East Midlands Netball Newsletter

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Welcome to the Winter edition of our quarterly newsletter!

Keep up to date on all East Midlands news, including our upcoming Netball Youth Camps, latest officiating and coaching news, a spotlight on the Pass on Your Passion scheme along with news from around the counties! Winter 2022



IN THIS EDITION

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Regional News

Netball Youth Camps over Half Term!





February Half Term Netball Youth Camp for 9 to 11 year olds is now open for booking! Fun activities, new skills, new friendships and lots of laughter

Thursday 18th February 2022 10am -3pm Moulton College (Northamptonshire)

Book <u>here</u>

Monday 14th February 2022 10am - 3pm Deans Sport and Leisure (Lincolnshire)

Book <u>here</u>



International Women's Day Walking Netball festival!

East Midlands will be running a Walking Netball festival to celebrate International Women's Day. It will take place on the 13th March at Catmose Leisure Centre in Oakham. Please contact

Louise.Key@englandnetball.co.uk for more details!

Competitions

U15 and U17 National Club Cup 2021/22 Competition

The U15 and U17 National Club Cup-Midlands Round took place on Saturday 18 and Sunday 19 December, allowing athletes who missed out last season to have their chance to compete on the national stage.Our East Midlands teams competed at the David Ross Sports Village at the University of Nottingham.

Congratulations to Charnwood Rutland Warriors U17 on winning the final against Parkside Netball Club 32-21! They will now go forward to the national Play-offs against the winner of the North round and the South round. These three teams will battle it out to be the National Champions.

The other U17 East Midlands teams finished:-

- 1st Charnwood
- 4th Brigg and District
- 6th Northants Storm
- 7th Nottingham City
- 8th Market Harborough
- 9th Fenland

Our U15 teams finished:

- 4th Cliftonettes
- 5th = Bramcote Epworth Charnwood Northants Storm

9thNottingham City10thLincoln City

Full under 15 results <u>here</u> Full under 17 results <u>here</u>



Competitions

Coming later this season

Clubs U11s Tournament – May 8th Clubs U12s Tournament – May 15th Both events will be open entry – watch out for entry forms after 1st April

Regional League Qualifying Tournament – May 29th Open to 2 teams from each county. Contact your County Competition Group if you are interested

> Qualifying Tournaments for next season's Junior League U14s – July 3rd

> > U16s – July 10th

Regional Schools Competition results

On the 29th January, schools from all over the East Midlands came to competition in the regional school competition! Thank you to all the organisers, officials, coaches and volunteers that helped make this a fantastic event. Well done to all the schools competing and congratulations to **Stamford U14s**, **Oakham U16s** and **Repton U19s**! The top 2 in each age group will go on to represent the East Midlands at the National Schools competition on 12th and 13th March 2022 at Oundle School.





U14	
1st	Stamford
2nd	Trent College
3rd	Oakham
4th	Leicester Grammar
5th	Bourne Grammar
6th	Allestree Woodlands
7th	Oundle
8th	Nottingham Girls High School
9th	Toothill School
10th	Wellingborough School

U16	
1st	Oakham
2nd	Sponne School
3rd	Caister Grammar
4th	West Bridgford School
5th	Oundle
6th	QEGS Horncastle
7th	Nottingham Girls High School
8th	Loughborough High School
9th	Littleover Community School
10th	Chellaston Academy

1stRepton2ndOakham3rdStamford4thTrent College5thGeorge Spencer6thNottingham Girls High School7thUppingham8thOundle9thBourne Grammar	U19	
3rd Stamford 4th Trent College 5th George Spencer 6th Nottingham Girls High School 7th Uppingham 8th Oundle 9th Bourne Grammar	1st	Repton
4thTrent College5thGeorge Spencer6thNottingham Girls High School7thUppingham8thOundle9thBourne Grammar	2nd	Oakham
5th George Spencer 6th Nottingham Girls High School 7th Uppingham 8th Oundle 9th Bourne Grammar	3rd	Stamford
6th Nottingham Girls High School 7th Uppingham 8th Oundle 9th Bourne Grammar	4th	Trent College
7th Uppingham 8th Oundle 9th Bourne Grammar	5th	George Spencer
8th Oundle 9th Bourne Grammar	6th	Nottingham Girls High School
9th Bourne Grammar	7th	Uppingham
	8th	Oundle
10th Spoppe School	9th	Bourne Grammar
Total sponne senoor	10th	Sponne School

Volunteering

Pass On Your Passion!

Pass on Your Passion (POYP) is a reward and recognition scheme for young leaders aged 12-25 designed to acknowledge the incredible work undertaken by our sport's young volunteers. Within the East Midlands we have over 70 young leaders doing incredible work for our netball family. Recently one of our young leaders has surpassed 400 hours!

SPOTLIGHT: GEORGIA



WALMSLEY

What volunteering have you been involved in?

- Assisting with coaching my team
- Coaching aspire a development team
- Managing the under 12 team and supporting them at games
- umpiring local games
- Helped out at an annual boot camp coaching
- Fundraising

Why did you want to start volunteering?

I have been so lucky playing netball that I was given so many opportunities to develop and play a sport I love, but I was only able to do this because of the coaches time so I wanted to give something back to the sport. Being able to coach and support the younger girls coming through having experienced all this myself is what I really enjoy.

What have you enjoyed about the POYP scheme?

Being able to record my hours as I went along and being rewarded for them encouraged me to reach the next level each time. I never thought I would get to 400 hours but as time went on I realised how I could do this and it spurred me on . During lockdown I had to look at different ideas. I helped out with some of the admin for covid changes. Then with help of my coach, Vanessa McErlain Naylor, I helped out at some of the online sessions doing sessions that could be done in small spaces

I managed to complete my 400 hours, my umpiring C Award and my level 1 coaching in 2021 and I am enjoying being part of the netball team in different ways than just playing. I am now looking forward to gaining more experience at my umpiring and I am doing the b award course soon and Also when I am 18 completing my level 2 coaching so I can continueto help at club



Read more about POYP <u>here</u>! Officiating

CONGRATULATIONS to our recent officiating award recipients!

6 Into Officiating Awards

5 C Awards





Kate Mann on being awarded her International Netball Umpires Award!

Officiating

CONGRATULATIONS to our recent officiating appointments

Kate Mann umpiring at the Isle of Mann for test series, Scotland for Scotland v Barbados and the Wales Quad series

> Congratulations to Kate Stephenson on her umpiring appointment at the Netball Quad Series and to Namibia for the Africa Cup.

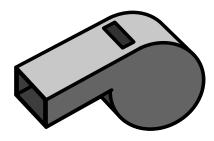
Congratulations to Lizzie Saywell on her umpiring appointment to the Isle of Mann for the Europe U21 tournament.

We have also had a number of Technical Officials on International duty in Nottingham for the England test series against Jamaica. They were Wendy Broad in her first International as Bench Manager, Sara Bostock, Robyn Rogers, Jayne Bell, Jo Ball and Tamsin Armour.

Several TOs were also appointed to the NPL Opening tournament in Nottingham in December. They were: Cleo Wyman, Donna Fensom, Wendy Broad, Tamsin Armour, Sara Bostock, Jane Hadfield, Nicola Grant and Jen Goodwin. A massive congratulations to our fantastic Team White.

Officiating

COACHING THE UMPIRE WORKSHOP



This workshop is designed for anyone currently authorised to work with umpires in Regional division 1 or 2
Anyone who wants to improve their umpire coaching skills.

The Seminar Room The Netball Centre Loughborough University Wednesday 9th February 2022 6.30 pm—8.30 pm

To register for the workshop Please contact Jo Stephenson at officiatingeastmids@gmail.com by Friday 4th February 2022 Coaching

CONGRATULATIONS to our recent coaching awards recipients!

11 coaches awarded Level 1

9 coaches awarded Level 2

15 Bee Netball workshop attendees



Courses

COACH

Level 2 Nottingham Trent University (Clifton campus) Practical weekend (7-8 May)

DeMontfort University (Watershed Sports Hall) Practical weekend 3-4 September

Walking Netball Host Training 8th May at Carlton le Willows Academy, Nottinghamshire

Virtual Courses

Level One Coaching, C Award and Into Officiating courses continue to be virtual, please check website for availability.

For more course booking information and to book all courses, follow link to England Netball website <u>here</u>.

Interested in future courses? Let us know by filling out an expression of interest form <u>here</u>





Ashby Netball Club win local award!

Congratulations to Ashby Netball Club on being awarded Club of the Year at the North West Leicestershire Sport and Health Awards in December!



Lincoln Walking Netball relaunched!

Wednesday 12th January saw the relaunch of the Lincoln Walking Netball session thanks to the Tackling Inequalities Fund. Three past members were able to access bursaries to become Walking Netball Hosts to restart the program in Lincoln. Seventeen ladies have joined the program since it restarted.



Lutterworth Robins charity netball match By Rachael Lee

On October 30th, Lutterworth Robins Netball club and Head Coach Vanessa Gatrell supported an annual charity netball match against the partners, husbands and brothers of the club players. It was agreed that the funds raised this year were to be split between the Laura Hyde Foundation, whichclub member Sophie Chaloner been supporting and raising has awareness as well as funds for over the year and also to support one of the club members Georgia Clarke to complete her Level 2 Coaching course. We had a fantastic response from the club members and their male counterparts and were able to have 4 matches raising a total of £165. All involved had such fun playing the games and the sun even shone for us enabling us to play outdoors. The Charity title was lifted by the boys this year as they won 2 games, drew one and lost one.

Swadlincote Netball Club



By Deanna Hiorns



Due to increasing numbers and the uptake of U18 members, Swadlincote Netball Club celebrated the Christmas festivities across two fantastic fun filled events. The first being bowling at Hollywood Bowl in Derby, where we saw a total of 27 club members old and new dressed in Christmas jumpers and hats take to the lanes for some fun and food. There were strikes, spares and some total misses! Keeping the competitive streak alive there was a trophy to the winning team who scored a team total of 1,370 points across two games. Later in December the club held its annual Christmas Party, this year's theme was 'Shake, Rattle 'N' Roll' hosted at St George's Park. 33 of our ladies dressed to impress, enjoying an unforgettable three course dinner, roulette tables and dancing the night away on the dance floor. Our aim across the two events was to be truly inclusive allowing all members including our U18's to participate in our Christmas celebrations. It's safe to say Swadlincote Netball Club celebrated in style enjoying the ability to spend quality time together off the court, especially after all the Covid restrictions in the previous year.

Wellingborough Netball League Christmas! By Chloe Mortimer



On Thursday 9th December, Wellingborough Netball League spread some Christmas cheer for the last fixture of the year with a festive night. Our teams and umpires ditched their usual netball attire and showcased their festive outfits for the evening; we had a forest of Christmas Trees, Mrs Santa Claus herself, some cheeky elves and lots more! As a special treat, our WNL committee elves hand-delivered Christmas stockings to

each team to thank them for their support over the past couple of months. We also managed to go back in time to 2019-20 season, to finally present league awards to the winning teams as unfortunately Covid cancelled last year's celebrations. !

Passing of Sue Pacey



The region is said to share the news that Sue Pacey, from Bridgford Netball Club and also, until recently, the Nottinghamshire County Netball Association's Treasurer, sadly passed away on Sunday 19th December. Sue was a committed player, umpire and committee member and she will be sadly missed by everyone in the netball community.

The family have asked that any donations in Sue's memory be made to support Cancer research UK <u>here</u>.

Brasher's Babes By Mary Yardley



In October 2021 the Brasher's Babes Netball Group (formerly Derby Arena Walking Netball), celebrated its oldest members 80th Birthday. Barbara, who is an inspiration to us all was given cards and a lovely Autumn planter.



On 25th November 2021, Brasher's Babes enjoyed a delicious Christmas meal at the Bluebell Inn, South Wingfield, Derbyshire. Secret Santas were distributed and the Babes presented Pauline and Mary with flowers, prosecco and chocolates as a thank-you. A great time was had by all.

From tiny acorns, do mighty sirens grow.

Twelve years ago Constance Xavier, now a retired police officer, set up a Nottinghamshire Police netball team, and the Nottinghamshire Sirens was born.

What followed has engendered success in many leagues, including regional and locally, and the formation of a genuine, welcoming and supportive club.

Fast forward to 2021, after years of graft, players coming and going, and a return to netball after the pandemic, and a weekend in September saw two teams - Blacks and Greens head to Norfolk for the latest PSUK tournament. Two full days of netball saw the Green team hold strong in the bronze section, finishing 5th overall. Meanwhile on a different court, the Blacks went from strength to strength, winning all but one match, and lining themselves up for a final in the Gold league against the hosts, Norfolk. A hard-fought match on a sunny Sunday afternoon saw the long-awaited victory come home.

Winning 14-4, the Blacks were outstanding across the court, fighting for every ball, defending across every position and working tirelessly to protect the ball and score those precious goals. And finally that elusive title of PSUK Gold champions returned home to Nottinghamshire.

PC Georgie Gallagher, who captained the Black squad, said: "It was a brilliant weekend that ended in us coming home with the trophy, after beating the hosts. The support from the whole squad who were there cheering us on was fantastic, and everyone played their part. After a difficult 18 months of no netball and then rule changes due to covid, everyone played so well. Over the years we've come close a few times, which is why we're so pleased that finally we are PSUK champions!"

Connie Xavier said: "I'm so proud of both teams, and finally seeing us get our hands on that trophy. This club is something special; it's a social, welcoming and wonderful club with everyone supporting each other and, helping to bring people on.

"The whole weekend was a mix of fun, friendship and sport, and I'm so pleased that I pushed for us to set up Sirens as a club, and for results that we are now continuing to see. From little acorns do mighty sirens grow, and we'll no doubt carry on our success."

Loughborough Lightning



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Tickets on general sale **NOW** Secure your seats to see the Season Opener at Birmingham's Resorts

Don't miss out tickets.englandnetball.co.uk/

World Arena

See you again soon Sara Francis-Bayman!

In November, Lightning announced that Head Coach and Director of Netball, Sara Francis-Bayman would take a temporary leave of absence for the upcoming season. She will head to Australia to spend time with her new wife Stacey Francis-Bayman who competes for West Coast Fever in the Suncorp Super Netball League.

"It seems like a strange time to leave after winning our first championship, but it's time for me to prioritise things other than netball"

Victoria Burgess, assistant coach and head of the performance pathway programme, has since stepped up into the role. We wish Victoria and the team the best of luck defending their superleague title!

Read full story here

Loughborough Lightning NPL

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CONGRATULATIONS





