

East Midlands Netball Newsletter



Winter
2020



@NetballEastMids



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eastmidlandsnetball.co.uk

IN THIS EDITION

#RiseAgain

Goalden Globes

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Welcome to our Winter Quarterly Newsletter!

Keep up to date on all East Midlands news, from our amazing Goalden Globes to our 2020 highlights, and news from around the counties!

#Rise Again

| | TIER 1 MEDIUM RISK | | TIER 2 HIGH RISK | | TIER 3 VERY HIGH RISK | |
|-----------------------------------------------------------------------------|---------------------------|---------------------------|--------------------------------------|--------------------------------------|------------------------------------|---------------------------------------------------------|
| | INDOOR | OUTDOOR | INDOOR | OUTDOOR | INDOOR | OUTDOOR |
| TRAINING SESSIONS OR ACTIVITIES CAN TAKE PLACE | IN DISCRETE BUBBLES OF 6* | ✓ | ✗* UNLESS IN HOUSEHOLD | ✓ | ✗* | CLOSE CONTACT ACTIVITY WITHIN TRAINING - MAX OF 40 MINS |
| MATCHES OR COMPETITION CAN TAKE PLACE | ✗* | ✓ | ✗* | ✓ | ✗* | ✓ |
| USE COVID-19 RULE MODIFICATIONS | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SOCIAL DISTANCING WHEN NOT ON COURT WITHIN A NETBALL ACTIVITY | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| TRAVEL | AVOID TIER 3 ^Δ | AVOID TIER 3 ^Δ | LIMITED AVOID TIER 3 ^Δ | LIMITED AVOID TIER 3 ^Δ | ONLY WITHIN TIER 3 ^Δ | ONLY WITHIN TIER 3 ^Δ |
| SPECTATORS | SOCIALLY DISTANCED | SOCIALLY DISTANCED | SOCIALLY DISTANCED | SOCIALLY DISTANCED | SOCIALLY DISTANCED | SOCIALLY DISTANCED |
| HAVE RISK ASSESSMENT AND RISK MITIGATION PLAN IN PLACE AND REGULARLY REVIEW | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

*THOSE UNDER 18 (INCLUDING THOSE WHO WERE UNDER 18 ON 31/8/2020) AND THOSE WITH DISABILITIES ARE EXEMPT FROM INDOOR RESTRICTIONS. THIS MEANS THAT PROVIDING ACTIVITY IS IN LINE WITH RESTART GUIDANCE, NETBALL ACTIVITY (TRAINING AND MATCHES) CAN HAPPEN INDOORS.

^ΔIN TIER 2 AND TIER 3 THOSE UNDER 18 (INCLUDING THOSE WHO WERE UNDER 18 ON 31/8/2020) AND THOSE WITH DISABILITIES ARE EXEMPT FROM TRAVEL RESTRICTIONS. THIS MEANS THEY ARE ABLE TO TRAVEL TO PARTICIPATE IN ORGANISED NETBALL.

The East Midlands currently includes Tier 2 and Tier 3 areas. You can check your area on the government website [here](#). The graphic above is a quick look at the modifications for your area.

For netball organisations in tier 3, close contact time in training is now reduced from a maximum upper limit of 60 minutes to 40 minutes. This means small sided games and match play should not exceed 40 minutes in any given training session. Socially distanced warm ups and practices where players do not come within 1m of each other are not included in the 40 minutes. Close contact time in competition is not reduced, however any close contact activity prior to a match including half court needs to be factored into the 60 minute upper limit. COVID-19 Officers, please ensure coaches understand this so they can plan sessions accordingly.

For more details see [here](#) and additional FAQs [here](#)

East Midlands Goalden Globes 2020



On Monday 16th November, the region celebrated their first virtual volunteer awards! We received 37 nominations for 8 national, and 4 regional categories. The event itself was on Facebook Live with some big names in netball presenting awards- including Loughborough Lightning players and coaches, Joan Mills the new president MBE, Sheelagh Redpath, Liz Broomhead MBE (former England coach) among others and was watched live by 133 people and now has over 2200 views. Congratulations to all the nominees and winners this year! You can still watch the event on our Facebook page [here](#).

Regional Award Winners

- Jean Perkins Walking Netball Award - Christine Evans
- Jean Bourne Back to Netball Award - Steph Wood
- Jean Staley Award - Ruth Swaby
- East Midlands Long Service Award - Sara Bostock, Joanne Ball & Alyson Haycock

Regional Winners for National Categories

- Grassroots Coach of the Year - Stacey Poole
- Sheelagh Redpath Grassroots Official Award - Debbie Edwards
- Unsung Hero Award - Elaine Wright
- Young Volunteer Award - Isobella Cottrell
- Teacher Award - Katie Ewing
- Outstanding Netball Club Award - Grasshopper Netball Club
- Mary Bulloch Administrator Award - Kathy Cox
- Muriel McNally Award - Mary Yardley

Vitality Goalden Globe Awards 2020

NATIONAL GOALDEN GLOBE AWARD NOMINEES

#RiseAgain Champion Award Nominees

*Market Harborough Youth
Netball Club and Market
Harborough Netball League
Committee*
Leicestershire

*Helen Rolto, Mandy Cope, Emily
Brookwell, Michelle Alton, Danielle
Taylor, Abby Withers, Rebecca Randell,
Anita Hughes, Mandy Butlin, Karen
Jenkins, Laura Parker*
Swadlincote Netball Club, Derbyshire

Jacqui Brown
Royals Netball Club, Northamptonshire

Robyn Rogers
Fenland Netball Club, Lincolnshire

Ripley Netball Club
Derbyshire

Carolyn Blackburn
Louth Netball Club, Lincolnshire

Afsana Afsar
Inclusion and Diversity
Award Nominee

Harriet Kelly
Rose Award Nominee



On Thursday 10th December, we watched the national Vitality Goalden Globe Awards 2020. This fantastic live event saw volunteers from all over the nation come together to celebrate the hardwork of our amazing netball family.

Ontop of our regional winners, this year also included nominees for a new award, the #RiseAgain Champion award, which several of our regional volunteers were nominated for.

Afsana Afsar also was nominated for the Inclusion and Diversity Award for her work in Derby with over 100 BAME girls and women.

Harriet Kelly was nominated for a Rose Award for her dedication to netball including setting up Belper Netball Club with 60 girls and women now playing, and hard work as a coach and young volunteer.

For full list of winners can be found [here](#).

Whilst the East Midlands did not bring home any national awards, the impact our volunteers have had on the region has been exceptional. In a year that has not been like any other, the netball family have pulled together and we cannot thank everyone enough for their dedication and hardwork to netball. Congratulations again to all nominees and regional winners this year!

Regional News

East Midlands AGM

On November 30th the region held its first virtual AGM. This was a great success with over 50 attending members! Being able to use Zoom to connect with our members, has been an amazing opportunity and is truly a way forward. Thank you to all that attended!

Hardship Funding

Regional

Any Club or individual member, who is experiencing financial hardship preventing participation, please visit our website [here](#)

The Regional Management Board agreed to open the hardship fund which is normally to support performance pathway players to all regional members for the 2020/2021 season. To apply please download the application forms (Please note we will not be producing additional forms for this one-off season) please submit on the forms downloaded.

All submissions should be emailed to emregionalchair@gmail.com for consideration, all applications will remain totally confidential.

National

DYNAMIK pledged to support one lucky England Netball member club with a £500 grant for absolutely anything they need to help them restart netball. This closes on Friday 8 January at 12pm. See [here](#) on how apply

Wendy Hayward- Active Harborough Awards 2020



Wendy Hayward from Market Harborough Netball has been recognised at the Active Harborough Awards 2020 as an Active Harborough Hero! From helping her netball club do online sessions and creating COVID kit bags, to getting leagues back up running again.

Full article from Active Harborough can be found [here](#).

National News

Facilities open for business

Do you know a netball facility open for business? If you are a venue operator that is open for netball bookings, or are a netball organiser who knows a venue that is currently open with COVID-19 risk management measures in place, please tell us so we can share the information on England Netball's website and help to get netball back on court, while staying alert to COVID-19 risks. Let us know [here](#) and help Netball #RiseAgain!



New Performance Director

England Netball has announced the appointment of David Parsons as its new Performance Director following a competitive and lengthy international recruitment process. Parsons joins England Netball having enjoyed a highly successful 12 year tenure as Performance Director of the England and Wales Cricket Board (ECB) where he was responsible for developing the systems, programmes, people and pathways that identified and prepared players for the England team. During his time as Performance Director, the England team won the 2019 Cricket World Cup and the 2010 World Twenty20 competition, and were ranked number one in the world in all formats of the game. More information [here](#).



2020 Highlights

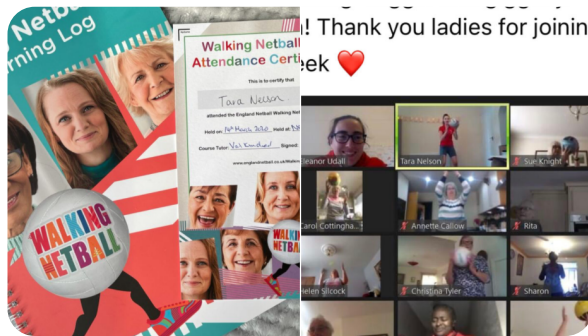
I completed my Walking Netball Host training in March with England Netball. Despite not being able to host any sessions in person, I have done them virtually on Zoom!☺☺

I am looking forward to hosting a session in the new year!☺☺♀

I have also supported two amazing events have taken place virtually to celebrate all the netball volunteers across Yorkshire and East Midlands!♥



Tara Nelson
Derbyshire and Humberside NDO



I am so pleased to see all the hardwork that our Leicestershire Members have done to restart netball, with a special thank you to NWL & Market Harborough that have worked so hard to get their leagues up and running so that the Clubs can get back playing the sport they love....Leicestershire are so proud ..WELL DONE To YOU ALL.. Roll on 2021 'Netball 'in 'Leicestershire' #RiseAgain ☺



Val Kindred
Leicestershire NDO

2020 Highlights

Being part of the wiggle and a giggle subscription sessions and WI sessions which has kept me sane and kept engaged with the ladies. A personal highlight for me would be buying a paddle board and I can now paddle in a straight line!



Ruth Pickthorn
Nottingham NDCC



Getting Northants's JMs through their Caps- Silver accreditation was a challenging process with changing over to the new accreditation criteria. The Club really worked hard with gathering all the information and showing what an amazing club they are for women and girls.

Northants Volunteers picked up 3 East Midlands Golden Globe awards in November 2020, amazing success and credit to the commitment and hard work from our volunteers.

Personally, also sharing my lockdown netball ball skills with my son and making bib rainbows, bees and roses.

Kelly Thomson
Northamptonshire NDO



2020 Highlights

Prior to lockdown Lincolnshire were successfully engaging participants in 15 Walking Netball and 5 Back to Netball programs and had 15 teams booked onto a Workplace Challenge event. Lockdown saw Clubs rise to the challenge engaging in ball challenges with Leicestershire, Zoom fitness sessions, England Netball competitions with Annie Boneham winning the Bee Netball Rainbow Challenge, and creative ways to engage their members as restrictions eased such as carpark netball.

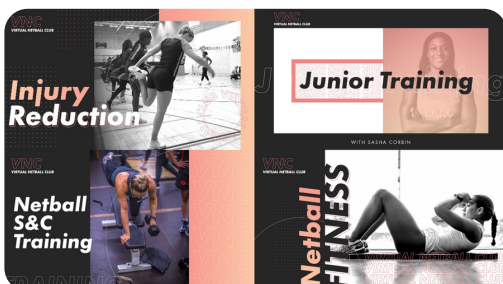


Louise Key
Lincolnshire NDO



This year has been a year like no other. What I've enjoyed seeing more than anything is the passion, dedication and innovation shown throughout the Netball Family of Nottinghamshire. Volunteers, coaches, officials, players and parents have truly pulled together to ensure girls and women have stayed socially connected and able to return to court in a safe environment to play the game they love. Here's to the return of competition in 2021 and putting those netty dresses back on (with a few layers underneath!). Merry Christmas xx

Rachel Gregg
Nottinghamshire and Derbyshire NDO



2020 Highlights

My 2020 highlight would be joining this wonderful team in the East Midlands and being warmly welcomed to the region by the Regional Management Board. Everyone's support in this very strange year has been so appreciated. A particular highlight for me would be of course the East Midlands Goalden Globe Awards!



Eleanor Udall

Regional Coordinator



News around the counties

Brashers Babes

By Christine Evans



We are Brashers Babes playing at Derby Arena. Our group has grown from 6 to 30 under the very careful eyes of Pauline Brasher... hence our name and Mary Yardley.

During lockdown we have had a zoom session every Monday at 11 am when we should be playing. Pauline is an artful quiz master and we are not allowed to challenge her answers!!! Mary is now in charge of zoom as a crafted IT specialist. Brashers Babes have been a wonderful group of friends throughout Lockdown with jokes , video and games on WhatsApp daily and offering support, help, and knowledge when needed. We can't wait to get back to playing again and seeing each other but as one member said we will need a few weeks to stop talking and laughing when we do !! Come on you Babes!!

Swadlincote Netball Club

By Rebecca Randell



When the second lockdown was announced Swadlincote Netball Club remained resolute, Swadlincote Netball Club had a final face to face training before lockdown and held a virtual training with Caroline Tarnowski. Once lockdown was lifted the NWL league were quick to ensure that matches previously organised were set to go ahead. All teams were back on court! For Swadlincote Swifts, the short break had not dented their game play or morale, they made a decisive win. Swadlincote Starlings and Sparrows had strong games, but were narrowly defeated. Although spectating is out, the short intervals of change over meant words of encouragement could be passed between teams. In a time when we make space, Swadlincote Netball Club is closer than ever.

News around the counties

Stamford and Rutland Junior Netball Club

By Tina Sayers



Stamford and Rutland Junior Netball Club celebrated their post-lockdown return to netball with two weeks of organised charity matches (replacing normal training sessions). In line with their covid-risk assessment, children were placed into squads to play against their normal team-mates. Coaches and umpires wore festive jumpers and hats and every one had fun whilst raising money for Stamford Kiwanis.

It was particularly exciting for the club to welcome two brand new competitive teams to the club, made up from training group Red U9. Red under 9 are the club's newest competitive training squad, created from their expanding U9 age group. Last year the club adopted England Netball's Bee Netball Programme, with great success, and 12 players have now graduated from Buzzers U7 to Fliers U9, playing their first full match in December 2020. Thanks to the introduction of last year's U7 Buzzers training group the club's U9 section has doubled in size and is now over 50 strong!

The club hopes to re-start its popular SR Junior Netball League in the Spring which will feature Red U9 in action!

Loughborough Lightning

Loughborough Lightning NSL



@LboroLightning



@LoughboroughLightning



@LboroLightning



Loughborough Lightning has announced their 2021 Squad!

We look forward to seeing them back on court.

Loughborough Lightning



@academy_lborolightning



@Lightning_Acad

U19 NPL Squad

Ellie Gallacher
Cate Lord
Rachel Duckers
Emelia Tubb
Charlotte Passmoore
Evie Whatts
Sophie Murray
Georgie Brock-Taylor
Millie van Nierop
Corey McGlynn
Georgie Forse-Wells
Indya Masser
Layla Brough
Bethan Lount
Eve Parker
Tabitha Tooms
Milly Fitzsimons
Ella Bowen
Romilly Das
Ellen Withington



U21 NPL Squad

Abigail Hymas
Alice Harvey
Annabel Roddy
Beth Gabriel
Caitlin Rump
Clara Miles
Hannah Williams
Hollie Walker
Jasmin Odeogberin
Jasmine Brown
Jessica Haynes
Laura Bailey
Lucy Alexander
Megan Perry
Olivia Patten
Rheanna Thomas-Grant
Suzie Liversidge
Zoe Matthewman
Kelsie Taylor

U17 Competition Squad

(Compete against other franchises in friendly match play)



Emelia Noakes
Sienna Wilkinson
Holly Styan
Evie Sanderson
Alanah Heath-Drury
Hermione Timms
Gracie Morley
Maisie Mcpherson
Katherine Edwards
Ania Steer
Melissa Bairstow
Katie Aindow
Caroline Smart
Ellie Bryan
May Meikle



Loughborough Lightning

Lightning Academy



@academy_lborolightning



@Lightning_Acad

The 20/21 Lightning Academy hubs are up and running online delivery with around 240 athletes selected into the programme.

U15 Lightning Academy Hubs

Denstone College

Nottingham High School

Charnwood College

Malcolm Arnold Academy

Stamford School

Worksop College

U17 Lightning Academy Hubs

Denstone College

Loughborough College

Malcolm Arnold Academy

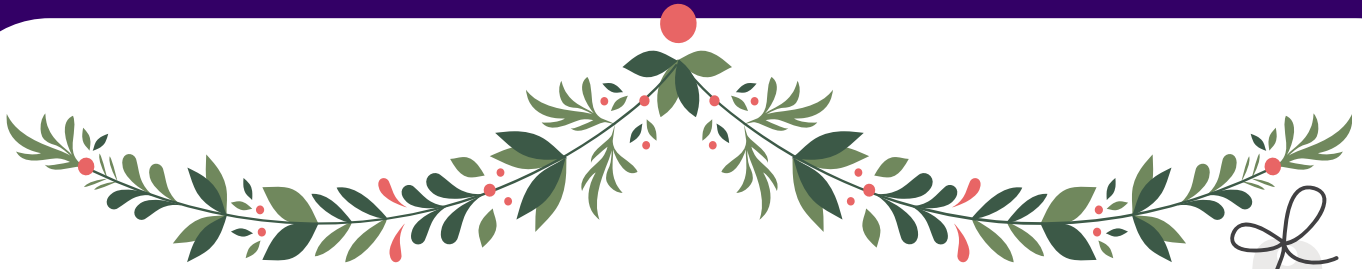
Oundle School

Worksop College

Trent College



Merry Christmas!



Please note that from Friday 18th December, the East Midlands inbox will not be monitored until Monday 4th January due to Christmas annual leave.



Meet the Team...!!!



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