

EAST MIDLANDS NETBALL NEWSLETTER

COMMONWEALTH GAMES

What a summer of Netball! The Commonwealth Games were a true show of the netball family coming together. With the Roses narrowly missing out on a Bronze medal, the sold out tickets and overwhelming support shows us how far we have come and true optimism of where netball can go.

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REGIONAL NEWS


In June we not only held our Annual General Meeting, but also our amazing East Midlands One Awards to celebrate our regional volunteers. We had over 100 people attend our afternoon tea event and presented 12 volunteer awards.

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**LOUGHBOROUGH
LIGHTNING**
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**2022-23
MEMBERSHIP
NOW LIVE**

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FINDER
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NETBALL
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COMMONWEALTHS

COMMONWEALTH GAMES

Watch Parties



An evening spent with the Walking Netball group of fun loving ladies. So good to celebrate in the world of netball, linking us all together

We might not have been there in person but we were supporting England from front row seats at The Botanist, West Bridgford in front of the big screen as if we were. Could you hear us Roses? What a fabulous evening out with the Walking Netball group ♥

Roses v New Zealand #b2022 !! What an evening some of our Walking Netballers rocked up to The Botanist in West Bridgeford to watch our Roses in action. They did not disappoint, front row seats, amazing atmosphere, music at half time, dancing to celebrate at the end a fab night had by all x

Great way to watch the game, almost as good as being in Birmingham, atmosphere just as good.

Did you catch netball in the news?



with Belper Netball Club

BBC RADIO
Northampton

3:17

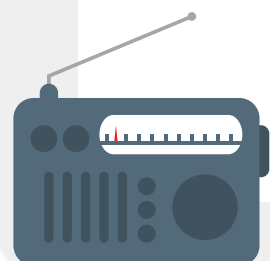
with Kelly
Washington of
Northants Storm

BBC RADIO
Leicester

2:19

with Sarah and
daughter Natasha
of Market
Harborough

Click
image to
listen





NETBALL
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COMMONWEALTHS

EAST MIDLANDS AT CWG



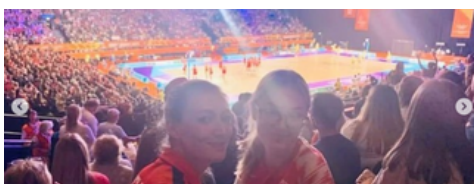
Did you catch any of the East Midlands Staff at the Fan Park or Have a Go areas?



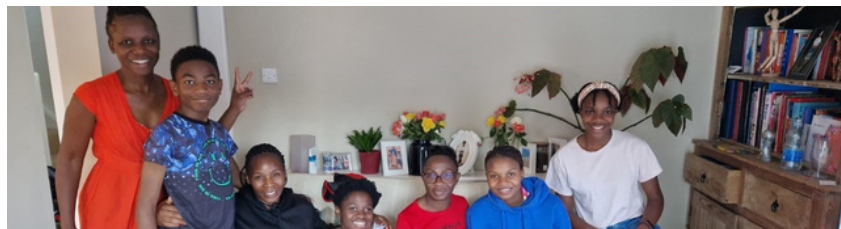
Congratulations to Sara Bostock and Wendy Broad for being appointed as Statistician and Bench Manager respectively!



Can you spot your club at the games?



MALAWI VISIT BRAMCOTE



During the Commonwealth Games Bramcote Netball player, Brenda Malinki and her family went to support the Malawi netball team and spent some time with them after they played. Her family hosted a couple of the Malawi Netball team players for dinner following the games Mwai Kumwenda (Malawi GS), Bridget Kumwenda (WA).

The team were also supported in kind by well-wishers who donated goods for them to take back home.

“This is a new tradition which we established from the World Cup in 2019 and it was really good to be able to support them again – on court and off court.”

UGANDA TEST SERIES



Catch more netball in October for the Vitality Roses Test Series Vs Uganda!

We even have them coming to Nottingham at Motorpoint Arena on 5th October with the Commonwealth Games DJ Mystikle Blue coming.

Buy your tickets now
tickets.englandnetball.co.uk/



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EAST MIDLANDS ONE AWARDS 2022



Back in June we had an amazing afternoon celebrating all our volunteers that were nominated for the East Midlands One Awards, formally known as Goalden Globe Awards. With over 100 attendees at the afternoon tea, it was great to finally celebrate after the last 2 years of restrictions. Congratulations to all our winners! £470 was also raised in the raffle for the respective Air Ambulance charities in the East Midlands. Full photo album of the event can be found [here](#).

East Midlands One Award Winners 2022

Club of the Year- Ashby Junior Netball Club

Coach of the Year (Adults)- Stacey Howell

Coach of the Year (Children and Young People)- Claire Bowen

Teacher of the Year- Katie Ewing

Mary Bulloch Community Volunteer of the Year- Melissa Croxall

Muriel McNally Community Volunteer of the Year- Celine Li

Sheelagh Redpath Community Official of the Year- Donna Beckett

Unsung Hero of the Year- Claire Bowen

Young Volunteer of the Year- Katie Millington

East Midland Regional Specific Awards

East Midlands Jean Bourne Back to Netball Award- Beka Avery

East Midlands Long Service- Yvonne Blunt

Thank you to all the volunteers and East Midlands Staff that supported and organised the event! Best of luck to our national category winners who have been put forward to the National One Awards to be held later this year.



EAST MIDLANDS ANNUAL GENERAL MEETING 2022

REGIONAL ACHIEVEMENTS

Charnwood Rutland NC won National Premier League Division 2

Northants Storm promoted to National Premier League 3

TFC Leicester top 5 finish in National Premier League 3

Ashby NC won Club of the Year at the North West Leicestershire Sport and Health Awards

Charnwood Rutland NC won the Midlands round of the National Club Cup

Loughborough Lightning VNSL Runners Up!

Victoria Burgess shortlisted for VNSL Coach of the Year and taking on Head Coach role

Nottingham Trent University Netball Club won Club of the Year at the NTU Sports Awards (again!)

Georgia Walmsley achieved 400 hours for Pass on Your Passion

Stacey Howell awarded Level 3 Coaching

Tamsin Armour and Robyn Rogers awarded International Technical Official Award

Sara Bostock and Wendy Broad appointed to the Commonwealth Games (Statistician and Bench Manager respectively)

VNSL appointed umpires along with several international appointments between them: Kate Mann, Kate Stephenson, Lizzie Saywell

Kate Mann reached 50 VNSL matches milestone. Kate Stephenson reached 150 match milestone

Heather Gleadall's role in the Umpire Appointments Panel for Europe Netball Open Challenge on the Isle of Man

VNSL and Roses Reunited appointed Technical Officials: Donna Fensom, Jayne Bell, Jo Ball, Robyn Rogers, Sara Bostock, Tamsin Armour and Wendy Broad

Charlotte Allen (Mollbuzzers) selected for England Mixed Netball Programme with Chereese Naylor (Ripley) as Training Partner

Solomon Wright (Long Easton NC) selected for England Mens Netball programme

Jess Monthe and Millie Van Nierop selected for Roses Academy Programme 21-22

Loughborough Lightning U17 finished 4th in NPL

Loughborough Lightning U21 finished 4th in NPL

Loughborough Lightning U19 finished 6th in NPL

Thank you to all those that attended the East Midlands Netball Annual General Meeting in June. It was a great opportunity to recap the year gone and look forward to the coming season.

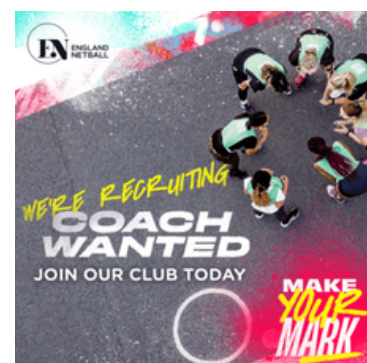
To see the AGM pack, accounts and agreed minutes of 2021 AGM, please take a look at our governance page [here](#).

GOVERNANCE AND CLUB SUPPORT

The 2022/23 netball season is nearly upon us! Membership starts from 1st September but is already ready to purchase. See our FAQs page [here](#) if you need any help.

The Clubs Care Package has already launched to help you and your club get ready for the new season. To view the whole package see [here](#), for help with promotion and marketing templates see [here](#).

The England Netball Governance Toolkit is also ready to help you run your club and leagues. With templates ready to use, from how to run meetings, to how to manage conflict. Also constitution templates, and ensuring you have appropriate financial procedures to making your own complaints procedure. See more [here](#).





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REGIONAL LEAGUE



Regional League Fixture List 2022-23

Division One		Division Two		Division Three	
1	Hinckley Hurricanes	9	Lincoln City 1	17	Nottingham City Comets
2	Charnwood Rutland 1	10	Sleaford Barge Lightning	18	Brigg Impacts 1
3	Southgate	11	Cliftonettes Navy	19	Charnwood Rutland 2
4	Bridgford	12	Falcons Yellow	20	Northants Storm 2
5	Nottingham City Aces	13	Grasshopper 2	21	Ashby Giants
6	Nottinghamshire Sirens	14	TFC Leicester Too	22	Hucknall Town
7	Northants Storm 1	15	Cliftonettes Scarlet	23	Lincoln City 2
8	Grasshopper 1	16	Northants JM's	24	Brigg Impacts 2

Registrations: Must be with the League Secretary by midnight of the Wednesday before the game. No new registrations are allowed after a team has played 10 games.

Match Fees – must be received, and funds cleared, as follows:

£200 by 7th September 2022

£200 by 7th November 2022

£200 by 7th January 2023

Pooled Fares – must be received (as per the Information sheet) by 7th September 2022.

Umpire Fees - £280 (Division 1 only) by 7th September 2022.

All fees to be paid by Bank Transfer: Regional account number 32612291, sort code 40-30-24

Failure for the match fees to be received and funds cleared by the dates specified will result in a fine of £5 per calendar week until payment is received.

Are you ready for the new season!? [See more details on our website here](#)



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NEW EAST MIDLANDS NETBALL STAFF



Ruby Mahal
Leicestershire



Claire Bowen
Nottinghamshire & Derbyshire
Netball Development Officer



Donna Palmer
East Midlands & Yorkshire
Partnerships and Delivery
Manager



Thank you to our outgoing Partnerships and Delivery Manager, Zoe Mitchell who is moving over to the West Midlands full time now! Thank you Zoe for all your support in our East Midlands team and the region. We welcome Ruby, Claire and Donna to the East Midlands Team! Contact details can be found on our website [here](#) and below.

Meet the Team...!!!



Donna Palmer
Partnerships & Delivery Manager
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Louise Key

EM Team Leader & NDO Lincolnshire
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Claire Bowen

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Ruth Pickthorn

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TRAILBLAZER BEE NETBALL CLUBS



Click image to learn
more about Bee
Netball



7 Trailblazer clubs in the East Midlands are offering the chance to register for a local Bee Netball programme (for those aged 5-9 years).

See what all the buzz is about and find out which is nearest to you!

Ashbourne Netball Club (Derbyshire)
Hawks Netball Club Leicester (Leicestershire)
Bingham Bullettes Netball Club (Nottinghamshire)
Cliftonettes Netball Club (Nottinghamshire)
Nottingham City Netball Club (Nottinghamshire)
Shooting Stars Netball Club (Lincolnshire)
Washingborough Imps Netball Club (Lincolnshire)



Come and join us for a festival of Netball

Date: Sunday 4th September
Time: 10am till 2pm
Cost: £80 per team

Be part of the Celebration of the Commonwealth Games 2022

Walking Netball Festival

OneNK Leisure Centre
Moor Lane North Hykeham
Lincoln LN5 9AX

Two Categories dependant on the number of entries

Wiggle & Giggles

In it to Win It

For an entry Form Contact
Louise.key@englandnetball.co.uk

WALKING NETBALL FESTIVAL

Walking Netball Festival - come & join us!!

Sunday 4th September

10am - 2pm

OneNK LC, Lincoln LN5 9AX

£80/team

Contact: louise.key@englandnetball.co.uk

Sign up [here](#)

The closing date is August 26th.



**NETBALL
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COUNTY

PERFORMANCE TRIALS

Loughborough Lightning Trials 2022

Under 17 Netball Performance League

Date: 25th September 2022

Venue: NVH Holywell Fitness Centre, Loughborough University

Under 19 Netball Performance League

Date: 24th September 2022

Venue: NVH Holywell Fitness Centre, Loughborough University

Under 21 Netball Performance League

Date: 29th September 2022

Venue: Sir David Wallace Sports Hall, Loughborough University

Website (including registering): www.lboro.ac.uk/sport/performance/lightning/netball/academy/trials/

Contact: j.pointon@lboro.ac.uk



County Trials 2022

Nottinghamshire:

Contact: nottsacademynetball@hotmail.com

Website: See below.

Dates:

U13 County Netball Player Development Programme: 17th September 2022. Book [here](#)

U15 County Netball Player Development Programme: 18th September 2022. Book [here](#) by 11th September.

Venue: Nottingham University Samworth Academy (NUSA), Bramhall Road, Bilborough, Nottingham, Nottinghamshire NG8 4HY



Leicestershire:

Contact: leicestershirenetball@gmail.com

Website: <https://www.lcna.co.uk/county-screening.html>

Dates:

Under 13s- Day 1: Screening - 10 September 2022 - Time - 10-4. Day 2: Final trial - 18 September 2022 Time - 10-4.

Under 15s: Day 1: Screening - 11 September 2022 - Time 10-4. Day 2: Final trial- 17 September 2022 - Time 10-4.

Venue: Soar Valley Community College, Gleneagles Avenue, Leicester, LE4 7GY



Derbyshire:

Contact: performance@derbyshirennetball.co.uk

Website: www.derbyshirennetball.co.uk/county-player-development.html

Dates:

Under 13s - Sat 3rd September

Under 15s - Sat 10th September

Venue: Woodlands School, Derby



Lincolnshire:

Contact: lincsperformanceacademies@gmail.com

Website www.lincolnshirenetball.co.uk/performance-pathway.html

Dates:

Under 15s- 3rd and 4th September 2022. (closing date for registering is 12th August)

Venue: Riseholme College Lincoln



Northamptonshire:

Dates: 10th September 2022

Under 13s: 9am-12pm register [here](#)

Under 15s: 1-4pm register [here](#)

Venue: Northampton High School, Hardingstone, Northampton, NN4 6UU





NETBALL
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AROUND THE COUNTIES

DERBYSHIRE NETBALL 90TH



You are invited to

Derbyshire Netball's 90 Year Celebration & Awards Event

at

Derby Conference Centre, London Road, Derby DE24 8UX

on

Sunday September 11th 2022

Arrivals from 11am onwards

Catch up with netball friends from over the years & browse Derbyshire Netball memorabilia.

Buffet lunch - 12.15, Presentation & Awards from 1pm

Please RSVP with attendees to chair@derbyshirenethball.co.uk or call 07551750099

by August 31st 2022

Derbyshire County Netball Association will be shortly celebrating their 90th year! Formed in 1932, they are one of the oldest Midlands County Associations.

On Sunday 11th September they are hosting a celebration including an awards event and county memorabilia. If you would like to attend please contact chair@derbyshirenethball.co.uk by 31st August.

BRIDGFORD NETBALL TURN 40



Congratulations to Bridgford Netball Club on their recent 40th year anniversary celebrations!

SUE PACEY MEMORIAL TOURNAMENT



The Sue Pacey Memorial Tournament was held on Saturday 25th June to raise money for Cancer Research UK in honour of the beloved Nottinghamshire Treasurer, Sue Pacey who sadly passed away in December 2021.

Sue was a huge part of Nottinghamshire Netball having played and umpired for over 30 years and was also a part of various committees over the years. The tournament saw teams from all over the East Midlands take part and with a raffle, cake sale, pizza van, tombola and team entries, the tournament raised over £1500 for CRUK.

In the evening, Bridgford Netball Club then travelled to Trent Bridge Cricket ground where past members, families and friends joined us to not only celebrate Sue with a few drinks but also to celebrate Bridgford Netball club turning forty!

The day saw lots of laughter, netball dancing and reminiscing as netballers from across Nottingham came together to celebrate one of our own and raise money for a great cause. A huge thank you from all of us at Bridgford Netball to everyone who helped organise, took part, attended, donated and more! It was a great success and you all did Sue proud! We now aim to continue Sue's legacy and run the tournament every year so watch this space for news of the 2023 date!

WELLINGBOROUGH LEAGUE CELEBRATE 50 YEARS



Congratulations to Wellingborough Netball League on their 50th Anniversary!

On the 10th June, a massive celebration went underway. Past players representing teams such as Casuals, Cogenhoe, Chase, Magnus, JMs Blue, Alfa and many more attended alongside the current teams. A special guest also presented the awards of the evening.... Wellingborough's British International Sprinter of 1968 who became the first black British woman Olympian- Anita Neil! A particularly special award, the Avrils Award, acknowledging commitment to netball and the league was presented to Pat Hyde for her to permanently keep as the league founder. Congratulations to all the award winners of the evening. There was cake, memorable keepsake key rings, Jubilee celebrations and £300 raised in a charity raffle for Sarcoma UK and Wishing a Wish. Well done to all the volunteers that put the event together.



CHARITY RAISING NIGHT RIDE



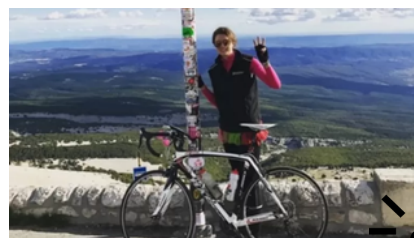
Sarah Hollidge, a member of our East Midlands Regional Management Board, recently completed the London Ride The Night cycling event. This is a 100km ride through London for Breast Cancer Now, Jo's Cervical Cancer Trust and Ovarian Cancer Action

Sarah and her group Repton Riders raised an amazing £5416 raised in total! Well done Sarah!



CHARITY RAISING MOUNTAIN CLIMB

Grasshopper Netball club member, Laura Watson, completed an amazing achievement for charity. She became the first British woman to cycle up Mount Ventoux- six times in one day. You may have even heard that this tough climb is even part of the Tour de France (1909m high)! She is now a member of Club des Bicinglés du Mont Ventoux.



(BBC)
Click
image
for more



Laura raised money in memory of her mum Christine who passed away on 19th May 2017 due to Cancer. The money is going to the Duchess of Kent Sue Ryder hospice who cared for her. Laura has raised over £10,000. Fantastic achievement Laura!



NETBALL
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LIGHTNING

U15 SCHOOL GAMES

NETBALL ACADEMY

U15 SCHOOL GAMES SQUAD

Poppy Pearson	Ruby Pounder	McKenna Wilkinson
Libby Davidson	Katie West	Jess Monthe
Mia Brennan	Thea Adams	Amelie Harris
Sophie Wilson	Iris Hutchinson	Emily Darrell

RESERVES

Mia Kearton Bea Neeson Lauren Greenhough Millie McCormack
Flori Del Buono Evie Thornton Charlotte Savory Jorja Kenworthy Amy Weir

COACHING TEAM

HEAD COACH	Fiona Madeley
ASSISTANT COACHES	Taylor Wilkinson Shannon Boothright
TEAM MANAGER	Jen Newman

Congratulations to all those selected for the Under 15 School Games squad. The School Games will be taking place at Loughborough University between 1-4th September. Tickets available [here](#) or streaming on the Youth Sports Trust Youtube [here](#).



EXPERIENCE HUBS RECRUITING

Loughborough Lightning
are recruiting

Head Coaches for their Experience Hubs

- Newcastle Under Lyme School
- Nether Stowe School (Lichfield)
- Denstone College
- Worksop College
- Stamford School
- Chesterfield (venue tbc)

Assistant Coaches at their Experience Hubs

- Nether Stowe School (Lichfield)
- Denstone College

All roles are paid.
Head Coaches must be Level 2 with experience of coaching at County level or above.
Coaching will be Friday 6-8pm from Sept - March.

Contact y.heywood@lboro.ac.uk 30 August 22