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| **2007** | Winners  EAST MIDLANDS REGIONAL U14s TOURNAMENT | **Cliftonettes** |
| Runners up | **Lincoln City** |
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| **2008** | Winners | **Nottingham City** |
| Runners up | **Deeping Phoenix** |
|  |  |  |
| **2009** | Winners | **Charnwood Sapphires** |
| Runners up | **Pennine** |
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| **2010** | Winners | **Brigg & District** |
| Runners up | **Northants JM's** |
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| **2011** | Winners | **Charnwood Sapphires** |
| Runners up | **Cliftonettes Royal** |
|  |  |  |
| **2012** | Winners | **Cliftonettes Black** |
| Runners up | **Charnwood Sapphires** |
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| **2013** | Winners | **Futureprint** |
| Runners up | **Charnwood Sapphires** |
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| **2014** | Winners | **Futureprint** |
| Runners up | **Northants JM's** |
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| **2015** | Winners | **Allestree** |
| Runners up | **Rutland Rockets** |
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| **2016** | Winners | **Brigg** |
| Runners up | **Bramcote** |
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|  | EAST MIDLANDS REGIONAL U16s TOURNAMENT |  |
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| **2007** | Winners | **Charnwood Sapphires** |
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| **2008** | Section A | **Charnwood Sapphires** |
| Section B | **Futureprint** |
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| **2009** | Section A | **Futureprint** |
| Section B | **Allestree** |
|  |  |  |
| **2010** | Winners | **Charnwood Sapphires** |
| Runners up | **Nottingham City** |
|  |  |  |
| **2011** | Winners | **Charnwood Sapphires** |
| Runners up | **Brigg & District** |
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| **2012** | Winners | **Charnwood Sapphires** |
| Runners up | **Brigg & District** |
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| **2013** | Winners | **Charnwood Sapphires** |
| Runners up | **Nottingham Knights** |
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| **2014** | Winners | **Charnwood Sapphires** |
| Runners up | **Brigg & District** |
|  |  |  |
| **2015** | Winners  Runners up | **Futureprint**  **Sleaford Barge** |
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| **2016** | Winners | **Northants JM’s** |
| Runners up | **Rutland Rockets** |
| EAST MIDLANDS REGIONAL U14s TOURNAMENT |  |  |
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| **2017** | Winners | **Rutland Rockets** |
| Runners up | **Cliftonettes** |
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| **2018** | Winners | **Charnwood Rutland** |
| Runners up | **Cliftonettes** |
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| **2019** | Winners | **Brigg & District** |
| Runners up | **Market Harborough** |
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| **2017** | Winners | **Charnwood Sapphires** |
| Runners up | **Lincoln City** |
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| **2018** | Winners | **Charnwood Rutland** |
| Runners up | **Cliftonettes** |
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| **2019** | Winners | **Charnwood Rutland** |
| Runners up | **Lincoln City** |
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