the warm up (right) South Charnwood finished in 1st place with Blaby and Harborough in second and East Leicester took up 3rd place.



In preparation for the event 19 young leaders from the Charnwood Schools Partnership attended the Youth Umpiring Award Course. This was invaluable as they used the skills learned to help with the scoring along with assessing the teams and awarding the points for the 'Spirit' of the Games Award which went to Melton.

Lincolnshire

Bourne Abbey High 5 team

On Saturday 21st June the High 5 netball team from Bourne Abbey C of E Primary Academy represented Lincolnshire at the regional netball tournament in Derby. The team consisted of Eleanor Smith; Isaac Bates; Evie Price; Nathan Bills; Alfie Bennett; Anita Wong and Libby Friel.

The team had played some very high quality matches in their county event and had done a fantastic job to finish in runner-up position and qualify for the event.

Seven teams from across Lincolnshire, Derbyshire and Nottinghamshire were involved on the day and Bourne Abbey were on for the first match. They played some fantastic netball working superbly as a team to comfortably win the match and settle their nerves. Bourne Abbey contin-



ued to show some brilliant individual netball skills and team work as they faced some very high standards of netball. They went on to win four of their matches, draw one and lose just two, finishing in third place overall.

Many thanks to the staff and parents for their very vocal and enthusiastic support on the day.

Northamptonshire

Further success for Friars Academy Netball Team

The Friars Academy Netball team are celebrating again having won the Marion Smith Learning Disability under 17's tournament in Leicester organised by England Netball on Saturday 7th June. This came only 6 weeks after their previous success in the Special Olympics Great Britain national event.



The team won all five of their matches in a gruelling schedule on route to victory against EPCN Dynamos (9-3), Alfriston B (7-1), Southfields (11-0), Alfriston A (4-3), and Midland Mencap (9-0).

Four of the Friars team (Charlotte Evans, Chloe Sturgess, Lisa Kaitano and Rachel Durman) were nominated for the Umpires Player of the tournament with Charlotte Evans winning the award.

Throughout the day the students played at an incredibly high standard. They supported each other, showed great communication and were great at taking on board advice given to them by staff at half time and in between matches.

Head of P.E at the school Miss Turnbull who helped to coach the team said, "The pupils showed great respect to other players and the umpires during the competition and were a credit to Friars Academy. All of the staff involved are extremely proud of the netball team and it was great to see their passion and excitement for the sport."

Nottinghamshire

Back to Netball gets Muddy

On Saturday 28th June nine members of Riverside B2N Netball Club ran the 5k Pretty Muddy Race for Life. They had the best time saying 'it was a great event to attend and good for team building whilst raising money for cancer awareness. There was plenty of laughs and mud; we had obstacles to climb/crawl/slide and we raised over £600 and then had a few drinks to finish of the day.' Cancer plays dirty, but so can we!





Back to Netball League festival

On the 26th June Nottingham City B2N League ran a festival with a whopping 12 teams attending. The festival was a huge success in which 2 pools and then playoffs were very close- a tad tense at times! Southbank B2N Club came out on top. Kelly Brady quoted 'A very successful festival well organised and well attended- we thoroughly enjoyed it and it was a brilliant way to polish our netball skills and meet other enthusiastic netballers.' Amanda Hunt Chair of the League said 'the festival had a real buzz about it. It was great to see new teams join and for our own teams to play without the pressure of the league. Everyone was very friendly'.

Sainsbury's Summer School Games

Eight schools entered the Sainsbury's Summer School Games and the weather held out to ensure a great day was had by all. Greenwood School from Ashfield took gold whilst Abbey Road School from Rushcliffe claimed silver and Wadsworth Fields School from Broxtowe achieved the bronze medal. Thank you to the district School Games Organisers for their help in the provision of the district competitions and to staff for their hard work & support. Well done to all the pupils who took part and thank you to parents and family members who came to watch.



Dates for your diaries

Please see below dates for your diaries. To access the regional calendar visit our website

- 2 August Loughborough Lightning Invitational Tournament
- 18-20 August Loughborough Lightning Summer Camp
- 20-21 September Make the Game Live Conference, Sheffield
- 20 September England Netball AGM and National <u>Goalden Globe Awards</u>, Sheffield
- 30 September Hi 5 workshop Lincolnshire
- 19 October On the Ball workshop Lincolnshire
- 9 and 30 November <u>UKCC level 1 Nottinghamshire</u>
- 15 and 29 November <u>UKCC level 1 Northamptonshire</u>
- 18 November Hi 5 workshop Lincolnshire
- 23 November and 6 December <u>UKCC level 1 Derbyshire</u>
- 31 January Regional Schools competition (reserve 28 February)
- 15, 25 February and 29 March <u>UKCC Level 2 Conversion course</u> (last chance to attend!)
- 8 March Regional U14 Competition (reserve 22 March)
- 14 March National Schools Competition
- 21-22 March Netball Europe U17 Competition
- 22 and 29 March Regional U16 Competition (reserve 12 April)
- 28 March National Screening
- 19 April Regional League Play Offs
- 25-26 April Netball Europe U19 Competition
- 2-3 May National U16 Competition
- 9-10 May Premier League Play Offs
- 10 May Regional Hi5 clubs and U12 Competition (reserve 31 May)
- 17 May Regional League Qualifying Tournament
- 23-24 May National U14 Competition
- 23-24 May Netball Europe Open Competition
- 6 June Marion Smith Tournament
- 21 June Regional Schools Hi5 Tournament
- 27-28 June National Masters Competition









England Netball's Big Summer of Netball

England Netball are advertising all netball events (tournaments; leagues and festivals) taking place during the summer of 2014. To see what's happening in your area visit their website, or to register an event, email bigsummerofnetball@englandnetball.co.uk

Dates for your diaries







Summer Camp

Date: 18th, 19th, 20th August 2014

Cost: £30 per day

Who is it for: 8-16 year olds

Members of the Loughborough Lightning squad will deliver 3 full days of netball coaching to youngsters at Loughborough University, covering all skills with exciting drills and games.

Our Head Coach will have the necessary coaching qualifications, attended child protection, first aid workshops and hold a current DBS disclosure as well as extensive experience coaching players from beginners to National level. They will be supported by current squad members.

What time: 9.30-10am registration, 3.30-4pm collection

What to bring: Suitable footwear, food and drink (refreshments and lunch will not be provided), medication if required.

Contact: For any queries please contact Nick on 01509 226125 or Karen on 01509 226149.

Interested in playing for Lightning?

NSL and NPL screening dates will be available on the <u>Lightning</u> <u>website</u> soon. Keep an eye out and register you details online!

Contact Tara St Clair at t.stclair@lboro.ac.uk or 01509 226751 for any Lightning (NSL and NPL) queries

