

January 2010



# NETBALL NEWS

## FOR THE EAST MIDLANDS REGION



Jo Harten @ the World Series October 2009

### Fast Net, Superleague & the end of an exciting year for Netball East Midlands

#### World Test Series.....

October saw for the first time ever the introduction of the new 'Fast Net' Rules for the World Series. The innovative rule changes in the new format tested the fitness, technical ability and tactical awareness of the best players in the world. Each game was played over four, six minute quarters and was a high energy, awesome spectacle.

The series involved the world's top six netball nations, England, Australia, New Zealand, Jamaica, Samoa and Malawi. Turn to page 4 to see match report and results.

This season will see a new Lightning Team captained by England's Jo Harten. See the Loughborough Lightning page for the latest news.

#### An end to a good Year for Netball East Midlands...

Netball East Midlands ends a successful year with our very own National Golden Globes winner; Carol Spencer, Newly Appointed England Netball Director; Andy Borrie and a full strength workforce continuing to support and develop netball in the East Midlands.

England Netball East Midlands team now operates with 5 Netball Development Officers who join Regional Manager Hayley Peel, Regional Co-ordinator Kelly Walker, Rosie Port, Regional Excel (Talent) Coach.

#### CLUB NEWS PAGE 2

#### AUSTRALIA COMES TO NOTTINGHAM IN FEBRUARY PAGE 4

#### NEW CAPS INFORMATION & COURSE PAGE 7



**message  
from Hayley Peel  
& Sue Collin**

**"Thank you to everyone for all your support, time and work this year and enjoy the break over Christmas and New Year"**

# January 2010



## Club News from Northants.....

### Congratulations to:

**Futureprint Under 16 Netball Team were nominated for  
TEAM OF THE YEAR AT  
NORTHAMPTONSHIRE SPORTS AWARDS!!!**



Futureprint also won the Northampton Under 16 League unbeaten and went through to the National U16's final.

Two of Futureprint's players have been part of the East Midlands Excel Programme and for another Senior Club. Amongst the team are players who have gone on to progress to taking their coaching award. Another two players have now passed their Umpire 'C' Award and all of this combined with a very hectic year at school studying for their GCSE's.

## Club News from Nottinghamshire's Bramcote Netball Club

### Bramcote Netball Club Celebrates it's 2nd Birthday

January 2008 saw the launch of Bramcote Netball Club, started up by three friends, two of whom previously played competitive netball for another club in Nottinghamshire. The idea to start up a club in the area was discussed initially in a light hearted way. But after further discussions, they all agreed to give it a go.

Vicky Hilton said 'We have now three established squads of players and are delighted with all of our successes on and off the court, which is down to our dedicated players who turn up to play in all weathers, and all our volunteers who help organise social events, umpire and co-ordinate different activities for the club. We pay for a coach to come as often as she can, on the nights she isn't able to we organise it between ourselves and try to vary it as much as possible with netball skills and fitness and ensuring it is always fun! Our main achievement has been getting women back to playing netball after having a break for a variety of reasons including having children, moving house and just giving them the confidence to start playing a sport they loved to play when they were at school and to play in a friendly mixed ability club'.



Two years on Bramcote Netball Club have many achievements on the court:

- 3 times winner of the Two Counties Tournament
- 1<sup>st</sup> place in division two at the John Birch 5-a-side league (it was the first time at 5-a-side!)
- 2nd in division 2 Nottinghamshire Netball Association summer league
- First in the Sunday Nottinghamshire Netball Association Division two Winter League promoting us to the Division 1 for the remainder of the season
- Won five out of our six games in the West Park Netball league
- Currently top of Division 2 in the Nottinghamshire Netball Association Saturday league

**Congratulations and Well Done to Bramcote Netball Club!**

If you are interested in joining Bramcote Netball Club, please email [netball@bramcotehills.com](mailto:netball@bramcotehills.com), or you can text / call on 07546 585184. Training is on Tuesday evenings at Bilborough College from **8.00pm until 9.00pm.**

**Have you got  
A good news  
Story to share?**

**Contact Kelly Walker on:  
Tel 01509 226753  
Email: [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)**

## Regional News....

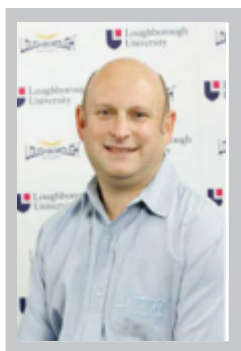
### Regional Excel Squad Announced

Trials were held during October for Regional Screening Day, whereby Under 17 girls from each of the 5 counties in the East Midlands attended. Regional Excel Programme is the next progression from County Academy, providing a comprehensive coaching programme which enhances technical and tactical development thereby allowing players to refine these skills within their club and club competition environments. The girls will attending training sessions coached by Rosie Port, Bev Burnham and Val Kindred.

Congratulations and well done to the following girls who made the squad:

Amelia Oakman	Charnwood Sapphires	Beth Newman	Barge & Bottle
Maria Acierno	Charnwood Sapphires	Emily Marshall	Brigg & District
Mia Baker	Charnwood Sapphires	Hannah Millns	Brigg & District
Saadia Hassan	Charnwood Sapphires	Laura Maloney	Lincoln City
Amy Leach	Pennie	Natalie Simpson	Lincoln Imps
Deanna Cooke	Wirkworth N.C	Kimberley Pratt Brigg	
Elisha Cooper	Pennine	Celish Van- Renbury	Kettering Cougars
Jessica Smith	Pennine	Clare Drakeford	Northants JM's
Katie Sheldon	Southgate/Long Easton	Daisie Torpey	Futureprint
Nicole Bailey	Allestree	Emma Laurie	
Emily Turgoose	Nottingham City	Harriet Frost	Northants JM's
Georgia Blessed	Nottingham City	Isobel Sayer	Futureprint
Lynsey Cover	Cliftonettes		
Sarah McAnallen	Nottingham City		

## Congratulation to East Midlands Andy Borrie on his appointment as a Director For England Netball



Andy Borrie was appointed to serve as a Director on the England Netball Board, until the next AGM in September 2010. Andy who also sits on the East Midlands Regional Management Board said "I am absolutely delighted to have been asked to join the Board. The invitation to join the Board came 20 years to the month after I first worked for England Netball and I have enjoyed every minute of my time working in the sport. I will relish the opportunity to help drive the sport forwards and get it the recognition and profile it deserves."

**Congratulations to Andy on his appointment**

**Have you got  
A good news  
Story to share?**

Contact Kelly Walker on:  
Tel 01509 226753  
Email: [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)



# January 2010



## International News.....

### World Test Series Results 9th - 11th October 2009



Samoa 16 v **England 36**  
Australia 31 v Jamaica 26  
New Zealand 27 v Malawi 22  
**England 24** v New Zealand 21  
Samoa 22 v Jamaica 30  
Malawi 19 v Australia 31  
Jamaica 28 v New Zealand 37  
Australia 25 v New Zealand 22  
Malawi 33 v Samoa 16  
Jamaica 24 v **England 27**

Australia 37 v Samoa 18  
Malawi 22 v **England 33**  
Samoa 14 v New Zealand 34  
Malawi 25 v Jamaica 30  
**England 25** v Australia 19  
**England 22** v Jamaica 33  
Australia 17 v New Zealand 27  
Malawi 28 v Samoa 20  
Australia 23 v **England 18**  
Jamaica 27 v New Zealand 32

Final Placing's:  
1. New Zealand  
2. Jamaica  
3. Australia  
**4. England**  
5. Malawi  
6. Samoa.

## International Events coming soon.....

### The Co-operative International Netball Series 2010

#### England v Australia

Netball East Midlands is proud to announce the return of 'The Co-operative International Netball Series' to the Trent FM Arena in Nottingham, on Sunday 21st February 2010. For the first time, the world's top netball teams are heading to the Echo Arena, Liverpool and they will also be returning back to the The O2 Arena and Trent FM Arena.

#### TRENT FM ARENA NOTTINGHAM - Book Now!

**Tel: 08444 124 624**

- Adult full price **£20**
- Adult member **£17**
- Junior full (under 16s) **£12**
- Junior member (under 16s) **£10**
- Family of 4 (2 adults and 2 juniors) **£52**

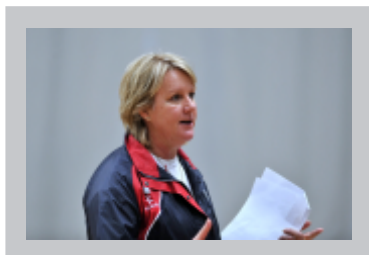
[www.englandnetball.co.uk/international](http://www.englandnetball.co.uk/international)

**SPECIAL OFFER for all three venues- Buy 9 Junior Tickets get 1 Adult ticket FREE!**

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## Coaching News..... Coach Sharing Day with Sue Hawkins



After a successful 'Coach Sharing Day' in March, Rosie Port, Regional Excel Coach organised yet another successful sharing day at the Netball Badminton Centre in Loughborough during October.

The day saw over 40 women and girls participate in skills, drills and listened to coaching tips from Sue Hawkins, England National Coach. Regional Excel Coach Rosie Port said 'its a great way of not only learning new skills but being able to share ideas and techniques with other coaches'.

The Sharing Days are open to any coaches within the Region and offer a chance for coaches to share ideas, observe sessions from guest coaches and gain support from the Regional Excel Coach and each other. For more information on Sharing Day's please visit the Regional website:

[www.eastmidlandsnetsball.co.uk](http://www.eastmidlandsnetsball.co.uk)

## New Year, New Look for Netball East Midlands.....

'This year Netball East Midlands is raising the profile of netball with it's exciting 'new look'. This is the first of the Quartley Newsletters in the new purple design. You will also see the same design on flyers and promotional materials with a newly designed website which will be launched in March 2010.

The East Midlands Netball Association and Netball East Midlands worked alongside an organisation called 'Pro Help', who work with over 600 professional firms committed to making a difference in their local community by providing free advice and professional support. Pro Help assigned John Day, who volunteered his expertise to increase the recognition and profile of netball. John put the region in contact with a company called 'Big Communications' who specialise in advertising, design, direct marketing and fully-integrated brand campaigns, to redesign our newsletter, flyers, promotional materials and the East Midlands website.

East Midlands Netball Association and Netball East Midlands would like to thank 'Pro Help' and 'Big Communications' for their help and support. Special thank you to John Day for his hard work and commitment in raising the recognition and profile of netball in the East Midlands. For more information visit::

[www.bigcommunications.co.uk](http://www.bigcommunications.co.uk)

[www.bitc.org.uk](http://www.bitc.org.uk)

**New website  
Coming soon  
Watch this  
Space.....**

# January 2010



## Courses - Coaching



### UKCC Level 1

#### Leicestershire

13<sup>th</sup> & 14<sup>th</sup> March, 10<sup>th</sup> April 2010, Soar Valley College, Leicester, 9-6pm. £170

#### Derbyshire

27<sup>th</sup> & 28<sup>th</sup> February, 27<sup>th</sup> March 2010 Derby Moor Community Sports College / West Park School (27<sup>th</sup> March only) 9-6pm. £170

**UKCC Level 1 Course dates from April 2010 – March 2011 soon to be confirmed.**

### UKCC Level 2

Netball East Midlands will be running 3 UKCC Level 2 courses from April 2010 – March 2011. Course dates will be available soon.

### UKCC L3 – Taster Course – Free

It is recommended before you attend the taster session before booking onto the UKCC L3 course. Please contact Emma Walker on 1462 442344 ext 122 to confirm your attendance on a taster session.

15<sup>th</sup> February 2010, 10-4pm, Loughborough University, Netball and Badminton Centre, Loughborough

### UKCC Level 3

1st & 2nd May, 26 & 27th June, 17th & 18th July 10, 4th & 5th September 2010, Soar Valley College, Leicester.

For more information on UKCC courses and booking forms please visit:

[www.englandnetball.co.uk/coaching](http://www.englandnetball.co.uk/coaching)

### **Want to become a tutor?**

England Netball is inviting qualified Level 2 coaches to join their tutor and assessor work- force to deliver the UKCC Level 1 & 2 qualifications.

#### Tutor Training Dates

Holiday Inn, Taunton 23rd & 24th January & 6th February 2010

The cost for the courses are £300 per person

England Netball do provide a pay back scheme.

Download a booking form from

[www.englandnetball.co.uk/coaching/tutorassessortraining](http://www.englandnetball.co.uk/coaching/tutorassessortraining)

## Courses - Umpiring



### 'C' Award Umpiring Course

27<sup>th</sup> February 2010, Soar Valley College, 10-4pm, £25 pp

Contact Kathy Stripp on [kathyandpercy@btinternet.com](mailto:kathyandpercy@btinternet.com) or visit [www.lcna.co.uk](http://www.lcna.co.uk)

# January 2010



## CAPS Accreditation.....



The CAPS Accreditation is going through an exciting transition and has been updated with new logo's and additional criteria to continue to maintain a high quality standard for netball Clubs. Clubs will be rewarded with vouchers as part of the CAPS incentive scheme.



In order to support the transition with the additional criteria, Netball East Midlands is offering support to newly registered clubs, clubs who have registered and working towards CAPS and Clubs who already have Bronze, Silver or Gold Accreditations. The next step is to

**New Clubs wishing to register for CAPS** - download and application form from [www.englandnetball.co.uk/clubs/CAPS](http://www.englandnetball.co.uk/clubs/CAPS)

**Working towards CAPS Clubs** - Should have received information from the Regional Office, contact your Netball Development Officer for advice and support (see last page for details)

**CAPS Accredited Clubs** - Should have received information from the Regional Office, contact your Netball Development Officer for advice and support (see last page for details)  
Complete additional criteria and submit to the Regional Office by 30th April 2010,

### New Deadline for CAPS Assessments:

Friday 12th February 2010  
Friday 14th May 2010  
Friday 13th August 2010  
Friday 12th November 2010

## CAPS's Courses....



**Club For All** - Optional for Clubs to attend but not essential

25th Jan 10	Queen's Park Cricket Pavilion, Derbyshire	6.30-9.30pm	01246 345 569
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### **ScUK Safeguarding & Protecting Children**

26 Jan 10	Bosworth Sports College, Leicester	6.30-9.30pm	01509 226745
30 Jan 10	Crown Hills Community College, Leicester	12.30-3.30pm	01162 739260
09 Feb 10	Etwall Leisure Centre, Derby	6-9pm	01283 228752
03 March 10	The Willison Centre, Roade, Northants	6.30-9.30pm	01604 864581
03 March 10	Grimsby Institute, Lincolnshire	6.30-9.30pm	01472 267404

### **Equity In Your Coaching**

21 Jan 10	Kettering Golf Club, Kettering, Northants	3-6pm	01604 236976
30 Jan 10	Crown Hills Community College, Leicester	9-12 noon	01162 739260
27 Jan 10	Moorlands House, Staffordshire	6.30-9.30pm	01785 619695



## Funding Update.....

### East Midlands Grant Scheme

Netball East Midlands wishes to support their affiliated members by providing course subsidies and mentoring opportunities to help develop coaches and umpires across the region.

Eligibility:

- Up to 50% subsidy is available towards UKCC Level Two
- Up to 50% subsidy is available towards UKCC Level Three
- Up to 50% of A and B Umpire courses and test.
- Up to 50% for accreditation and re accreditations for umpire tutor and tester courses



Please note if you would like funding for a UKCC Level 1 / C Award courses contact your County Association for information on funding that can be gained through the Association or other organisations within the county.

If you are unable to gain funding through your county please email: [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)

Next deadlines for applications are:

1st March 2010

1st May 2010

1st July 2010

### Useful Funding websites:

National

[www.sportengland.co.uk/funding](http://www.sportengland.co.uk/funding)

Regional

[www.fundingindex.co.uk](http://www.fundingindex.co.uk)

County

Visit your County Sport Partnership website for updates on funding programmes in you County.

**Derbyshire:** [www.derbyshiresport.co.uk](http://www.derbyshiresport.co.uk)

**Leicestershire:** [www.lrsport.org](http://www.lrsport.org)

**Lincolnshire:** [www.lincolnshiresports.com](http://www.lincolnshiresports.com)

**Northamptonshires:** [www.northamptonshiresport.org](http://www.northamptonshiresport.org)

**Nottinghamshire:** [www.sportnottinghamshire.co.uk](http://www.sportnottinghamshire.co.uk)



# January 2010



## Loughborough Lightning News.....

[www.loughboroughlightning.co.uk](http://www.loughboroughlightning.co.uk)



Jo Harten has been named as the new Loughborough Lightning captain following a community launch event held on Saturday 21st November. Lightning launched their season in style with a gala evening of entertainment hosted at Loughborough University and attended by more than 200 people.

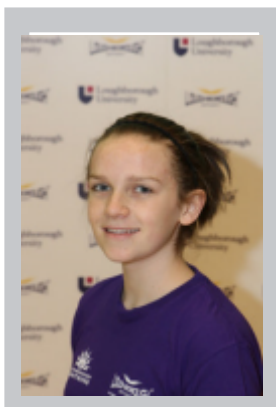
Lightning's players for the 2009/10 Cooperative Netball Superleague season were unveiled in front of a full house at the Netball Badminton centre. The evening also saw two netball matches, a fashion show, dance displays, Q&As with the Lightning England players and a demonstration from the Royal Air Force.

Loughborough student Harten heads an up-and-coming Lightning team for the forthcoming season and follows in the footsteps of England players Olivia Murphy and Jade Clarke and who have captained the side since its inception four seasons ago.

Harten is joined by fellow England U21 squad members SJ O Sullivan, Katie Rose, Layla Guscoth, Alex Kirk and Michaela McFarlane as well as former England U19 players Masego Motaung and Jade Forbes-Wattley in the 15-strong squad that features eight Loughborough students past and present.

The team has an international flavour this year with Australia U21 invitee Rebecca White joining Loughborough in the mid-court.

Lightning started their 2009/10 Superleague campaign on Saturday 12 December away to Leeds. See below for results and fixtures.



### Lightning Training Day

**21st February 2010, 10-4pm**  
**Netball Centre**  
**Loughborough University**  
**11-16 years**

**For more information call:**  
**01509 226250**

## Lightning Squad 2009 / 2010

Lianne Badmin (GS/GA)  
Rebecca James (GS/GA)  
Joanne Harten (GA/GS)  
Alex Kirk (GA/WA)  
Michaela McFarlane (WA/GA)  
Katy Rose (WA/C)  
Rebecca White (C/WA)  
Sarah Jane O'Sullivan (C/WA)

Masego Motaung (WA/WD/C)  
Tallisa Haynes (WD/GD/C)  
Rebecca Gentle (WD/GD)  
Kara Luck (GD/WD)  
Emma Bliss (GD/WD)  
Layla Guscoth (GK/GD)  
Jade Forbes-Wattley (GK/GD)

## Results & Fixtures

Leeds Carnegie	47-42	Loughborough Lightning	12 Dec 09 (Sat)
Loughborough Lightning	P v P	Team Bath	21 Dec 09 (Mon) <b>CANCELLED</b>
Loughborough Lightning	P v P	Glasgow Wildcats	07 Jan 10 (Mon) <b>CANCELLED</b>
Northern Thunder	P v P	Loughborough Lightning	10 Jan 10 (Sun) <b>CANCELLED</b>
Northumbria	v	Loughborough Lightning	18 Jan 10 (Mon)
Loughborough Lightning	v	Mavericks	30 Jan 10 (Sat)

**Due to the adverse weather conditions three Loughborough Lightning matches have been cancelled and will be re-scheduled later on in the season.**

# December 09



## Deadlines & Contact Information.....

Many thanks for taking the time to read this newsletter. We hope that it has filled you with some useful information. **WE WOULD LIKE TO HEAR MORE.....**

If you would like to RECEIVE or CONTRIBUTE to this newsletter or would like to add a photo please contact the editor Kelly Walker on [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk) or post your information to our address.(please see below)

### Newsletter Deadlines:

30th March for April Issue  
30th May for July Issue  
30th September for October

Many Thanks  
East Midlands Team

## Regional Unit Contact Details

**Regional Manager:** Hayley Peel  
Phone: 07970 059904  
Email: [hayleyp@englandnetball.co.uk](mailto:hayleyp@englandnetball.co.uk)

**Regional Co-ordinator:** Kelly Walker  
Phone: 01509 226753  
Email [eastmidlands@englandnetball.co.uk](mailto:eastmidlands@englandnetball.co.uk)

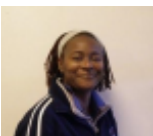
### Netball Development Officers:



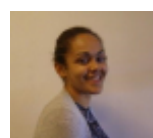
**Derbyshire:** Hayley Bladon  
Phone: 07545 924 993  
Email [hayley.bladon@englandnetball.co.uk](mailto:hayley.bladon@englandnetball.co.uk)



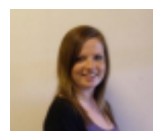
**Lincolnshire:** Louise Key  
Phone: 07545 924 994  
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**Nottinghamshire:** Nicola Thorpe  
Phone: 07545 924 958  
Email [nicola.thorpe@englandnetball.co.uk](mailto:nicola.thorpe@englandnetball.co.uk)