

Welcome to April's Safeguarding News!

Social Media



Social media has great advantages and can be an excellent communication source, and to create the most positive usage in your club, we strongly recommend that all clubs adopt and communicate the EN Social Media Policy [Social-Media-Policy.docx](#) which will help all Members understand sportsmanlike and accepted guidance on its usage.

New! Please view our Guide for U16s on Social Media Use and a Social Media Usage Agreement, these documents can be found here from May 2017: [safeguarding/young-people](#)

Anti-Social Media



Cyber

bullying



How would you Like it?

One of the biggest concerns we receive from clubs here at Head Office is around incorrect or inappropriate use of social media leading to upset, distress, loss of self-esteem, self-confidence mental health and wellbeing, and some cases leading to self-harm and long-term depression. Research shows that girls, and those with protected characteristics are generally most at risk.

In addition to the Social Media Policy, please ensure you adopt the EN [Anti-Bullying & Harassment Policy](#) and ensure that Members know how to report cyberbullying in confidence. We recommend reassuring your members (and their parents if they are u18) that cyberbullying will never be condoned and will be dealt with quickly in line with your club's rules.

TIPS If someone discloses that they are being subjected to cyberbullying:

- Stay calm, listen and treat the disclosure with due concern
- Praise them for talking about it – it's a brave step
- Note down what you've been told – and ask the person to keep clips of the offensive social media posts, and not retaliate
- Suggest that they block or unfriend the person(s) from sending further posts, but do not suggest that they stop using social media or the internet as this can cause further distress and isolation
- Tell them how the club will help them

Further guidance and assistance can be found here: [cyberbullying](#)

New! Codes of Conduct for Volunteers and paid Coaches with Members Under 18 ...



In addition to our Codes for adults and young persons' age groups under 18s and the under 14s, we now have Codes for all **Volunteers and paid Coaches with under 18s** in their club, click here for a signable version : [Codes-of-Conduct-for-all-Volunteers-and-Paid-Coaches-with-U18s-to-sign_online.docx](#)

Click the links to download the signable U14s version: [Codes of Conduct for under 14s](#); and the U18s: [Codes of Conduct for under 18s](#)

Inclusive Clubs



New! As promised in the last Safeguarding News, we are pleased to confirm that our **Trans Inclusion Guidance is now on our website**. Here's the link, please feel free to adopt in your club and encourage members to read it to increase understanding and ensure they can welcome trans people: [Trans-Guidance-March-2017.docx](#)

To help you welcome everyone to your club, please check you have an Equality Policy, Adults at Risk Policy and Safeguarding Young People Policy as a minimum. Please visit our Inclusion page for more information and guidance: [governance/enjoy-ensure-entrust/inclusion/](#)

Free Training and Insight



Time to Listen: free to all CSOs with u18s (and only £30 for all others wishing to attend) – netball-specific safeguarding workshops. Contact your Regional Coordinator for details.

Anti-Bullying: For CSOs and all who work with children and young people, this free course from the Anti-Bullying Alliance will be relevant – click here: <http://antibullyingalliance.learnupon.com/>

Disability News: www.anncrafttrust.org/SafeguardingBulletin.pdf

Grooming: allow yourself 3 minutes to watch this poignant true story: <https://www.youtube.com/watch?v=WsbYHI-rZOE>

Reporting a Concern – current or non-recent



Reminder! Further to the ongoing football revelations of sexual abuse of those in a position of trust, here's a reminder of what your club can put in place to help and respond

- All club Members to understand how to report a Concern, click [here](#), and don't forget to put the [flow chart](#) up in your clubhouse.
New! We now have guidance on reporting historical concerns on the '[How to Report a Concern](#)' page.
- All Club Members to have a current contact list of the names, role and contact numbers of key club personnel eg Chair, CSO, coach and team manager
- Check & log the number of your Local Children's Safeguarding Board, keep it with your club's contact list
- DBS check: anyone in your club in regulated activity needs to have a DBS check with our umbrella company, Online Disclosures; click [here](#) to get registered, the PIN is 100212 and the password is: **Hitchin**. Click [here](#) for a list of club personnel who will need an enhanced DBS check.
- Safeguarding Training: ensure you and your club coaches have the relevant training, click here: [CSO Training Flow Chart](#)

Some further info



Sexting: Have you had any issues with 'sexting' at your club? check out this briefing: [sexting.pdf](#)

New Law Update: Section 67 of the Serious Crime Act has introduced a new offence which criminalises a person aged 18 or over communicating with a child under 16 if the communication is sexual or intended to elicit a communication from the child which is sexual, and from which sexual gratification may be obtained.

Girls & Young Women: [The Girlguiding Report](#) (for ages 7-18) is a positive resource for girls and young women's development of resilience and positive self-identity. It's great to note that the findings reveal sport as one of the key activities for promoting wellbeing ☺

Your Feedback



We really value your feedback, so please do let us know if you have any queries, views, suggestions, comments or require further information.

Drop us an email at: safeguarding@englandnetball.co.uk

Your webpages

For all CSOs: Please visit the CSO webpages to find all safeguarding information, guidance, policies and processes to help support you in your role! [CSO Web Pages](#)

Ensure all members of your club understand:

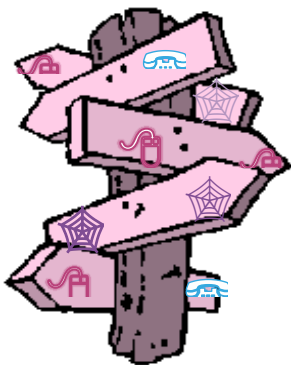
Failing to report a concern may endanger a child emotionally, physically or psychologically

To report a concern, contact the Safeguarding Department at Head Office:

Email: besafe@englandnetball.co.uk

Tel EN LSO: 01462 428319

Useful Helplines & Links



To discuss or report any concern about a young person, call the NSPCC Helpline to speak to someone 24/7 every day of the year:

🌟 www.nspcc.org.uk; ☎️ : 0808 800 5000

🌟 www.safenetwork.org.uk; ☎️ : 0800 1111

🌟 www.police.uk/contact; ☎️ : 101

Internet/online safety:

🌟 <http://www.internetmatters.org/>

🌟 <http://www.net-aware.org.uk/>

🌟 [Share aware: help your child stay safe on social networks](#)

Mental Health – eating disorder:

🌟 www.youngminds.org.uk/whats_worrying_you/anorexia/factsheets

🌟 www.nice.org.uk/guidance/eating-disorders-information

Self-Harm:

🌟 www.youngminds.org.uk ☎️ : 0300 123 3393

