# East Midlands Netball Newsletter

November

2014

East Midlands Netball @EastMidlandsNet eastmidlands@englandnetball.co.uk

### Award Success

Donna Beckett won the Officiating Goalden Globe Award back in June at our Re-

gional Celebration Event for her commitment to officiating not only in Derbyshire, but also across the whole of the East Midlands.

The following September, Donna also went along to the star-studded National event held in Sheffield, where the theme was 'Glitz and Glamour'. We are delighted to announce that whilst there, Donna also won the National Award!

We think it is thoroughly well deserved and want to say huge 'well done' to Donna! We would also love to say a big 'well done' to Laura Stephen, who was awarded the England Netball Pass on your Passion Award for undertaking 400 hours volunteering in netball in Nottinghamshire. Congratulations to both and thank you for your endless support and love of netball!

Looking to double up on her recent Goalden Globe Awards victory, Donna Beckett was also a finalist for the Official Coach/Mentor of the Year at the recent Sport Official

UK Awards.





Netball

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# East Midlands Netball Newsletter

### Award Success (continued)

On Thursday 6th November, three of the regions County Sports Partnerships (Northamptonshire, Derbyshire and Lincolnshire) held their Sports Awards.

Netball was well represented across each of the awards, with nominations and winners in a number of categories.

Congratulations to the following...

#### Northamptonshire

- Julie Long (Future Print NC)- Winner of the 'Volunteer of the Year' category
- Rachel Durman, Netballer from Friars Academy-Winner of 'Disabled Sports
  Person of the Year'
- Friars Academy Netball- Runners up in both the 'Performance Team of the Year' and 'Community Team of the Year' categories
- Heather Phillips (Corby NC)- Runner up in the 'Young Leader of the Year' category

#### Lincolnshire

• Lincoln City Netball Club- Runners up in the ' Sports Club of the Year' category

#### Derbyshire

• Rosie Port (Cooper's Stars NC)– Winner of the 'Service to Sport 2014' award



Photo's coming soon... keep an eye out on Social Media and the Regional websitehttp://www.eastmidlandsnetball.co.uk/

# News from the Region

### Vacancies

This is an exciting time for Netball. We are the fastest growing women's sport and the East Midlands region have recently undergone a strategic re-structure of regional management, appointing Board/TSG Group Members who collectively have the skills, abilities and experience appropriate to the needs of the individual groups and the organisation as a whole.

We are currently recruiting for two positions as highlighted below; further information on both roles, including Job Descriptions can be found on the East Midlands Netball websitehttp://www.eastmidlandsnetball.co.uk/

#### Regional Performance Programme Coordinator

A new Regional Performance Coordinator is required in the region due to the promotion of our previous Coordinator. We are looking to fill this voluntary position with a remit to carry out administrative tasks supporting the Performance Pathway Coach in delivery of the both the Regional Academy and the Regional Performance Academy (part of the England Netball Performance Pathway).

Should you wish to have an informal discussion in respect of this position then please contact the Regional Office either by telephone (01509 226753) or email (eastmidlands@englandnetball.co.uk), leave your details and the Regional Chair will contact you for an informal discussion.

The closing date for this position is Friday 14<sup>th</sup> November at 12pm.

#### Regional Performance Assistant Coach

We are looking for a Coach to assist our Performance Pathway Coach in the delivery of the East Midlands Regional Performance Academy. We are looking to fill this paid position with a remit to assist the Head Coach in all sessions on Wednesday evenings and occasional Saturdays.

Should you wish to have an informal discussion in respect of this position then please contact the East Midlands Performance Pathway Coach, Sam Brightman at Samantha.brightman@englandnetball.co.uk or 07525 702639. (Please leave a message and your call will be returned.)

Please refer to the website for the closing date and when interviews will be held. These will however fall on a Regional Performance Academy session which are on Wednesday evenings.

#### Interested?

If you are interested in either position, then download the application pack (<u>http://dld.bz/</u><u>dz9cU</u>) and return to via email (eastmidlands@englandnetball.co.uk) or post (East Midlands Netball, Netball and Badminton Centre, Loughborough University, Leicestershire, LE11 3TU).

# News from the Region

### Looking Ahead

#### New Regional Manager

This month we are officially welcoming Melissa Carr to the team! Taking up the position of Regional Manager, Melissa joins us from British Gymnastics where she previously worked as a Club Coach Coordinator. Having had the experience of managing a large delivery team across the East and East Midlands regions whilst in the role of Area Manager, Melissa undoubtedly withholds the determination and skillset needed **for such a big role within England Netball. We're glad you** came to your netball senses Melissa!



#### Baby Joy

Katie Griffin, our Regional Coordinator recently started maternity leave. On Wednesday 5th November, Baby Girl Griffin arrived at 12.33am weighing in at 6lbs 13-1/2oz. Both Katie and baby (yet to be named) are home and both in good health. Congratulations Katie and Ross on their new arrival and our newest netball fan!

#### New Regional Coordinator

In the mean time, Stephanie Orr will be covering the role of Regional Coordinator. Stephanie, is an experienced administrator and netball enthusiast, has been heavily involved in junior club netball in the East Midlands!

The warmest of welcomes to both Melissa Carr and Stephanie Orr in their new roles. And the best of luck to Katie Griffin and her new family.





### Lincolnshire

### CAPS

Congratulations to Fenland Netball Club on achieving Silver CAPS accreditation!

#### Club Success

Washingborough Imps Juniors continue to go from strength to strength and are set to enter the County League at U14 and U15 for the first time since being established last year.

### Umpiring Recognition

Emily Broad from Fenland NC has passed her C Award umpiring, making her the youngest qualified umpire in the County –congratulations Emily!

#### Family Netball Fun in Bassingham

During the school summer holidays, a few friends from Bassingham, Carlton-le-Moorland and Witham St Hughes got together for a picnic and a very informal mums and youngsters netball session. Typically it decided to rain, but we donned our waterproofs and got stuck in. I conducted a fun warm up and skills session, then we played a game of netball in **mixed teams. The mums displayed some hidden skills and a competitive streak that I don't** think their children had ever seen! The children got the chance to run around in the fresh air and have fun exercising with their mums.

The session took place at the Hammond Hall outdoor multi activity area in Bassingham. It was so much fun that we have another one planned for the October half-term.

Louise Muir, Level 2 Coach, Bassingham Belles NC.







#### Leicestershire

#### Rutland County Netball League

This was the 5<sup>th</sup> Rutland Day event held at Rutland Water which was well attended by several thousand people & players with an 'Active' theme. Showcases were local food and drink, music and activities for the County.

Events included Nordic Walking, local football teams, yoga and aerobic. Rutland County Netball League (RCNL) showcased ball skills, passing and shooting (medals given out to some talented participants) under the guidance of Val Kindred, County Netball Development Officer for Leicestershire.

RCNL started in 2011 currently with 11 teams playing competitively, this event was an ideal way to promote the Back2Netball encouraging the ladies of Rutland have a go or return to the sport. Our aim is to have 30 teams in the league by 2015 so we are nearly half way there and have gained contact details of many enthusiasts from the event.







#### Back to Netball: Melton Mowbray

Back to Netball, Melton Marvels NC finished its first successful season with a summer fundraising event, playing matches on a hot July evening. They joined with the Dentists and Nurses from Melton practice, High Street Dental Care, helping to raise £750 for the cardiac intensive care unit at Glenfield Hospital, Leicester.

**Stefan Kaczmarczyk, lead Dentist said: "Everyone who played had great fun** - it was very enjoyable. Melton Marvels and the dental staff decided which charity to play the match for and it is a charity which is particularly personal to me as I had open heart surgery at Glenfield in March. The evening came to close due to fading light and raffles. A big thank you to all officials and helpers who assisted in this even taking place: Kate Wilcox, Feroza Ladd, Harriet Stephenson, Becky Greaves, Stefan Kaczmarczyk and Jenny Smith (who Becky persuaded to delay her holiday for a week to pull in the co-ordination of the **night!)".** 

#### Leicestershire (continued)

#### Market Harborough

More than 100 girls and young women aged 9-16 turned out to the Market Harborough Youth Netball Club annual presentation evening. Celebrating another successful year, a special award was presented to Lindsey Bates from Leicestershire Netball for the massive success of her High 5 Squad.

With the club going from strength to strength and sights sets on even more success in the future, Wendy Hayward (Support Officer at the club) explained: "With support from Leicestershire County Netball and working with the local leisure centre, the Market Harborough Youth League is joining forces with the Adult League to provide netball from High 5 right through to adults! We are working with our coaches, helpers and supporters to provide enjoyable structured netball for girls, with clear pathways and opportunities. We have had a number of players see the transition to Premier League Netball. These are exciting times for netball in our local area, and credit has to go to the amazing team who have worked incredibly hard over the years to make this happen."

The club's youth training is led by volunteer coaches and umpires from the Ladies Adult League, working with parents to co-ordinate teams and practice. The ladies league has helped enable a natural progression for the girls to play in the adult leagues, encouraging an interest and focus on sport into their adult life.

Tommie Marlow, Club Marketing Officer, said: "Sport is a great platform for life's experiences. It builds communication skills, teamwork, respect and a sense of achievement. It's fun and great exercise."

Training takes place on Wednesdays and Thursdays at the Leisure Centre Dome with matches being played on Sundays.

More information about playing or volunteering visit can be found at: <u>www.marketharboroughnetballleague.com</u>



### Nottinghamshire/Derbyshire

#### Netball Youth Camp

This summer saw the delivery of one of the first of England Netball's new Netball Youth Camps at Trent College. It ran over three days from the 28<sup>th</sup>-30<sup>th</sup> July. We had 35 girls attend, many of whom were from the County academies & satellites in Derbyshire & Nottinghamshire. However, we also had girls travel from Rotherham, Doncaster & Lincolnshire to take part. Lauren Massey, England U-21 & Loughborough Lightning player, also came along to deliver some sessions and chat to the girls about her career pathway. A special mention to Louise Key, Lincolnshire NDO, who was lead coach for the camp and put together a quality activity programme which kept the girls active and engaged for duration of the camp. To see a day by day blog by following the link: www.saffronsnetballblog.simplesite.com

Look out for details of next years camp coming soon!

Julian Taylor, NDO Derbyshire/Nottinghamshire



### Northamptonshire

#### Commonwealth Journey

My Cyldesider journey to Commonwealth Games started Tuesday 15th July from Milton Keynes train station. Full of excitement a little nervous but very well prepared, all my training complete, uniform packed and ready to take on my extra special challenge.

The athletes, all from so many different backgrounds, makes sport a very special community... the difference in athletes of top quality with everything supplied down to some training in bare feet! Shifts were long, from 7am-3pm (plus travel!) and every day was different... working with different colleagues, and taking on new duties... but we kept smiling!

To add to my excitement, on the second weekend I was joined by my family and great friends- Marion, Pat and Cheryl. It was brilliant to share my experience, especially at the SECC and The Hydro on Finals Day of Netball. Our highlight was lunch with the England supporters team and players... we also made it to the front page of the England newsletter!

The enjoyment I experienced is very difficult to explain, and something I will cherish for a **lifetime. Happy memories and so many special photos and memorabilia saved... Thank You** Glasgow!

Suzanne Coleman

## Dates for your diaries

Please see below dates for your diaries. To access the regional calendar visit our website

- 15 and 29 November <u>UKCC level 1 Northamptonshire</u>
- 18 November Hi 5 workshop Lincolnshire
- 23 November and 6 December <u>UKCC level 1 Derbyshire</u>
- 29 November B Award Umpire Course Loughborough Uni
- 31 January Regional Schools competition (reserve 28 February)
- 15, 25 February and 29 March <u>UKCC Level 2 Conversion course</u> (last chance to attend!)
- 8 March Regional U14 Competition (reserve 22 March)
- 14 March National Schools Competition
- 21-22 March Netball Europe U17 Competition
- 22 and 29 March Regional U16 Competition (reserve 12 April)
- 28 March National Screening
- 19 April Regional League Play Offs
- 25-26 April Netball Europe U19 Competition
- 2-3 May National U16 Competition
- 9-10 May Premier League Play Offs
- 10 May Regional Hi5 clubs and U12 Competition (reserve 31 May)
- 17 May Regional League Qualifying Tournament
- 23-24 May National U14 Competition
- 23-24 May Netball Europe Open Competition
- 6 June Marion Smith Tournament
- 21 June Regional Schools Hi5 Tournament
- 27-28 June National Masters Competition









# LIGHTNING





Our Loughborough Lightning senior squad are gearing up for the 2015 Netball Superleague season under the direction of Karen Atkinson and Olivia Murphy.

"We are excited to renew our playing partnership as coaches for Loughborough Lightning. I am excited to be back in the East Midlands as the head coach for Loughborough Lightning, with the added bonus of working with Olivia as my assistant Coach. We are looking forward to the season ahead and hope to make some big improvements both on and off the court. We hope to see as many old and new faces as possible at our up-**coming fixtures**" - Karen Atkinson.

ALL SQUADS WILL BE ANNOUNCED SHORTLY !

#### Lightning Training Academy

Lightning are very pleased to introduce the first year of our U15 Training Academy. There was a great turn out at screening and we would like to thank all those who trialled.

Training will get underway in November and we will be working hard in preparation for our matches against the Mavericks and Thunder Junior squads at Easter.

#### Holiday Programmes

Lightning offered their first Master Class in October and it was a huge success. Young athletes from the East and West Midlands participated in a day full of activity with Lightning coaches and players. Look out for future Master Classes and Holiday camps dates on our website, Facebook and Twitter.

09/02/15	7.30pm	Loughborough Lightning vs. Celtic Dragons
21/02/15	6.00pm	Loughborough Lightning vs. Surrey Storm
09/03/15	7.30pm	Loughborough Lightning vs. Yorkshire Jets
	5.00pm	Loughborough Lighting NPL vs. West Mids Warriors NPL
21/03/15	6.00pm	Loughborough Lightning vs. Hertfordshire Mavericks
	4.00pm	Loughborough Lightning NPL vs. Yorkshire Jets NPL
27/03/15	7.30pm	Loughborough Lightning vs. Team Northumbria
06/04/15	7.30pm	Loughborough Lightning vs. Team Bath
11/04/15	6.00pm	Loughborough Lightning vs. Manchester Thunder

Home Fixtures

Get your tickets online at http://loughboroughsport.com/loughborough-lightning

Twitter: @LoughboroughLightning

Facebook: Loughborough Lightning