

East Midlands Netball Newsletter



@EastMidlandsNet



@eastmidlands@englandnetball.co.uk

April 2015



East Midlands AGM & Goalden Globes Celebration

Sunday 21st June 2015

Raddison Blu, East Midlands Airport

The East Midlands AGM & Goalden Globes Celebration will be making its way back to the Raddison Blu, East Midlands Airport on Sunday 21st June 2015 and we want your nominations to recognise the brilliant volunteers, teams, clubs, coaches and officials we have here in the East Midlands!

Nomination Closing Date: Friday 1st May!



England Netball Awards:

- Grassroots Coach
- Grassroots Official
- Muriel McNally Grassroots
- Mary Bulloch Administrator
- Teacher
- Young Volunteer
- Outstanding Netball Club
- Unsung Hero
- Inclusive Award
- Rose
- England Netball Long Service

East Midlands Netball Awards:

- Regional Long Service
- Jean Bourne B2N Award
- Jean Staley Award

All nomination forms and award criteria can be found on the [Regional Website](#).

Completed forms need to be returned to the Regional Office via post or email (eastmidlands@englandnetball.co.uk) by Friday 1st May.

In this edition...

- Funding Opportunities
- Award and Recognition
- News from around the counties
- Nets throughout the East Midlands
- Dates for your Diaries
- Loughborough Lightning
- Netball Youth Camps

Funding Opportunities

Regional Funding

East Midlands Netball will support their affiliated members by providing subsidies and mentoring opportunities to help develop coaches / tutors / umpires / volunteers / players across the region.



Funding Available:

Up to 50% subsidy is available towards the following England Netball Training Events:

- UKCC Level Two and Level Three courses
- A and B Umpire courses and tests
- Accreditation and reaccreditations courses for umpire tutors and testers
- Coach Tutor and Assessor training
- Volunteer development
- Applications for extra-ordinary requests.

NB: Funding requests for UKCC Level 1 and C Umpire courses should be made directly to your own County Netball Association.

All forms can be downloaded from our regional website:

www.eastmidlandsnetball.co.uk/funding.html

Big Summer of Netball Grants Scheme

Following the success of last year's campaign, the Big Summer of Netball Grants Scheme is back!

Grants of up to £1000 are available to netball organisations (non-commercial) such as clubs, leagues, counties, regions, universities and County Sport Partnerships who can set-up new netball opportunities this summer. Possible activities to consider include: Traditional netball league / tournament; Mixed netball; Fastnet / Fast5; Mums and Daughters events and Allsorts tournaments (sign up as individuals and not teams).



All applications must be submitted to BigSummerofNetball@englandnetball.co.uk by 15th May 2015. If you have any further questions please contact – forms are on our [website](#).

If you require support completing the application, please contact your [Netball Development Officer](#) (full details on the last page of the Newsletter).

Awards & Recognition

City of Nottingham Back to Netball- Awards Night

Report by Amanda Hunt—Chair of Nottingham Back to Netball

The City of Nottingham Back to Netball League Awards, organised by the Back to Netball Committee was held at The Riverbank, Nottingham on Friday 6th March 2015. The event was a huge success with over 90 people attending!

The evening was a celebration of netballing achievements from the league with Southbank Stealers winning the Thursday Night League, and Gregettes winning the Tuesday Night League. Other award winners included:

- Volunteer of the Year - Mel Finch
- Most Improved Team - Willow Whirlwinds
- **Umpires' Players** - Lucy (Stealers), Chloe (Firecrackers) and Nadia (Browne Jacobson)
- **Players' Players**- to Philippa (All Stars), Natalie (Firecrackers) and Sarah (Whirlwinds)

There was a Special Recognition Award for Umpiring for our C Award Umpire, Angela Walker.

As well as drinking lots of fizz and cocktails, we also managed to raise £249.83 for **Net10forLife** from the 'shoot the hoop' competition! A brilliant time was had by the league and a big thank you to all those that attended to make it a special night.

See the next page for some photo's of this great evening!

Nottingham City– Back to Netball

Ruth Pickthorn (Netball Development Community Coach for Derby & Nottingham City) currently delivers the following sessions in Nottingham-

- Tues; 9.30-10.30; Clifton LC (term time only)
- Tues; 6-7/7-8/8-9; Carlton le Willows School
- Weds; 7-8; Portland LC
- Weds; 8-9; Djanology School (starting 21st April)
- Friday; 10-11am; Southglade LC (term time only)

For further details, contact Ruth Pickthorn

Mobile number: 07872 407215

Email: Ruth.Pickthorn@englandnetball.co.uk



Ruth being Awarded the Nottinghamshire Sport Community Coach of the Year at the on 4th February.

Congratulations Ruth!

Awards & Recognition

City of Nottingham Back to Netball- Awards Night



Stealers—Winners of Division 1



*Willow Whirlwinds—
Most Improved Team of the Year*



Flights—Winners of Division 2



Southbank Netball Club



*Angela Walker—
Special Recognition
for Umpiring*



*Amanda Hunt (Chair), Ruth
Pickthorn (NDCC) and Lucie
(Secretary)*



*Mel Finch—
Volunteer of the
Year*

Awards & Recognition

England U21 Long Squad Selection Success

A big congratulations goes to the Tamikah Campbell (left) and Jaydene Robinson (right) on their selection in to the England Netball U21 Long Squad. Sam Brightman (East Midlands Performance Pathway Coach) along with the Region wishes them every success.



National Academy Selection Success

Congratulations to all the girls who attended National Academy Selection Trials in Sheffield, and well done to Brittany Coleman (left) and Adelaide Muskwe (right), both from the East Midlands Region!



Awards & Recognition

Regional League Winners & Play-Off's

The 2014-15 Regional League season has now drawn to a close, and congratulations must be **paid to the winning teams of each division...**

Southgate (Division 1), Sleaford Barge 1 (Division 2) and Northants JMs (Division 3)!

After a hard fought season eight teams found themselves in the Regional League Play-offs to decide the promotions and relegations between Divisions 1 and 2 and between Divisions 2 and 3. Sadly, Loughborough University were unable to field a team due to the Easter break so the places in the Division 1/2 Play-off were only contended for by Charnwood, Brigg 1 and Leapool. After three very skilful matches Charnwood came out victors and retain their place in Division 1. Brigg 1 and Leapool will join Loughborough University for another season in Division 2.

The games were so close in the Division 2/3 Play-off that it was impossible to predict the winner. With one draw and three of the six games seeing teams winning by one goal, this was one of the most exciting Play-offs the region has ever seen. Congratulations to Brigg 2 who won promotion to Division 2 next season while Bridgford, Pennine and Ripley join Division 3.

However, if all three of our regional teams play well in the National Play-offs and gain promotion to the National Premier League, there will be further promotion opportunities in the Regional League for Brigg 1 and Bridgford. Fingers crossed they all have a good weekend on 9th/10th May!

Full Results

Division 1 / 2 Play-off

Leapool	24 - 37	Charnwood
Leapool	31 - 36	Brigg 1
Charnwood	29 - 23	Brigg 1

Division 2 / 3 Play-off

Bridgford	24 - 25	Brigg 2
Pennine	20 - 19	Ripley
Bridgford	22 - 14	Pennine
Brigg 2	21 - 21	Ripley
Brigg 2	20 - 19	Pennine
Ripley	18 - 23	Bridgford



Div 1 Winners- Southgate



Div 2 Winners- Sleaford Barge 1



Div 3 Winners- Northants JMs

Awards & Recognition

U16 Regional Play-Off's

Report by Claire Annall , Sleaford Barge

Sleaford Barge U16 Typhoons Netball Team are through to the National Qualifying Tournament to be held at Redbridge Sports Centre Essex on 2nd and 3rd May 2015.

They will be one of 18 teams from the Regions across the country to compete for the National Title. To qualify they had to 9 play teams from the East Midlands and **finish in the top 2. The team's determination and efforts secured a second place** victory only losing by 1 goal 25-26 to the first place team from Northants – Futureprint.

Match scores: Lambs (Leics) 27-8, JMs (Northants) 22-11, Allestree (Derbys) 39-16, Cliftonettes Gold (Notts) 39-9, Rutland Rockets (Leics) 19-16, Cliftonettes Blue (Notts) 29-10, Ripley (Derbys) 30-7.

It was a very tense match against rivals Brigg (Lincs), it was a crucial match to determine who would go through to the Nationals. After the first quarter the score was level at 2-2. During the 2nd half, the game had to be stopped because of a leakage on the court due to a heavy downpour and the score was 7-7. When the game resumed it was goal for goal and there was no room for errors as the other team would take advantage. Third quarter score ended at 12-11 to Sleaford Barge. Both teams battled it out with every shot at goal having to count put a lot of pressure on the shooters. Sleaford Barge managed to keep their composure and ended the game 19-17.

The two teams representing Lincolnshire (Sleaford Barge and Brigg) finished in second and fourth place.



Sleaford Barge



Futureprint

Comments from Liz Lorimer:

"Two days of excellent netball. This must be one of the few indoor events held up by rain when a heavy storm resulted in rain dripping through the roof to cause suspension of play! The water was soon dried up and leading to first place for Futureprint with runners up Sleaford Barge. These two teams will represent the East Midlands at the National Event."

Awards & Recognition

Regional School Success

The East Midlands Regional Schools event on 27th February held at Leicester Grammar School saw the following schools go on to represent the East Midlands Region at the National Schools event at Ellesmere Port on 15th March.

Regional Under 14's

1. Oundle School - Northamptonshire (=15th at National Schools)
2. Uppingham School - Leicestershire (=17th at National Schools)

Regional Under 16's

1. Loughborough High School - Leicestershire (=15th at National Schools)
2. Stamford High School - Lincolnshire (=15th at National Schools)

Regional Under 19's

1. Oakham School - Leicestershire (=7th at National Schools)
2. Repton School - Derbyshire (=17th at National Schools)



Oakham

Team: Lucy Scott, Hannah Moursi, Francesca Kennard-Kettle, Amelia Wilson (Captain) Rebekah Foster-Collier, Lydia Grice, Mia Day, Oriana Simmonds, Lauren Wolstenholme, Evie Drew



Loughborough High School

Team from left: Maddie Glass, Alex Massarella-Tyler, Alika Dijkstra, Caitlin Cannon, Alice Davies, Francesca Green, Tilly Rees, Polly Turner, Natasha Wilson, Zara Barnes

Last, but certainly not least, huge congratulations to Oakham who won 'The Endeavour Award' for demonstrating good sportsmanship, team spirit and showing a high level of respect for both players and umpires.

News from around the Counties

Northamptonshire: Net 10 for Life



Sunday 8th March saw players and volunteers from Corby Netball League take part in England Netball's fundraising initiative 'Net 10 for Life', raising funds for Cancer Research UK.

Over 30 ladies from 10 different teams took part in a round robin competition, some playing out of their normal positions and formed mixed teams.

Kelly Walker – Netball Development Officer for Northamptonshire said – *'The day was a huge success, it is great to see teams mixing it up and playing with what would normally be their league oppositions. The ladies really enjoyed themselves and there was nothing but giggles along the way. Thank you to Corby Netball League committee, volunteers and players for supporting this great cause and raising £171.50 on the day'*.

Daventry Netball League will also be netting goals for Cancer Research UK as part of the 'Net 10 For Life' campaign in the forthcoming week, check the '[Northants Netball](#)' Facebook page and Twitter ([@NhantsNetball](#)) to see how they get on.

Nottinghamshire: Net 10 for Life

A big thank you to Nottinghamshire Netball League who took part in 'Net 10 for Life' in aid of Cancer Research UK. The total raised was £266.50. Well done to all who played and donated. If you want to donate to this worthy cause or have and thank you to everyone that has raised money throughout Net 10 For Life. If you are still raising funds, please go to our just giving site and make your donations:

www.justgiving.com/east-midlands-netball/

Other monies raised throughout the Region:

- Back to Netball Nottingham—£249.83
- Nottingham City Netball Club—£144.25
- Regional Netball League—£249.20
- Market Harbourn Netball League - £92.66
- Shepshed Netball Amateur Players—£100



News from around the Counties

Leicestershire: Net 10 for Life



Shepshed Netball Amateur Players

There is a new club on the horizon! Recently established Shepshed Netball Amateur Players (aka SNAP) have been embracing the This Girl Can campaign, and are raising funds for Cancer Research UK. Full story by Lindsey Aldridge - **founder of the group...**

"We are a new amateur club, set up last September as a result of a boot camp style exercise class which turned into team games over the summer holidays. The netball sessions really took off and I decided to set up a group to meet the demand that seemed to be there."

"Since then the group has really taken off. We have between 10 and 28 ladies turn up each week. Our emphasis is that we are open to all ages (over 16) and abilities who want to get fit, have fun and meet new people.

We have a number of social events and it's been very rewarding to see how far we've come since those first few sessions having a throw about outside for a bit of fun. We've got a wide range of ages from 16 to 60 and we recently participated in the 'Net 10 for Life' campaign raising £100 for Cancer Research."

If you would like to join these ladies, please contact Lindsey on: 07899 887918, shepshednetball@gmail.com, www.snapnetball.com

Hinckley Ladies Netball Club are Celebrating 40 years!!!

The Hinckley Ladies NC 2015 presentation evening will be to celebrate **more than the end of another fantastic season...it also marks an incredible milestone – HLNC's 40th anniversary!** The club could no let such an achievement go by without a fitting celebration!

Current and past members, partners, friends and family are all invited to join HLNC at their event at Sketchley Grange on Friday 26 June 2015. The glamorous evening starts with pre-dinner drinks from 7pm, followed by a 3-course meal and disco. Carriages at midnight.

For more details, visit: www.hinckleyladiesnetball.com/anniversary/



**Hinckley Ladies
Netball Club**

News from around the Counties

Leicestershire: International Women's Day

On Sunday 8th March, Leicestershire celebrated International Women's Day by hosting a Zumba- Netball event.

Ladies arrived at 10.30 for 4 hours of fun including Zumba moves to get warmed up in preparation for starting netball. Fun and games were had along side netball with hop-scotch, skipping and cats cradle to name a few. Players were split in to teams using various countries names and were asked to put their Zumba warm-up into action by preparing a Zumba dance off. **Mum's, Grans, Sister's, Aunties and Daughters all came along**—enjoyment was even had by the first aider who joined in with the Zumba. This is the first time the event has run but we are hoping to do it again—so if you have any suggestions, or would like to be involved, please let us know!



Lincolnshire: Comic Relief

Stickney Back 2 Netball had a 2 hour fun session tonight 11th March to raise money for Comic Relief. They raised £80 by donating their subs and buying cakes at half time. They had a mix of Back 2 Netballers, daughters and a few league players....23 in all. A great night was had by all.



Opportunities to Play: NYC

Netball Youth Camps

After the success of last summers camps, this year England Netball are not only running Netball Youth Camps in the Summer but also in Half Terms and Easter.

Netball Youth Camps give junior players the chance to get together with their friends and take to the court in the holidays!

The camps will be running for one, three or five days, catering for girls between the ages of 9-16. There will be plenty of fun, skills and match play as our coaches give expert tips to help improve play!

The camps are non-residential holiday camps providing 'Nothing but Netball'; not only will there be top quality coaching and fun netball activities but there is even an opportunity to meet and be inspired by an England player.

If you are a junior netball lover (or the parent of one!) these are an unmissable holiday activity.

This Summer the East Midlands will host 2 NYCs for netballers aged 11-16:

NYC Nottingham/Derby

3 Day Camp

Wednesday 29th— Friday 31st July

Trent College, Derbyshire

Lead Organiser— [Julian Taylor](#)

NYC Moulton

1 Day Camp

Thursday 6th August

Moulton School, Northamptonshire

Lead Organiser— [Kelly Walker](#)

To book, or for more information, visit- www.netballevents.co.uk



Opportunities to Play: Nets

Willows Sports Centre, Derby

Would you like to play more Netball this Summer?!

If you love your netball and wish that it went on all-year-round, you can continue to play Netball in friendly and competitive leagues at [Willows Sports Centre](http://www.willowssportscentre.co.uk) in Derby.

Willows Sports Centre have recently teamed up with [England Netball](http://www.englandnetball.co.uk) to help promote the game you love in Derby. They offer traditional 7-a-side netball and also new and exciting 'Nets', the fast and action packed game played on an enclosed court, involving speed, accuracy and tactical play!


Willows Sports Centre have been organising netball leagues for over 20 years; they have the experience and knowhow required to ensure the netball you play is competitive, well organised and fun.

If you would like to keep on playing throughout the season break, book your no obligation taster game and quote 'Nets15' for 50% OFF the match fee!

There are currently team vacancies on Thursday evenings (traditional 7 aside Netball) and Tuesday evenings (6 aside Nets). No obligation Open Evenings will be taking place on the 5th & 12th May... 6 aside ladies and mixed from 6pm onwards, £22.00 per team!


For further details, contact Willows directly:

 www.willowssportscentre.co.uk

 01332 204004

 nets@willowssportscentre.co.uk

 Willows Sports Centre, 1 Willow Row, Derby, DE1 3NZ

 [Willows Sports Centre, Derby](https://www.facebook.com/willowssportscentre)

 [Willows Sports](https://twitter.com/willowssports)

 [Willows Sports](https://www.instagram.com/willowssports)



Nets: Opportunities to Play

Bar Lane Community Sports, Nottingham

Would you like to play more Netball this Summer?!

Bar Lane Community Sports are offering a host of opportunities to participate in additional Netball this summer!

Friendlies

The Centre are offering Netballers the opportunity to play friendly matches* at their venue on Wednesday and Thursday evenings. **Whether you want to experience 'Nets' for the first time, or simply play some friendly matches to improve your match play, contact the Centre directly on the details below.**

Summer League

Grab your work mates, teammates or any mates and come and get involved in **Bar Lane's Summer Netball League! A series of 7 aside games** across two courts; matches* will start on Thursday 4th June and run every Thursday throughout the Summer.

Team registration forms can be found on the [regional website](#) and must be returned to the Centre by Friday 22nd May.

*For the friendlies and the summer league, the matches focus on the 7aside game, last 40 minutes each, cost £16 per team/per match and will be umpired by a qualified umpire.

Mixed Tournament

On Thursday 7th May, the Centre will be running a mixed tournament. The cost is £16 per team. Once again, registration forms can be found on the [regional website](#) and must be returned to the Centre by Monday 4th May.

For further details, contact Bar Lane directly:



www.barlanecommunitysports.co.uk



0115 9244766



info@barlanecommunitysports.co.uk



Unit B1, Bar Lane, Bar Lane Industrial Estate Nottingham, NG6 0JA



Dates for your Diaries

Please see below dates for your diaries. To access the regional calendar visit [our website](#).

When	What
2 nd -3 rd May	National U16 Competition, Essex
9 th -10 th May	Premier League Play Offs, Loughborough
1 st May	Deadline for Goalden Globes Nominations
10 th May	Regional Hi5 clubs and U12 Competition (reserve date 7th June), Priory Ruskin Academy , Grantham
10 th & 31 st May	UKCC Level 1 Nottingham, Kimberley
15 th -17 th May	Netball Europe Open Competition, Northern Ireland
16 th -17 th May	UKCC Level 2, University of Leicester (pt 1)
17 th May	Regional League Qualifying Tournament, Loughborough
23 rd -24 th May	National U14 Competition, Clubs, University of Northumberland
6 th June	Marion Smith Tournament, Soar Valley
13 th -14 th	UKCC Level 2, University of Leicester (pt 2)
21 st June	Regional AGM & Goalden Globes Celebration, East Midlands Airport
27 th June	Regional Schools Hi5 Tournament, Soar Valley
27 th June	UKCC Level 2, University of Leicester (pt 3)
4 th July	Fast Net for All Tournament, Soar Valley
4 th -5 th July	16-19 Open Club/School/College/University/Friends, Essex
29 th -31 st July	Netball Youth Camp (11-16), Trent College, Derbyshire
6 th August	Netball Youth Camp (11-16), Moulton School, Northamptonshire

England netball

ENGLAND V TRINIDAD & TOBAGO
INTERNATIONAL NETBALL SERIES

6TH MAY @ 19:15 UNIVERSITY OF BATH	8TH MAY @ 17:30 THE COPPER BOX ARENA, LONDON	11TH MAY @ 19:15 ECHO ARENA, LIVERPOOL
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GET YOUR TICKETS NOW!

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TICKETS.SKY.COM; 0333 300 9911
WWW.ECHOARENA.COM; 0844 8000 400

NETBALL FIRST

ENGLAND NETBALL





LOUGHBOROUGH
LIGHTNING



Loughborough Lightning would like to thank the community and all our dedicated fans for their support week in and week out. It has been a great season with lots of close games and some great wins on the leader board for us. It is always fantastic to play in front of our home crowd and as always this season was no exception. We love seeing a sea of purple in the stands and hope to see you all again for next season's matches.

Stay tuned into our website, Facebook and Twitter for an exciting announcement coming soon...

#LIGHTNINGSTRIKE

Loughboroughsport.com/Loughborough-lightning

CONGRATULATIONS

Last Friday, we were pleased to celebrate the 2015 season with many volunteers and staff who have been a big part of our campaign this year. We were also pleased to present our Senior player awards. Congratulations to Hannah Joseph for being awarded the *Players' Player* and *Most Improved Player* awards and congratulations to Peace Proscovia for being awarded the *Coaches' Player* award. Well done to all of our Senior squad this season; it has been a pleasure having each and every one of you as part of the Lightning franchise.





LIGHTNING NPL

Our U19 team finished up their season at the closing weekend in Newcastle earlier this month. First day saw a win against Bath and a loss to Team South. The final day saw Lightning beat Warriors and Team South to make it into the **top 4 and the Cup competition**. Lightning's final match against Yorkshire Jets was not to be but we are really proud of our NPL squad and their achievements over the weekend.



LIGHTNING TRAINING ACADEMY

Our U15 youth team took on Mavericks and Thunder in a fun round robin tournament. It was great to see youngsters in the region representing Loughborough Lightning and well done to all who competed on the day.

Our Training Academy programme has been a fun and hard working couple of months with a fantastic bunch of talented youngsters. We will be offering the programme again next season so keep an eye out for trial information!

SPECIAL THANKS

The Loughborough Lightning franchise has just completed it's 10th season and as such we have some very special volunteers to thank you have been supporting us from the start.

Congratulations to Jackie Millsom (NSL Team Manager), Rosie Port (NPL Head Coach, BUCS 1st Head Coach) and Val Kindred (NPL Assistant Coach) for being awarded with a Loughborough Lightning Long Standing Service award. Lightning are incredibly grateful for all of your support over the last 10 years.

Lightning would also like to thank Donna Beckett, Cheryl Naylor, Donna Swann and all of our regional volunteers for their assistance with match day. We would be unable to put on the show that we have been able to do each week this season with out you!



Rosie, Millie and Val receiving their Long Standing Service awards



LIGHTNING EASTER CAMP

What an awesome 3 days with over 50 kids signed up! It was great to see so many keen netballers in one place enjoying a variety of sessions. A special thanks to our Lightning Superleague players who coached during the 3 days.

With such positive feedback from players and parents, Lightning will be looking to host another camp during the summer.

Regional Contacts



Regional Manager

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Performance Pathway Coach

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Netball Development Officer: Northamptonshire

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Netball Development Community Coach - Derby and Nottingham

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